

Mindful photography can  
open the door to the  
secret, hidden and  
amazing world of the  
unnoticeable.

**Creativitree # 35**

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Mindful photography can give both a focus and be the motivation to go for a daily walk. Can you take a photo of these concepts on your next walk?



Each journey is framed around five concepts and the task is to take a photograph that represents each concept.

- Past
- Future
- Texture
- Colour
- Manmade

But you can choose your own categories. The number of categories is flexible too. As is whether you shoot in colour or black and white, landscape or portrait, add filters or not or edit the photographs afterwards.

What other concepts can you think of for your next walk?