Immerse yourself in this special area, with its historic oak woodland and network of coal mines. Discover the Sculpture Trail, play area, café, climbing tower and Tree Top Junior. A great place for the whole family to start your forest adventure.

**Beechenhurst trails**

**Sculpture Trail** 3 ½ hours
7 km (4.5 miles) 2 - 3 hours
The Forest of Dean Sculpture Trail is a collection of artworks that have been inspired by the unique heritage of this forest. The trail uses a mix of hardstone tracks and unsurfaced pathways with two short cut options available. More information is available at the trail start or a specific Sculpture Trail leaflet (including map) can be purchased from the café or downloaded separately.

**Shortcut A:** 3.5 km (2.2 miles) 1 ½ hours
**Shortcut B:** 4.8 km (3 miles) 1 ½ - 2 hours

**Beechenhurst to Speech House link path** 30 mins
1km (0.6 miles)
An uphill link to Speech House Woodlands, passing close to Cyril Hart Arboretum and the historic Speech House. If you do venture off the path, take care crossing the road.

**Woorgreens Nature Reserve**
2.5km/1.5 miles (1 hour) lake only
4km/2.5 miles (1½ hours) full trail
From Speech House Woodlands car park follow the yellow way markers. The site of an old open cast mine, Woorgreens is a haven for wildlife, including dragonflies, butterflies, reptiles and birds. Please note the lakeside trail can be muddy in wet weather.

**Cyril Hart Arboretum Path** (not waymarked)
1km (0.6 miles) 30 minutes
Established over 100 years ago by plant collector Ernest Wilson, the arboretum has over 200 species of tree. The path is not waymarked but easy to follow and surfaced for easy-access.
Emergency info

Name and grid ref. of main visitor location: Beechenhurst Lodge. SO614120
Nearest access road: B4226 Speech House Road (Coleford to Cinderford road)
Mobile phone coverage: Poor
Nearest public payphones: On the public road heading towards Cannop Cycle Centre.

Minor injuries Unit: Dilke Hospital, Speech House Road, Cinderford, GL14 3HZ
Nearest A&E hospital: Gloucestershire Royal Hospital, Great Western Road, Gloucester, GL1 3NN
In case of emergency: Call 999.
Inform the Forestry Commission
Tel: 0300 067 4800
(Mon to Fri, 9am–3pm)
e: westengland@forestryengland.uk