



Bring the outside in!

Time to complete: Allow approx 30 mins per activity

Recommended for: KS2 & 3

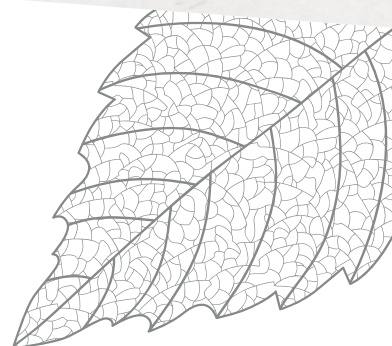
National curriculum links: English, PE and PSHE

At Forestry England, we know that being outdoors in nature and connecting with our creativity can have restorative benefits. However, access to the outdoors isn't always possible.

There are many ways to bring the outdoors back into the classroom using our imagination. Here are our top tips for two object based activities which can encourage creativity and safe collaboration with classmates. Print off the page overleaf and share with your class.

You will need:

- Pens
- Paper
- x3 nature-inspired objects



1. Get inspired

If you have an outside space, encourage your class to head outside and find 3 nature-inspired objects. Alternatively, you can ask them to bring objects from home or bring in a basket of items for them to choose from.

2. Class poems

This is great for developing creative writing skills whilst drawing inspiration from the outdoors. Encourage your class to find rich describing words and phrases for their chosen objects. Explore the use of similes and metaphors. To end, invite your class to read their poems aloud to one another.

3. Bring your objects to life!

Good for kinaesthetic learners and sparking endorphins which make us feel good. Encourage your class to work with contrasting words like smooth stone or spiky leaf. Invite your class to perform their sequences. Focus feedback on collaboration and the variety of movements produced by each group.

Tell us what you thought of this activity.

You can get in touch via learning.England@forestryengland.uk

For more resources, visit: forestryengland.uk/learning



Bring the outside in!

As England's biggest land-owner, it's our job to look after the amazing trees and wildlife which live in our forests. Can you bring the outdoors to life from your classroom?



1. Get inspired

Find 3 nature-inspired objects in 3 minutes! Find a quiet space to look at them. Take time to pick up each item in turn and consider how they feel or smell in your hand. Note what colour or shape they are. Try closing your eyes, do they feel any different?

2. Create a class poem

1. Let's get descriptive

Write down as many adjectives as you can to describe your 3 objects. For example a leaf may be smooth and colourful. Can you compare them to something, using a simile? Smooth like silk?

2. How long is your sentence?

Select one item and link all your descriptions into one long sentence. If you have time repeat the activity for the other 2 items.

3. What's your favourite?

Underline the 3 descriptions you like the most. What do you like about them?

4. Poem-tastic

In small groups share your 3 favourite descriptions. With the help of your teacher, join your favourite descriptions together to make a single poem.



3. Bring your objects to life!

- 1. On your own** first, find an action or movement for each object. For example, for round you could curl up into a small ball or make a large round shape using your arms.
- 2. In small groups**, add your actions together. Try starting your movements at the same time or repeating them at different speeds. Can you turn them into a sequence with a beginning and an end?
- 3. Share your sequence** with the rest of the class. Can they guess which objects you chose?