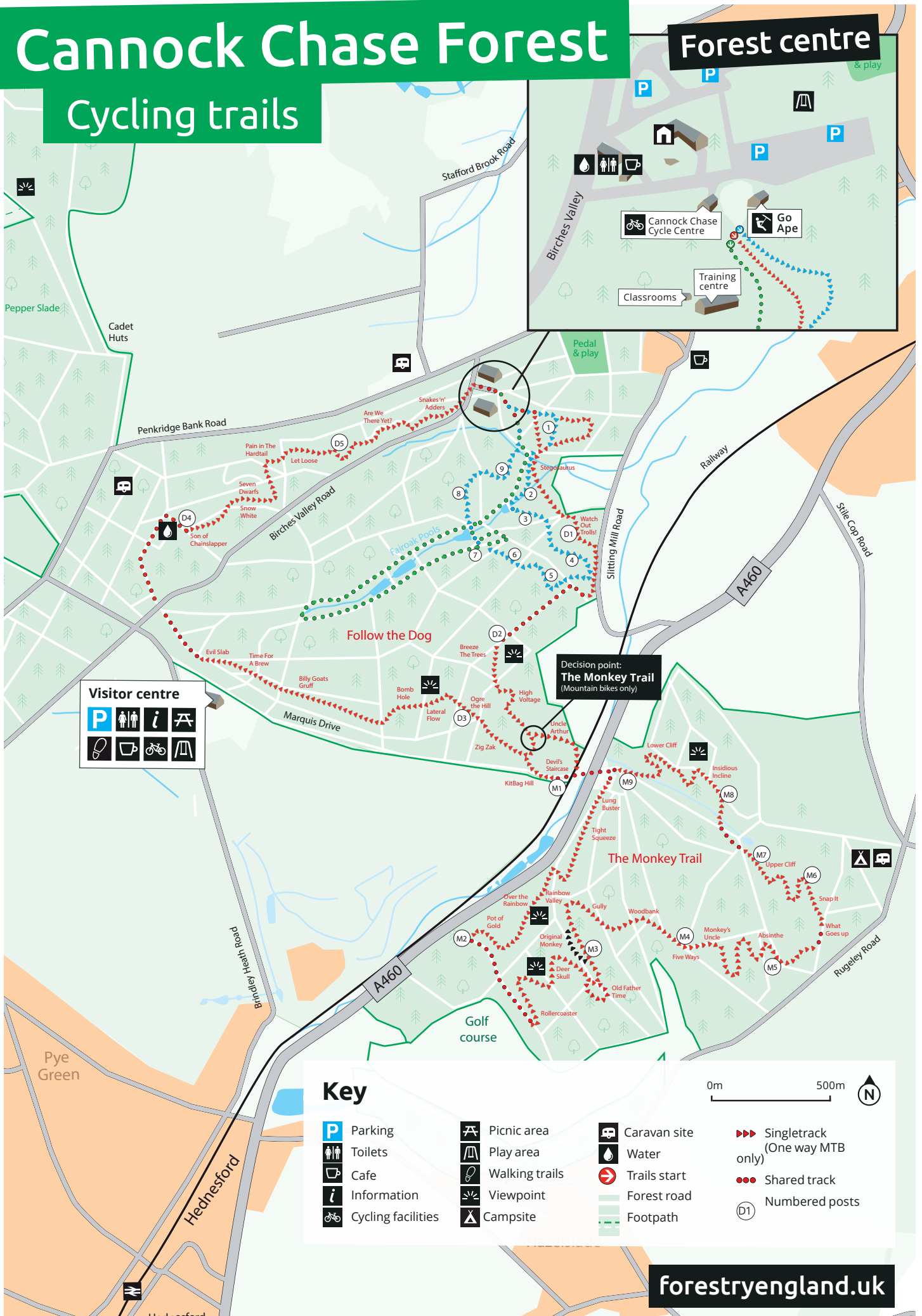


# Cannock Chase Forest

## Cycling trails

### Forest centre





Forestry England

# Cycling trails at

# Cannock Chase Forest

## Are these cycling trails for you?

<b>Green Easy</b>	<p><b>Suitable for:</b> Beginners in good health with basic bike skills. Most types of bike.</p> <p><b>Trail:</b> Relatively flat and wide.</p>
<b>Blue Moderate</b>	<p><b>Suitable for:</b> Riders in good health with moderate off-road riding skills. Basic mountain bikes.</p> <p><b>Trail:</b> Some 'singletrack' sections and small obstacles of root and rock.</p>
<b>Red Difficult</b>	<p><b>Suitable for:</b> Proficient mountain bikers with good off-road riding skills &amp; fitness. Good mountain bikes.</p> <p><b>Trail:</b> Challenging climbs, tricky descents &amp; technical features such as drop-offs</p>
<b>Black Severe</b>	<p><b>Suitable for:</b> Expert mountain bikers with high level of fitness. Quality off-road mountain bikes.</p> <p><b>Trail:</b> Greater challenge &amp; difficulty. Expect large &amp; unavoidable features.</p>

## Emergency info

**Name of key location:**  
Cannock Chase Forest, Birches Valley, Rugeley WS15 2UQ T: 0300 067 4340.

Cannock Chase Visitor Centre, Marquis Drive, Cannock WS12 4PW. T: 01543 876741.

**Nearest A&E hospital facilities:**  
New Cross Accident and Emergency: 24/7 Wolverhampton, WV10 0QP. T: 01902 307999.

**In an emergency call 999.**  
Inform Forestry England. T: 0300 067 4340 or Cannock Chase Cycle Centre T: 01889 575170.

From gruelling climbs through woodland to technical singletrack with stunning views, there's a trail waiting for you to explore.



### Fairoak Trail ●●●

4km (2.5 miles)

**Grade:** Green Easy

A flat, wide trail which has just one gentle climb back to the forest centre. The trail surface is mostly smooth, but occasionally muddy in places. The trail has a crossing through a stream, which can be avoided by a return across the path between two big fishing pools. Looping around the Fairoak stream and pools, you will experience both broadleaf and conifer woodlands.

### Follow the Dog ▶▶▶▶

10.9km (6.8 miles) 72% singletrack

**One way singletrack MTB trail Grade:** Red Difficult

A classic MTB trail, first launched in 2005. It has variable surfaces including loose stone, roots and mud. There is a lot more climbing compared to Perry's Trail, including one big climb, and fantastic views of the forest. The trail includes technical features and several black options. Expect flowing singletrack, medium berms, step ups, step downs, rock gardens, boardwalks, rollers, jumps and drop offs. The black graded sections include large and unavoidable rocks and rock gardens.

### Perry's Trail ▶▶▶▶

4.3km (2.7 miles) 72% singletrack

**One way singletrack MTB trail Grade:** Blue Moderate

A gem waiting to be discovered. The trail surface is mostly smooth but some loose stone and muddy areas. Consisting of mostly gently slopes. The trail includes a slightly bigger climb but is then rewarded by one of the best, fast and flowing downhill sections. Expect flowing singletrack and gentle berms, rollers, gradual climbs, and rollable rock gardens. There are three optional red difficult sections to develop your riding skills.

### The Monkey Trail ▶▶▶▶

22.6km (14 miles) 80% singletrack

**One way singletrack MTB trail Grade:** Red Difficult (with Black Severe option)

A challenging MTB trail, first launched in 2010. It has variable surfaces including loose stone, roots and mud. Far more physically and technically challenging than Follow the Dog, with bigger, steeper climbs and more technical descents. Expect flowing singletrack, large berms, step ups, step downs, rock gardens, boardwalks, rollers, jumps and drop offs. The trail starts after cycling the first 3.7km/2.29 miles of Follow the Dog Trail. The black graded lines include large and unavoidable rocks and rock gardens.

## The forest code

- Protect and respect wildlife, plants and trees.
- Guard against all risks of fire.
- Keep dogs under control.
- Take your litter home.
- Make no unnecessary noise.
- Take only memories away.
- The forest is for everyone. Please be aware of other visitors.

