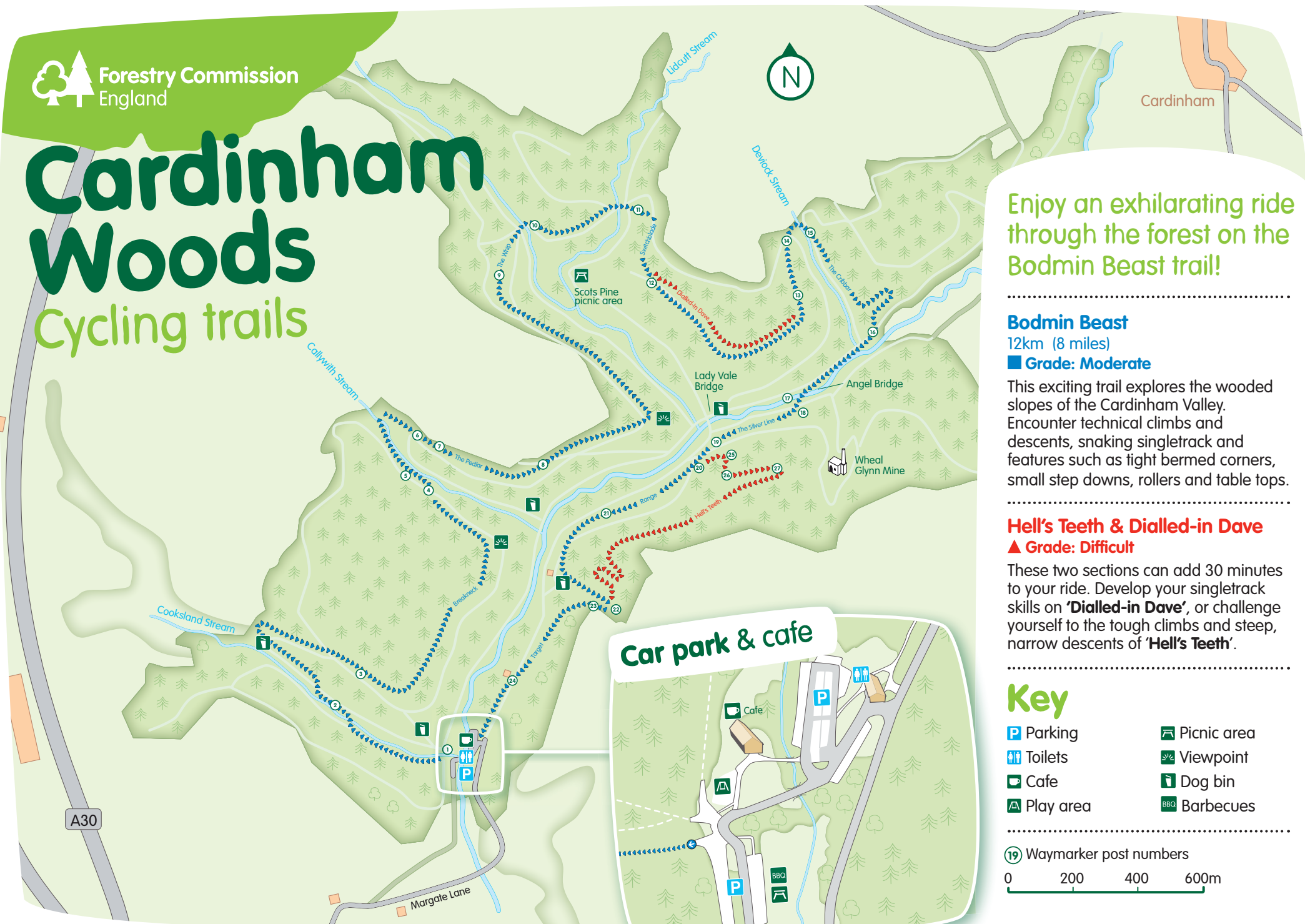


Cardinham Woods

Cycling trails



Enjoy an exhilarating ride through the forest on the Bodmin Beast trail!

Bodmin Beast

12km (8 miles)

Grade: Moderate

This exciting trail explores the wooded slopes of the Cardinham Valley. Encounter technical climbs and descents, snaking singletrack and features such as tight bermed corners, small step downs, rollers and table tops.

Hell's Teeth & Dialed-in Dave

Grade: Difficult

These two sections can add 30 minutes to your ride. Develop your singletrack skills on 'Dialed-in Dave', or challenge yourself to the tough climbs and steep, narrow descents of 'Hell's Teeth'.

Key

- | | |
|-----------|-------------|
| Parking | Picnic area |
| Toilets | Viewpoint |
| Cafe | Dog bin |
| Play area | Barbecues |

Waymarker post numbers

0 200 400 600m