



## FOREST RUNNER 2021

## DELAMERE FOREST

## RACE RESULTS

## 10k

Pos	Athlete	Chip Time	Team	Category	Gender	Bib#
1	Carl Overall	0:38:42			M	2762
2	MIRAS ESKANDER	0:39:18	Chorlton Runners	V40	M	2732
3	Samuel Vincent	0:42:00	NWFPAC		M	2727
4	David Simmons	0:43:09		V40	M	2743
5	Andrew Bolton	0:43:23			M	2711
6	Daniel Mannion	0:45:11		V40	M	2713
7	Kai Philpott	0:46:02			M	2619
8	Alister Hill	0:46:33			M	2618
9	Julian Waldron	0:46:36	Running Bear	V50	M	2624
10	Danny Tang	0:47:00		V40	M	2719
11	Steve Hughes	0:47:13		V40	M	2741
12	Lee Hulme	0:47:58			M	2702
13	Diarmuid Cregan	0:47:59	North Endurance		M	2738
14	Lewis Sinkala	0:48:03	Manchester Frontrunners		M	2725
15	Richard Greenhough	0:48:13			M	2766
16	Paul Henshall	0:48:38		V40	M	2617
17	Chris Williams	0:50:22			M	2770
18	Mark Allen	0:50:23			M	2759
19	Tony McCourt	0:51:28		V40	M	2733
20	Robert Marvin	0:51:39			M	2773
21	Adrian Calvert	0:52:03	Prestwich AC	V40	M	2722
22	Nicola Wellington	0:52:25			F	2625
23	Andrew Jones	0:52:30		V40	M	2637
24	James Mock	0:52:31			M	2731
25	Anthony Howe	0:52:36		V40	M	2698
26	Paul Clarke	0:53:10		V40	M	2764
27	Tim Rustige	0:53:12		V50	M	2679
28	Ian Cook	0:53:13		V50	M	2629
29	Elizabeth Calvert	0:53:18	Prestwich AC	V40	F	2723
30	George Hesketh	0:53:24		V60	M	2651
31	Alexander Hadfield	0:53:25			M	2604
32	Sarah Wellington	0:53:28			F	2626
33	Stephen Burnley	0:53:50		V50	M	3709
34	David Joyce	0:53:53		V40	M	2705
35	Adam Meakin	0:54:16			M	2707
36	Rebecca Baker	0:54:21			F	2622
37	Steve Brown	0:54:23	St Helens Striders	V40	M	2640

38	Andrew Holmes	0:54:25		M	2657	
39	William Wright	0:54:43	V40	M	2630	
40	Rachel Otoole	0:55:01		F	2712	
41	John Garrett	0:55:07	V50	M	2643	
42	Dan Flanagan	0:55:17		M	2710	
43	Paul Bennett	0:55:21	Victoria Park Running Club	V60	M	2633
44	Heather Todd	0:55:37		F	2715	
45	Alice Fortune	0:55:41		F	2726	
46	Charles McManamy	0:56:15	V40	M	2736	
47	Heather Varley	0:56:30	V40	F	3708	
48	Alison Woods	0:56:31	V40	F	3707	
49	Stephen Owen	0:56:47	Victoria Park Running Club	V40	M	2634
50	Emma Urmston	0:56:48		F	2675	
51	Grace Bennett	0:56:49		F	2662	
52	Alex Bennett	0:56:50		M	2661	
53	CRISTIANO SPERA	0:56:51	V40	M	2717	
54	Anita Hall	0:56:55	St Helens Striders	V50	F	2600
55	Ewa Orłowska	0:56:59		F	2751	
56	Jason Hocking	0:57:04	None	V50	M	2674
57	roger dickenson	0:57:19		V50	M	2653
58	Will Moors	0:57:37		M	2697	
59	Jenny Wilson	0:57:40	Overton Harriers	V40	F	2628
60	Ben Statham	0:57:43		M	2685	
61	James Waddington	0:57:51	V40	M	2678	
62	Oliver Preston	0:58:19		M	2648	
63	Nicola Boorman	0:58:20	V40	F	2739	
64	Heather Mannion	0:58:31		F	2714	
65	Pat Turner	0:58:39	Shrewsbury Road Runners	V60	F	2608
66	Natalie Leeb	0:58:48		F	2656	
67	Rachael O'Brien	0:59:28		F	2699	
68	Dawn Toner	0:59:29		F	2765	
69	Robert Baker	0:59:54	V40	M	2687	
70	Sheila Wetton	1:00:44	Prestwich AC	V50	F	2730
71	Paul Manning	1:00:56	V40	M	2694	
72	Patrick Carrig	1:00:56	V40	M	2693	
73	Jo Thetford	1:01:45	V40	F	2677	
74	Austin Trelfa	1:01:50	red rose road runners	V60	M	2771
75	Joanna Kinradr	1:01:56	Mossley Hi		F	2673
76	Semina Thomas	1:02:21	V40	F	2676	
77	Paul Upton	1:02:27	V50	M	2703	
78	Laura Charles	1:02:40		F	2606	
79	Susan Ridings	1:02:44	Buckley Running Club	V60	F	2763
80	James Pettit	1:03:20		M	2747	
81	Matt Brown	1:03:21		M	2748	
82	Sally MCLEISH	1:03:45		F	2769	
83	Laura Homfray	1:04:20		F	2616	
84	Stefan Mortimer	1:05:16		M	2607	
85	Janette Smith	1:05:51	V60	F	2681	
86	Jenny Moors	1:05:54		F	2696	
87	Jade Moors	1:05:54		F	2695	
88	Sarah Lillico	1:06:07	n/a	V40	F	2737
89	Richard Prosser	1:06:20	V40	M	2655	
90	Patricia Rowland	1:06:21	V60	F	2665	
91	Laura McGrath	1:06:38		F	2636	
92	Jen D'Mellow	1:06:38		F	2660	
93	Jack Christopher	1:06:50		M	2615	
94	Angela Bahn	1:07:00	Five 0 runners		F	2654
95	Karen Jackson	1:07:32	V60	F	2658	
96	Richard Preston	1:07:40	V50	M	2649	
97	Tiff Dyer	1:08:12		F	2728	
98	Sarah Grant	1:08:58	V50	F	2720	

99	Natasha Price	1:09:09	Rbr Club	V40	F	2692
100	John Johnson	1:09:18		V50	M	2659
101	Diane Birss	1:09:35	run in wirral	V50	F	2772
102	Andy White	1:11:06		V40	M	2704
103	Catherine Wormleighton	1:11:08		V40	F	2740
104	TATIANE PUOSSO	1:11:23		V40	F	2716
105	Stephanie Barnes	1:11:41			F	2754
106	Demi Clutton	1:11:41			F	2755
107	Kate Robertson	1:12:14	N/A		F	2706
108	Richard Duddell	1:12:35	Prestwich AC	V50	M	2729
109	Hannah Johnson	1:15:51			F	2753
110	Lucy Taylor	1:16:02	Run in Wirral	V40	F	2668
111	Donna Clement	1:16:24	Razzer's Runners	V40	F	2632
112	Jane Marsden	1:16:41		V60	F	2734
113	Andrea Corthorn	1:19:02	Stoke Fit	V40	F	2700
114	Helen Warren	1:20:04			F	2644
115	James Warren	1:20:04		V40	M	2635
116	Shell Tamlit	1:21:18			F	2683
117	Pat Salisbury	1:22:23		V60	F	2664
118	Jeanette Heald	1:22:30		V50	F	2671
119	Darren Crawford	1:22:59		V40	M	2601
120	Joanne Jones	1:23:12		V50	F	2602
121	Natalie Robinson Cliffe	1:23:13			F	2603
122	Victoria Keegan	1:24:24	Knutsford Tri Club		F	2647
123	Victoria Bradford-Keegan	1:24:25		V40	F	2646
124	Rebecca Channell	1:24:44			F	2767
125	Helen Heald	1:24:55		V50	F	2745
126	Tracey Carmichael	1:30:24	Run in Wirral	V50	F	2666
127	Kim Griffiths	1:39:26	Run in wirral	V60	F	2667
128	Barbara Lowe	1:39:26		V60	F	2663
129	Les Lines	1:39:28	Birkenhead AC	V60	F	2680