



## FOREST RUNNER 2023/24

## DELAMERE

\*Please note that prizes are awarded on gun time on the day.

## 5K

Pos	Athlete	Race	Gender	Bib Number	Chip Time
1	Matthew Worrall	5K	M	815	0:23:35
2	Ioannis Rathbone	5K	M	753	0:25:15
3	George Jenkinson	5K	M	794	0:26:28
4	David Hughes	5K	M	775	0:26:29
5	Kate Murray	5K	F	864	0:27:39
6	Christopher Ellingford	5K	M	874	0:27:40
7	Luke Williams	5K	M	6138	0:28:15
8	Jonathan Watkins	5K	M	730	0:29:02
9	Katie Durrant	5K	F	769	0:29:26
10	Ben Worrall	5K	M	786	0:29:29
11	Chris Cammack	5K	M	746	0:30:06
12	Justine Dash	5K	F	851	0:30:19
13	Lottie Edwaeds	5K	F	812	0:30:35
14	Dan Buxton	5K	M	764	0:30:52
15	Mark Foster	5K	M	725	0:30:54
16	Georgia Leatherbarrow	5K	F	826	0:30:57
17	Mollie Rayneau	5K	F	816	0:31:19
18	Andrew McNally	5K	M	860	0:31:19
19	Jessica Bacon	5K	F	751	0:31:34
20	Nathan Foster	5K	M	726	0:31:36
21	Claire Sleddy	5K	F	859	0:32:06
22	Chris Redmond	5K	M	845	0:32:46
23	Sara Waring	5K	F	733	0:33:06
24	Angela Greenwood	5K	F	862	0:33:15
25	Jenna Mann	5K	F	810	0:33:22
26	Rose McCrossan	5K	F	768	0:33:22
27	Sarah Jones	5K	F	769	0:33:25
28	James Silver	5K	M	831	0:33:29
29	Ryan Skellon	5K	M	842	0:33:39

30	Cara Bagshaw	5K	F	856	0:33:48
31	James Gould	5K	M	857	0:33:48
32	Lauren Jamieson	5K	F	773	0:33:48
33	Mark Olden	5K	M	832	0:33:50
34	Finlay Martin	5K	M	754	0:33:53
35	Amy Greenhough	5K	F	799	0:34:33
36	Andy Lewis	5K	M	806	0:35:06
37	Adam Sands	5K	M	841	0:35:06
38	Stephen Palmer	5K	M	839	0:35:07
39	Bethany Kent-Baldwin	5K	F	866	0:35:47
40	Matthew Stapledon	5K	M	750	0:36:02
41	Glyn Shakeshaft	5K	M	748	0:36:03
42	Rob Hargreaves	5K	M	737	0:36:08
43	Amy Hargreaves	5K	F	738	0:37:12
44	Shani Stapledon	5K	F	749	0:37:16
45	Kim Davies	5K	F	742	0:37:26
46	Callum Martin	5K	M	752	0:37:30
47	Heather Swift	5K	F	722	0:37:35
48	Michael Burke	5K	M	873	0:37:46
49	Jess Burke	5K	F	872	0:37:46
50	Bethany Henderson	5K	F	820	0:38:10
51	Emma Hilton	5K	F	811	0:38:13
52	Demi McIntosh	5K	F	793	0:38:16
53	Siobhan Stevenson	5K	F	761	0:38:17
54	Ashley Jackson	5K	M	760	0:38:18
55	Kimberly Hiller	5K	F	772	0:38:39
56	Gail Peters	5K	F	801	0:38:41
57	Amanda Freeman	5K	F	766	0:38:55
58	Joseph Gill	5K	M	771	0:39:19
59	Sarah Dunbar	5K	F	802	0:39:27
60	Toby Martin	5K	M	755	0:39:28
61	Abi Henry	5K	F	870	0:39:49
62	Jon Nickson	5K	M	838	0:39:53
63	Daniel Williams	5K	M	819	0:40:05
64	Carly Lea	5K	F	813	0:40:05
65	Stephen Lea	5K	M	814	0:40:05
66	Karen Barry	5K	F	863	0:40:11
67	Melissa Cleaton	5K	F	721	0:40:28
68	Cleo Milburn	5K	F	785	0:41:07
69	Kat Stanley	5K	F	784	0:41:07
70	Georgina Bedford	5K	F	780	0:41:12
71	Michelle Woodward	5K	F	876	0:41:31
72	Claire Hawksworth	5K	F	788	0:41:37
73	Amie Reeves	5K	F	5733	0:42:20
74	Laura Olden	5K	F	829	0:42:20
75	Isabel Ellingford	5K	F	875	0:42:23
76	Lisa Power	5K	F	768	0:42:50
77	Susan Abbott	5K	F	743	0:42:50
78	Nicola Martin	5K	F	756	0:43:52
79	Lucy Jellicoe	5K	F	869	0:43:55

80	Alison Nickson	5K	F	837	0:44:15
81	Hayley Cooper	5K	F	732	0:44:23
82	Ingrid McMaster	5K	F	805	0:44:42
83	Abbey Whitehead	5K	F	791	0:44:50
84	Sian Wynne	5K	F	778	0:44:54
85	Kiran Mehta-Smith	5K	F	777	0:44:55
86	Anthony Martin	5K	M	757	0:44:57
87	Caroline Thomas	5K	F	796	0:45:05
88	Karen Brookes	5K	F	782	0:45:05
89	Keziah Vazquez	5K	F	781	0:45:06
90	Liz Richner	5K	F	804	0:45:15
91	Ste O'Hare	5K	M	789	0:47:00
92	Ian Riddoch	5K	M	770	0:49:53
93	Jennifer Taylor	5K	F	803	0:50:58
94	Emily Bates	5K	F	854	0:54:12
95	Jean Bates	5K	F	853	0:54:12
96	Janice Hancox	5K	F	818	0:55:17
97	Lisa Bushell	5K	F	790	0:55:18
98	Karen Renison	5K	F	787	0:55:19
99	Pippa Sayle	5K	F	817	1:01:34

**10K**

Pos	Athlete	Race	Gender	Bib	Chip Time
1	Oscar Bartlett	10K	M	6051	0:38:24
2	Alexander Hannay	10K	M	6285	0:39:25
3	Antony Mccoag	10K	M	6325	0:42:14
4	William Tyson	10K	M	5701	0:42:27
5	Sophie Hunt	10K	F	6080	0:42:42
6	Christian Longley	10K	M	5843	0:42:52
7	Rebecca Howell	10K	F	5702	0:44:02
8	Dale Burgess	10K	M	6291	0:44:26
9	Matthew Joslin	10K	M	6014	0:44:29
10	Daniel Dziubinski	10K	M	6316	0:44:37
11	Tony Davies	10K	M	6038	0:44:48
12	Andar Barrishi	10K	M	5721	0:45:06
13	Will King	10K	M	6273	0:45:08
14	Richard Kinrade	10K	M	5803	0:46:02
15	Matthew Whitehurst	10K	M	5732	0:46:03
16	George Bramham	10K	M	5632	0:46:17
17	Ollie Ross	10K	M	6107	0:46:25
18	Kev Brooker	10K	M	5658	0:47:10
19	Natasha Kavanagh	10K	F	6251	0:47:11
20	Liam Ryan	10K	M	5858	0:47:13
21	Dougie Orton-Wade	10K	M	6323	0:47:23
22	Alex Burke	10K	M	5754	0:47:33
23	Craig Nuttall	10K	M	6057	0:47:37
24	George Heywood	10K	M	6047	0:47:40
25	Sean Kelly	10K	M	6263	0:47:51
26	Richard Setters	10K	M	6097	0:47:55

27	Nicholas Bee	10K	M	6041	0:47:57
28	Hayley Simpson	10K	F	5765	0:48:17
29	Jo Pollock	10K	F	6101	0:48:43
30	Robert Ord	10K	M	6065	0:48:46
31	Claire Thompson	10K	F	6259	0:48:53
32	Callum Rainey	10K	M	6288	0:48:56
33	Keith Gibson	10K	M	5650	0:49:11
34	Adam Bird	10K	M	5740	0:49:11
35	Matt Weston	10K	M	5598	0:49:23
36	Daniel Carroll	10K	M	6010	0:49:24
37	Matthew Lennox	10K	M	5597	0:49:24
38	Tom Want	10K	M	6145	0:49:32
39	Daniel Ford	10K	M	5596	0:49:32
40	Anthony Carter-aleksic	10K	M	6295	0:49:34
41	Christopher Ridgway	10K	M	5628	0:49:38
42	Sean Robertson	10K	M	6210	0:49:40
43	Elliott Wade	10K	M	6322	0:49:46
44	James Hale	10K	M	5762	0:49:47
45	Rachel Bowden	10K	F	6301	0:49:51
46	Katherine Winfield	10K	F	5873	0:50:07
47	Nick Hazell	10K	M	5757	0:50:08
48	Peter Kavanagh	10K	M	6236	0:50:19
49	Steven Reynolds	10K	M	5856	0:50:22
50	Spencer Lyon	10K	M	6144	0:50:27
51	richard wycherley	10K	M	5786	0:50:30
52	Joshua McGee	10K	M	5845	0:50:36
53	Debs Paterson	10K	F	5777	0:50:38
54	Tom Hinton	10K	M	5769	0:50:42
55	Michael Britner	10K	M	5820	0:50:43
56	Stuart Curry	10K	M	6084	0:50:44
57	Christopher Vautrinot	10K	M	5622	0:50:51
58	Tom Denton	10K	M	6094	0:50:58
59	Marc Brine	10K	M	6040	0:51:04
60	Michael Roddy	10K	M	6258	0:51:04
61	Alex Griffiths	10K	M	5761	0:51:08
62	Giles Briscoe	10K	M	5800	0:51:10
63	Victoria Wright	10K	F	5590	0:51:11
64	amber hulme	10K	F	6157	00:51:14
65	James Chippett	10K	M	5794	0:51:15
66	Lisa Moore	10K	F	5599	0:51:25
67	Ryan Kailla	10K	M	5759	0:51:26
68	David Woodward	10K	M	5874	0:51:37
69	Amy Brett	10K	F	6268	0:51:41
70	Simon Cropper	10K	M	6002	0:51:48
71	Luke Savin	10K	M	5633	0:51:59
72	Nathan Garton	10K	M	6321	0:52:00
73	David Ormrod	10K	M	5808	0:52:06
74	Jonathan Gilmour	10K	M	6103	0:52:06
75	Andrew Whitmore	10K	M	6319	0:52:15
76	Chloe Binks	10K	F	6150	0:52:17

77	Callum Grogan	10K	M	5715	0:52:18
78	Georgia Williams	10K	F	5624	0:52:18
79	Gill Abbotts	10K	F	5752	0:52:24
80	Ollie Hamilton	10K	M	5772	0:52:31
81	Alex Hadfield	10K	M	4968	0:52:32
82	daniel peers	10K	M	6238	0:52:36
83	Vicky Robinson	10K	F	6013	0:52:45
84	Alex Marshall	10K	M	5742	0:52:55
85	Peter Williams	10K	M	6154	0:52:57
86	David Hebden	10K	M	5717	0:52:59
87	Harrison Hardy-Smith	10K	M	6307	0:53:02
88	Gordon Cooney	10K	M	5801	0:53:10
89	Anthony Hulme	10K	M	6037	0:53:16
90	Benjamin Marsh	10K	M	5731	0:53:17
91	Michael Large	10K	M	6102	0:53:17
92	Lucy Grogan	10K	F	5714	0:53:19
93	Rob Lowe	10K	M	5725	0:53:29
94	Peter Heaton	10K	M	6005	0:53:30
95	Daniel Mee	10K	M	5782	0:53:33
96	Luke Crump	10K	M	6129	0:53:34
97	Joseph Benson	10K	M	6247	0:53:34
98	James Smith	10K	M	6292	0:53:34
99	Tony Mullen	10K	M	6118	0:53:34
100	Charlie Smyth	10K	M	6143	0:53:37
101	Hannah Suckling	10K	F	5810	0:53:38
102	Dominic Lisboa	10K	M	5842	0:53:45
103	Sadia Haq	10K	F	5626	0:53:46
104	Lisa Jones	10K	F	6318	0:53:55
105	Alistair Raffel	10K	M	5852	0:53:57
106	Corinne Smithson	10K	F	6194	0:54:00
107	Josh Wallbank	10K	M	6139	0:54:01
108	Rachel Lennon	10K	F	6188	0:54:06
109	Laura McWhirter	10K	F	6272	0:54:12
110	Lee McWhan	10K	M	6284	0:54:15
111	Gayle Quinn	10K	F	6111	0:54:16
112	Calvin Dennett	10K	M	6279	0:54:18
113	Mike Halliday	10K	M	6217	0:54:22
114	Daniel Sproston	10K	M	5864	0:54:22
115	Lesley Goodson	10K	F	6039	0:54:32
116	Charles Redmond	10K	M	6091	0:54:34
117	Scott Broadbent	10K	M	5010	0:54:36
118	Jenny Metcalfe	10K	F	5770	0:54:39
119	Matt Curtis	10K	M	5830	0:54:40
120	Dean Sidlow	10K	M	5861	0:54:40
121	Jayne Lewis	10K	F	6296	0:54:43
122	Jonathan Jones	10K	M	6044	0:54:44
123	Lee Roberts	10K	M	6077	0:54:46
124	Rich White	10K	M	6046	0:54:48
125	Jake Clarke	10K	M	6239	0:54:49
126	Craig Budzik	10K	M	6045	0:54:50

127	Andrew Scott	10K	M	6043	0:54:53
128	Aaron Kirchin Brown	10K	M	6137	0:54:54
129	Cat Ross	10K	F	6207	0:54:55
130	David Brooks	10K	M	6160	0:54:56
131	James Dunne	10K	M	6317	0:54:59
132	James Baylis	10K	M	5707	0:55:02
133	Katy Armstrong	10K	F	5726	0:55:06
134	Jack Prince	10K	M	5851	0:55:07
135	Myriam Spence	10K	F	6294	0:55:07
136	Luke Hughes	10K	M	5798	0:55:14
137	Ollie Barnes	10K	M	6312	0:55:16
138	Alex Spencer	10K	F	5739	0:55:16
139	Jen Bulman	10K	F	5720	0:55:18
140	Steven Myler	10K	M	5848	0:55:22
141	Jen Sherston	10K	F	5589	0:55:22
142	Emma Blake	10K	F	5818	0:55:25
143	Mark Birkenhead	10K	M	5783	0:55:29
144	Amanda Brown	10K	F	5709	0:55:30
145	Rob McGowan	10K	M	6164	0:55:35
146	Geb Hewlett	10K	M	5778	0:55:37
147	Amie Reaves	10K	F	5733	0:55:37
148	Antony Mullin	10K	M	6130	0:55:43
149	Thomas Evans	10K	M	6042	0:55:45
150	David Britner	10K	M	5703	0:55:47
151	Matthew Wilde	10K	M	6092	0:55:49
152	Mark Allen	10K	M	6305	0:56:05
153	Gill Martin	10K	F	5706	0:56:05
154	Elizabeth Parkinson	10K	F	6106	0:56:07
155	Ryan Fellowes	10K	M	5631	0:56:10
156	Mike Norton	10K	M	5735	0:56:12
157	Samy Jeffries	10K	M	6298	0:56:15
158	Szymon Borys	10K	M	6119	0:56:18
159	Shaun Wiltshire	10K	M	5728	0:56:18
160	Tinisha Truman	10K	F	5868	0:56:19
161	Jennifer Trevor	10K	F	5756	0:56:21
162	Mick Sherbrooke	10K	M	6132	0:56:28
163	Michelle McCarthy	10K	F	6079	0:56:28
164	Jolene Sherbrooke	10K	F	6133	0:56:28
165	Nick Shelley	10K	M	6070	0:56:32
166	Tom Dent	10K	M	6095	0:56:35
167	Sam Lunt-travis	10K	M	6100	0:56:37
168	Connor Smith	10K	M	5746	0:57:01
169	Jamie Moore	10K	M	5667	00:57:06
170	Mike Chase	10K	M	6156	0:57:12
171	Kevin Santi	10K	M	6270	00:57:14
172	Steven Roffe	10K	M	6237	0:57:16
173	Wil Chung	10K	M	5635	0:57:16
174	Harriet Fairlie	10K	F	6310	0:57:31
175	Pete Goodman	10K	M	6087	0:57:32
176	Andrew Middlehurst	10K	M	5846	0:57:34
177	Dominic Woodward	10K	M	6098	0:57:37

178	Nicola Finch	10K	F	5811	0:57:37
179	Brogan Marshall	10K	F	6089	0:57:39
180	Gareth Clay	10K	M	6277	0:57:46
181	Cliff Bond	10K	M	5602	0:57:56
182	Nath Atkins	10K	M	5816	0:58:00
183	Cath Sanders	10K	F	5657	0:58:06
184	Thomas Smith	10K	M	5863	0:58:07
185	Stephen Owens	10K	M	5771	0:58:10
186	Dan Wise	10K	M	5766	0:58:10
187	Roseanna Bancroft	10K	F	5821	0:58:14
188	Stephen Marks	10K	M	6128	0:58:18
189	Eryl Edwards	10K	M	6167	0:58:19
190	Kenny Fenna	10K	M	5790	0:58:25
191	Tom Handford	10K	M	6311	0:58:27
192	Lucy Sturgess	10K	F	6311	0:58:27
193	Victoria Glover	10K	F	5749	0:58:31
194	Jason Glover	10K	M	5750	0:58:31
195	Steve Paterson	10K	M	5776	0:58:31
196	Paul Taylor	10K	M	6055	00:58:38
197	Gary Webster	10K	M	6053	0:58:38
198	Andrew Cullum	10K	M	6060	0:58:42
199	Isabel Mather	10K	F	6225	0:58:43
200	Mark Syers	10K	M	6282	0:58:50
201	Rory Gorton	10K	M	6281	0:58:50
202	John Rasburn	10K	M	5585	0:58:53
203	Sara MacDermott	10K	F	6234	0:58:55
204	Matt Wilson	10K	M	6073	0:58:56
205	Jane Crowther	10K	F	5604	0:59:00
206	Ciaran Lisboa	10K	M	6193	00:59:00
207	Nicky Buckley-Smyth	10K	F	5802	0:59:06
208	Anna Tziggoura	10K	F	6221	0:59:08
209	Gareth Davies	10K	M	6286	0:59:15
210	Andrea Roberts	10K	F	5595	0:59:22
211	Emma Dent	10K	F	6096	0:59:29
212	Dan Richardson	10K	M	6324	0:59:35
213	Sammy Brocklehurst	10K	F	5822	0:59:35
214	Richard Emmett	10K	M	5743	0:59:50
215	Caroline Hickley	10K	F	5685	00:59:53
216	Keisha Letman	10K	F	5795	0:59:53
217	Emily Lyons	10K	F	5738	1:00:00
218	Andrea Wise	10K	F	5767	1:00:02
219	Jay Duffield	10K	M	5831	1:00:02
220	Laura Doherty	10K	F	6300	1:00:08
221	Melissa Thompson	10K	F	6287	1:00:15
222	Hayley Verry	10K	F	6308	1:00:16
223	Caz Caffery	10K	F	5666	1:00:31
224	Christine Smith	10K	F	5024	1:00:32
225	Pau Osorio	10K	F	5819	1:00:32
226	Carol Ann Darbyshire	10K	F	5593	1:00:33
227	Paul Hadfield	10K	M	6076	1:00:39

228	James Hilditch	10K	M	6142	1:00:46
229	Megan Andrews	10K	F	6165	1:00:47
230	Myriam Spence	10K	F	6293	1:00:47
231	Frances Fitzpatrick	10K	M	6297	1:00:48
232	Lucy Owen	10K	F	5683	1:00:48
233	Sarah Appleton	10K	F	6108	1:00:48
234	Matt Reilley	10K	M	6192	01:00:49
235	Daniel Hallam	10K	M	5796	1:00:53
236	Janette Boynton	10K	F	5768	1:00:53
237	Stephen Carpmail	10K	M	6071	1:00:59
238	Kathryn Simpson	10K	F	6262	1:01:13
239	Ben Talbot	10K	M	5865	1:01:15
240	Emma Burnham	10K	F	6274	1:01:17
241	Annie Woodson	10K	F	6197	1:01:25
242	Terry Gibson	10K	M	5745	1:01:26
243	Viktoria Byrne	10K	F	6061	1:01:27
244	Lucy Harrison	10K	F	5606	1:01:29
245	Harriet Whittaker	10K	F	5744	1:01:30
246	Fran Di Vito	10K	M	6114	1:01:36
247	Sarah Martindale	10K	F	6211	1:01:40
248	Gareth Bailey	10K	M	5591	1:01:42
249	Millicent Langford	10K	F	6011	1:01:43
250	Esme Hawkes	10K	F	6064	1:01:45
251	Sophie Ashby-Clarke	10K	F	5660	1:01:45
252	Lizzie Atkinson	10K	F	5661	1:01:47
253	Sally Baldwin	10K	F	5737	1:01:49
254	Sharon Pennington	10K	F	6059	1:02:01
255	Sophie O'Neill	10K	F	5727	1:02:02
256	Matthew O'Dwyer	10K	M	5850	1:02:07
257	haylee mahon	10K	F	6126	1:02:10
258	Josh Murphy	10K	M	6006	1:02:11
259	Benjamin Osborn	10K	M	6260	1:02:27
260	Katie Murphy	10K	F	6146	1:02:27
261	Julie Glaze	10K	F	5712	1:02:42
262	Joeseeph Welch	10K	M	5634	1:02:46
263	Wendy Mason	10K	F	6056	1:02:48
264	Debbie Goodman	10K	F	6088	1:02:50
265	Nick Cleaver	10K	M	5607	1:02:54
266	Vicki Allen	10K	F	5694	1:02:55
267	Jonathan Allen	10K	M	5814	1:02:57
268	Charlotte Stebbings	10K	F	6199	1:02:58
269	Peter Colling	10K	M	5360	1:03:06
270	Sarah Alexander	10K	F	6276	1:03:07
271	Amy Giblett	10K	F	6248	1:03:14
272	Hazel Clarke	10K	F	6235	1:03:14
273	Paula Lawson	10K	F	6069	1:03:26
274	john roberts	10K	M	5785	1:03:29
275	Bridget Binks	10K	F	6148	1:03:32
276	Christian Drogan	10K	M	4967	1:03:33
277	Sarah Rivers	10K	F	5698	1:03:35
278	Francesca Hughes	10K	F	5799	1:03:44



279	Paulina Chelkowski	10K	F	6099	1:04:03
280	Jennifer St Pierre	10K	F	6104	1:04:03
281	Marcus Clarke	10K	M	5806	1:04:03
282	Andrew McCarthy	10K	M	5753	1:04:03
283	Rachel Redmond	10K	F	6090	1:04:07
284	Joanna Kinrade	10K	F	5802	1:04:10
285	Jade Mitchell	10K	F	6000	1:04:14
286	James Ordsmith	10K	M	6299	1:04:21
287	Ruth Bowden	10K	F	6302	1:04:26
288	Paul Turgoose	10K	M	5716	1:04:35
289	Sue Frith	10K	F	5787	1:04:39
290	Mark Newton	10K	M	5849	1:04:39
291	Hannah Renison	10K	F	6049	1:04:40
292	Yasmin Lees	10K	F	6147	1:04:41
293	George Jones	10K	M	6283	1:04:41
294	Lisa Davies	10K	F	6173	1:04:44
295	Rebecca Felton	10K	F	5704	1:04:56
296	Michelle Foran	10K	F	6123	1:05:02
297	Olivia Dool	10K	F	5809	1:05:02
298	Edward Godfrey	10K	M	6136	1:05:03
299	Callum Holt	10K	M	6007	1:05:05
300	francesca jennings	10K	F	6178	1:05:05
301	victoria jennings	10K	F	6177	1:05:05
302	Hayley Loftus	10K	F	6159	1:05:06
303	Sharon Pheby	10K	F	6158	1:05:06
304	Kristian Fitzsimons	10K	M	6313	1:05:07
305	Alice Atkins	10K	F	6264	1:05:08
306	Gareth Wilson	10K	M	6306	1:05:09
307	Kate Cotton	10K	F	5807	1:05:25
308	Frances Chaisty	10K	F	6198	1:05:25
309	Jane Walsh	10K	F	6054	1:05:28
310	Kerry Bond	10K	F	5601	1:05:31
311	Hannah Cunliffe	10K	F	5755	1:05:46
312	Miriam Mellors	10K	F	6265	1:05:48
313	Sharon Wilson	10K	F	6072	1:05:52
314	Jake Blease	10K	M	6174	1:05:54
315	Colin Hartley	10K	M	6241	1:05:55
316	Kelly Blackburn	10K	F	6242	1:05:55
317	tracey harrison	10K	F	5793	1:05:57
318	Tony Grindrod	10K	M	5684	01:06:00
319	Melissa Driscoll	10K	F	6115	1:06:01
320	Danielle Grant	10K	F	6116	1:06:01
321	Nicola Crowther	10K	F	5605	1:06:08
322	Ann Holland	10K	F	6190	1:06:16
323	Emily Daniels	10K	F	5708	1:06:39
324	Sophie Dziubinski	10K	F	6315	1:06:44
325	Nicola Edson	10K	F	6008	1:06:55
326	Floyd Paterson	10K	M	6112	1:07:00
327	Jolie Kenwright	10K	F	6181	1:07:05
328	Beth Pattinson	10K	F	6109	1:07:06
329	Alison Cormell	10K	F	5719	1:07:10

330	Conor Kim	10K	M	5838	1:07:14
331	Alysia Wakefield	10K	F	5870	1:07:15
332	Bob Edy	10K	M	5797	1:07:18
333	Adam Cooper	10K	M	5829	1:07:19
334	Helena McGovern	10K	F	6320	1:07:25
335	Ned Ratcliffe	10K	M	5854	1:07:26
336	Emily McCausland	10K	F	5700	1:07:27
337	Tracy Sefton	10K	F	6052	1:07:34
338	Chris Jones	10K	M	5835	1:07:36
339	Hannah Stenton	10K	F	5784	1:07:38
340	Claire Gibbons	10K	F	6183	1:07:49
341	Mark Willis	10K	M	6309	1:07:53
342	Emma Galley	10K	F	6275	1:07:53
343	Rhiannon Salisbury	10K	F	5788	1:07:54
344	Anna Elwill	10K	F	5729	1:07:56
345	Liv Harris	10K	F	5689	1:07:56
346	Abbie Mason	10K	F	5730	1:07:56
347	jeff morton	10K	M	792	1:08:00
348	Dave Candeland	10K	M	6063	1:08:00
349	Julie Sartorius	10K	F	6062	1:08:00
350	Jessica Fenna	10K	F	5791	1:08:06
351	Andrew Brown	10K	M	5710	1:08:06
352	Melissa Colling	10K	F	6170	01:08:14
353	Simon Trout	10K	M	5687	1:08:26
354	Lewis Doyle	10K	M	6289	1:08:28
355	Annabel Gorman	10K	F	6290	1:08:34
356	Laura Malcolm-Nuttall	10K	F	6058	1:08:40
357	Rebecca Anderson	10K	F	5779	1:08:40
358	Alice Binks	10K	F	6151	1:08:49
359	Jo Ellmore	10K	F	5724	1:08:50
360	Taegan Jones	10K	F	5836	1:08:53
361	Laura Thomas	10K	F	6152	1:08:55
362	Ella Bateman	10K	F	6153	1:08:57
363	David Binks	10K	M	6149	1:08:57
364	Jo Marshall	10K	F	6036	1:08:57
365	Carly Payne	10K	F	6166	1:09:04
366	Aimee Louise Harris	10K	F	6117	1:09:05
367	Jenny Webb	10K	F	6004	1:09:05
368	Tracy Jones	10K	F	6228	1:09:11
369	James Graham	10K	M	5780	1:09:19
370	Joanna Kendall	10K	F	5640	1:09:29
371	Daniel Stones	10K	M	6127	1:09:37
372	Katy Webb	10K	F	6003	1:09:38
373	Heather Vautrinot	10K	F	5620	1:10:00
374	Lee Challinor	10K	M	5825	1:10:13
375	Hannah Gamble	10K	F	6083	1:10:27
376	Andrew Simpson	10K	M	5614	1:10:27
377	Andrea Simpson	10K	F	5615	1:10:42
378	Kiri West	10K	F	6314	1:10:47
379	Caroline Rowlands	10K	F	5859	1:11:05

380	Jon Housley	10K	M	6066	1:11:14
381	Sandra Owen	10K	F	6125	1:11:16
382	Kerry Powell	10K	F	5789	1:11:39
383	Sam Bache	10K	F	6200	1:11:40
384	Sian Collins	10K	F	5697	1:12:12
385	Clare Armstrong	10K	F	5696	1:12:14
386	Aimee Chester	10K	F	5670	1:12:14
387	Anne Chester	10K	F	5671	1:12:16
388	Marion Currie	10K	F	6261	1:13:08
389	Barry Hall	10K	M	5833	1:13:40
390	Maria Mccoy	10K	F	6219	1:13:46
391	Laura Jones	10K	F	5718	1:13:49
392	Zoe Ahearne	10K	F	6326	1:13:49
393	Andrea Smith	10K	F	6074	1:13:50
394	Emma Salt	10K	F	5781	1:13:54
395	Tammie Rainey	10K	F	5813	1:14:11
396	Alan Riddoch	10K	M	6303	1:14:15
397	Paula Nelson	10K	F	6141	1:14:31
398	Lynsey Austin	10K	F	6253	1:15:12
399	Liz Parks	10K	F	5747	1:15:12
400	Vikki Bouilt	10K	F	5748	1:15:18
401	Philippa Gibbeson	10K	F	6254	1:15:46
402	Fred Taylor	10K	M	5866	1:15:47
403	Alistair Taylor	10K	M	5867	1:16:06
404	Vicky Evans	10K	F	6122	1:16:17
405	Theresa Earle	10K	F	5763	1:16:25
406	Carys McDougall	10K	F	5674	1:16:25
407	Ciara Oneill	10K	F	5673	1:16:40
408	Margaret Cheung	10K	F	5713	1:16:56
409	Matthew Austin	10K	M	6255	1:16:59
410	Amy Thompson	10K	F	6050	1:17:29
411	Tom Hamilton	10K	M	5773	1:17:49
412	Rachel Vora	10K	F	5812	1:18:21
413	Zeki Al-Khishali	10K	M	6304	1:19:24
414	Katie Reeves	10K	F	5705	1:20:14
415	David Anthony Clarkson	10K	M	5826	1:20:35
416	Emma Dunning	10K	F	6081	1:20:39
417	Jennifer Wooldridge	10K	F	6082	1:21:29
418	Uche Azubuike	10K	M	5792	1:21:50
419	Joana Soares	10K	F	6176	1:22:07
420	Carl Kirkham	10K	M	5584	1:23:19
421	Francesca Wohlers	10K	F	6048	1:23:27
422	Matthew Bates	10K	M	6266	1:23:47
423	Charlotte Fahey	10K	F	6012	1:26:31
424	Isobel Clutton	10K	F	6232	01:26:32
425	Olivia Yates	10K	F	6216	1:26:34
426	Georgia Di Vito	10K	F	6113	1:30:44
427	Mandy West	10K	F	5872	1:30:46
428	Dipika Morgan	10K	F	5612	01:30:47