



FOREST RUNNER 2023/24

FOREST OF DEAN

RACE RESULTS

5K

Pos	First Name	Last Name	Race	Gender	Bib	Chip Time	Age Cat.	Age Cat Pos.
1	Fraser	Wilkinson	5K	M	529	00:21:25	MS	1
2	Emily	Redall	5K	F	463	00:24:46	FS	1
3	anna	little	5K	F	451	00:25:15	F40	1
4	Mark	Williamson	5K	M	491	00:26:01	M50	1
5	Dominic	Pullen	5K	M	490	00:26:02	M50	2
6	Jamie	Dick	5K	M	5322	00:27:09	MS	2
7	Alastair	Betty	5K	M	496	00:27:23	M40	1
8	Caroline	Lansdown	5K	F	507	00:28:02	F50	1
9	rachel	wood	5K	F	448	00:28:05	F40	2
10	Emma	Gunter	5K	F	523	00:28:31	F40	3
11	Sarah	Scott	5K	F	582	00:29:17	FS	2
12	Oliver	Hamblin	5K	M	584	00:29:53		
13	Kafula Chipasha	Chipasha	5K	F	533	00:29:55	FS	3
14	Anna	McNuff	5K	F	502	00:30:21	FS	4
15	Liz	Howarth	5K	F	5123	00:30:38	F50	2
16	Isla	Lane	5K	F	512	00:30:55		
17	Tom	Randall	5K	M	480	00:31:45		
18	Helen	Levett	5K	F	468	00:32:24	F40	4
19	Darren	Kistner	5K	M	467	00:32:24	M40	2
20	John	Williams	5K	M	503	00:32:25	M50	3
21	kim	Hamblin	5K	F	584	00:32:29	F50	3
22	Lucy	Barnett	5K	F	481	00:32:32	FJ	1
23	Elin	Hawkey	5K	F	501	00:32:32	FS	5
24	Rebecca	Barnett	5K	F	482	00:32:39	F40	5
25	Kara	Guarraci	5K	F	516	00:32:50	FS	6
26	Lucy	Wood	5K	F	493	00:33:18	F40	6
27	Jenni	Whale	5K	F	522	00:33:46	FS	7
28	Toni	Haigh	5K	F	525	00:34:08	F40	7
29	Ellie	Frew	5K	F	526	00:34:09	FS	8

30	Ollie	Gilmour	5K	M	527	00:34:09	MS	3
31	Josie	Wright	5K	F	532	00:35:20	FS	9
32	Katie	Cove	5K	F	469	00:35:45	F40	8
33	Patrick	McCarthy	5K	M	5291	00:36:15	M50	4
34	Katie	Harris	5K	F	492	00:36:20	F40	9
35	Lisa	Arscott	5K	F	483	00:36:50	F40	10
36	Janice	Bennett	5K	F	513	00:37:15	F50	4
37	Kim	Naundorf-Browne	5K	NB	500	00:37:27	NS	1
38	Pia	Sartor	5K	F	531	00:37:35	F40	11
39	Jessica	Stannard	5K	F	530	00:38:50	FJ	2
40	Lily	Wood	5K	F	515	00:39:14	FJ	3
41	Liza	Randall	5K	F	479	00:39:22	F50	5
42	Hannah	Wood	5K	F	494	00:39:42	FS	10
43	Sarah	King	5K	F	466	00:40:19	FS	11
44	Pete	Wilkinson	5K	M	514	00:41:17	M40	3
46	Natasha	Rees	5K	F	505	00:42:17	F40	12
45	Vicky	Morgan	5K	F	506	00:42:17	FS	12
47	Jan	Williams	5K	F	504	00:43:20	F60	1
49	Emily	Wood	5K	F	5079	00:43:42	FS	13
48	Will	Kingstone	5K	M	536	00:43:42	MS	4
50	Jacob	Lloyd	5K	M	489	00:46:12	MS	5
51	Chantelle	Baynham	5K	F	473	00:55:21	FS	14
53	Stephanie	Johns	5K	F	471	00:55:21	FS	15
52	Clare	Curtis	5K	F	583	00:55:21	FS	16
54	Katie	Martyn-Smith	5K	F	5310	00:56:41	FS	17
55	Sue	Martyn-Smith	5K	F	5311	01:00:27	F60	2
55	Holly	Boucher	5K	F	524	01:03:50	FS	18

10K

Pos	First Name	Last Name	Race	Gender	Bib	Chip Time	Age Cat.	Age Cat. Pos.
1	Tom	Melville	10K	M	5266	00:39:23	MS	1
2	James	Birtwistle	10K	M	5269	00:40:33	MJ	1
3	Sean	Day	10K	M	5286	00:40:48	MS	2
4	Inein Victor	Garrick	10K	M	5238	00:40:51	MS	3
5	Myles	Fortnam	10K	M	5267	00:41:18	MS	4
6	Thomas	Willett	10K	M	4279	00:41:42	MS	5
7	Andy	Monro	10K	M	5210	00:41:49	M50	1
8	James	Finch	10K	M	5259	00:42:53	MS	6
9	Richard	Boseley	10K	M	5251	00:43:40	M60	1
10	Simon	Dandridge	10K	M	5091	00:43:45	MS	7
11	Richard	Evers	10K	M	5178	00:44:33	MS	8
12	Grace	Cameron	10K	F	5260	00:44:43	FS	1
13	Nik	Kieboom	10K	M	5158	00:44:47	M40	1
14	Sam	Pegler	10K	M	5109	00:45:07	MS	9
15	Louis	Hepworth	10K	M	5314	00:45:10	MS	10
16	Matt	Cox	10K	M	5090	00:45:35	MS	11

17	Ryan	Dubberley	10K	M	5246	00:45:53	MS	12
18	Matthew	Edmonds	10K	M	5243	00:46:11	MS	13
19	Kathryn	Worton	10K	F	5068	00:46:51	FS	2
20	Chris	Daddow	10K	M	5041	00:46:55	M40	2
21	Torben	Ellen	10K	M	5151	00:47:01	MJ	2
22	NEIL	Taylor	10K	M	5161	00:47:01	M50	2
23	Graham	Gallop	10K	M	5211	00:47:11	M40	3
24	Thomas	Watkins	10K	M	5172	00:47:34	MS	14
25	Mark	Thornton	10K	M	5216	00:47:36	MS	15
26	Richard	Rastall	10K	M	5248	00:47:40	MS	16
27	John	Shelley	10K	M	5245	00:47:43	MS	17
28	Freddie	Brandt	10K	M	5285	00:47:53	MS	18
29	Alex	Fairhall	10K	M	5127	00:47:59	MS	19
30	Lucy	Brown	10K	F	5062	00:48:01	FS	3
31	Aaron	Sycamore	10K	M	5061	00:48:01	MS	20
32	Ross	Arnold	10K	M	5283	00:48:07	MS	21
33	Kate	Nimmo	10K	F	5256	00:48:25	F40	1
34	Adam	Kehoe	10K	M	5199	00:48:50	M40	4
35	Darren	Edwards	10K	M	5110	00:48:56	M50	3
36	James	Scott	10K	M	5193	00:50:15	MS	22
37	David	Orpen	10K	M	5169	00:50:20	MS	23
38	Kevin	Grimley	10K	M	5039	00:50:30	M50	4
39	James	Mann	10K	M	5290	00:50:32	MS	24
40	Anna	Greensted-Payne	10K	F	5313	00:50:43	FS	4
41	Jonathan	Treml	10K	M	5133	00:50:57	M50	5
42	Robert	Ord	10K	M	5195	00:51:16	M40	5
43	Elliot	Cutler	10K	M	5241	00:51:33	MS	25
44	Ellen	Devine	10K	F	4285	00:51:47	FS	5
45	Luke	Rosser	10K	M	5261	00:52:01	MS	26
46	Vicki	Currie	10K	F	5233	00:52:39	FS	6
47	Neil	Ross	10K	M	5080	00:53:13	M50	6
48	Rebecca	Hanafan	10K	F	5143	00:53:16	FS	7
49	Greg	Boys	10K	M	5257	00:53:31	M50	7
50	Oliver	Knight	10K	M	5278	00:53:54	MS	27
51	Michael	Liston	10K	M	5235	00:53:54	MS	28
52	Peter	Hopcroft	10K	M	5103	00:53:55	M40	6
53	Lizzie	Knight	10K	F	5279	00:54:11	FS	8
54	Becca	Richardson	10K	F	5120	00:54:12	FS	9
55	Matthew	Norton	10K	M	5104	00:54:18	MS	29
56	Philip	Dallimore	10K	M	5300	00:54:28	M60	2
57	Floss	Ellen	10K	F	5152	00:54:31	FJ	1
58	Joe	Bell	10K	M	5148	00:54:32	MS	30
59	Daniella	Osmond	10K	F	5213	00:54:47	F50	1
60	Jenny	Gardiner	10K	F	5320	00:54:48	F60	1
61	Sophie	Dowle	10K	F	5170	00:54:57	FS	10
62	Kevin	Stannard	10K	M	5088	00:55:15	M50	8
63	Mathew	Deer	10K	M	5045	00:55:25	M40	7
64	Andrew	Simms	10K	M	5047	00:55:29	M40	8
65	Sophie	Rimmel	10K	F	5070	00:55:31	F40	2
66	Anne-Marie	Garrett	10K	F	5203	00:55:51	FS	11

67	Issac	Bienemann	10K	M	5209	00:55:59	M50	9
68	Emma	Salter	10K	F	5096	00:55:59	FS	12
69	Anne	Gardiner	10K	F	5043	00:56:09	F40	3
70	Brett	Emma	10K	F	5142	00:56:18	F40	4
71	Klaus	Stuber	10K	M	5275	00:56:22	M60	3
72	Jemma	Harding	10K	F	5227	00:56:23	FS	13
73	Sam	Williams	10K	M	5234	0:56:23	MS	31
74	David	Barnett	10K	M	5312	00:56:54	M60	4
75	Louise	Roberts	10K	F	5250	00:57:00	F40	5
76	Luke	Angus	10K	M	5098	00:57:08	MS	32
77	Kerri	Spry	10K	F	5319	00:57:13	F50	2
78	Laurie	Lockyear	10K	F	5051	00:57:25	F40	6
79	Jonathan	Taylor	10K	M	5277	00:57:28	MS	33
80	Megan	Van leeuwen	10K	F	5244	00:57:29	FS	14
81	zac	Barker	10K	M	5265	00:57:29	MS	34
82	Aimee	Vaughan	10K	F	5240	00:57:32	FS	15
83	Tabitha	Dickson	10K	F	5146	00:58:01	FS	16
84	Geoff	Astle	10K	M	5048	0:58:07	M50	10
85	Joe	Hayward	10K	M	5255	00:58:35	MS	35
86	Ryan	Kibble	10K	M	5198	00:58:35	MS	36
87	Philip	Brown	10K	M	5150	00:58:36	M60	5
88	Alice	Lucas	10K	F	5097	00:58:40	FS	17
89	Pete	Clark	10K	M	5092	00:58:40	M50	11
90	Bryony	Paul	10K	F	5194	00:58:47	FS	18
91	Trish	Miles	10K	F	5268	00:59:07	F40	7
92	Leah	Brown	10K	F	5231	00:59:11	FS	19
93	Cecilia	Cand	10K	F	5237	00:59:19	F40	8
94	Urszula	Kurach	10K	F	5179	00:59:22	FS	20
95	Deborah	Lamplugh	10K	F	5102	00:59:23	F50	3
96	Emma	Purnell	10K	F	5085	00:59:35	FS	21
97	Paula	Purnell	10K	F	5086	00:59:36	F50	4
98	Kathy	Ratcliffe	10K	F	5307	00:59:40	F60	2
99	Caroline	Ennis	10K	F	5214	00:59:48	F40	9
100	Kay-le	Darrah	10K	F	5073	01:00:03	FS	22
101	Alyce	Long	10K	F	5181	01:00:03	F50	5
102	Patrick	Lewis	10K	M	5226	01:00:11	M40	9
103	Melinda	Ruck	10K	F	5326	01:00:23	F50	6
104	Jordan	Lodge	10K	F	5239	01:00:30	FS	23
105	Debbie	Davies	10K	F	5030	01:00:34	F40	10
106	Claudia	Mendes	10K	F	5184	01:00:41	F40	11
107	James	White	10K	M	5297	01:00:48	M40	10
108	Lou	Deer	10K	F	5083	01:01:06	FS	24
109	caroline	little	10K	F	5258	01:01:23	FS	25
110	Polly	Courtney	10K	F	5249	01:01:24	FS	26
111	zsolt	Varkonyi	10K	M	5317	01:01:32	M50	12
112	Chris	Redfern	10K	M	5187	01:01:44	MJ	3
113	William	Redfern	10K	M	5186	01:01:45	M40	11
114	Lindsay	Duncan	10K	F	5215	01:01:51	F40	12
115	NICOLA	CANNON	10K	F	5264	01:02:06	F40	13
116	Julia	Evans	10K	F	5325	01:02:12	F40	14

117	Nicholas	Cannock	10K	M	5204	01:02:20	M40	12
118	Jason	Raval	10K	M	5263	01:02:39	MS	37
119	Larissa	Lingham	10K	F	5111	01:02:40	FS	27
120	Katherine	Latham	10K	F	5114	01:02:41	F40	15
121	Tom	Latham	10K	M	5113	01:02:41	M40	13
122	Nicola	Jenkins	10K	F	4283	01:02:51	F40	16
123	James	Herbert-Power	10K	M	5309	01:03:04	M40	14
124	Ali	Salter	10K	F	5182	01:03:05	FS	28
125	Andy	Raynes	10K	M	5157	01:03:05	M50	13
126	David	Smith	10K	M	5318	01:03:05	MS	38
127	Phillipa	Reusser	10K	F	5132	01:03:19	FS	29
128	Rebecca	Forster	10K	F	4281	01:03:29	F50	7
129	David	Atkinson	10K	M	5205	01:03:31	M40	15
130	Millie	Boucher	10K	F	5247	01:03:50	F50	8
131	Dawn	Thompson	10K	F	5105	01:04:14	F40	17
132	Lisa	Hawker	10K	F	5155	01:04:16	F50	9
133	Michelle	May	10K	F	5075	01:04:22	FS	30
134	Kate	Gorst	10K	F	5159	01:04:24	F50	10
135	Yvonne	Cox	10K	F	5118	01:04:35	F60	6
136	Becky	Cox	10K	F	5119	01:04:35	FS	31
137	James	Richardson	10K	M	5128	01:04:42	MS	39
138	Nicole	McGrath	10K	F	5134	01:05:01	FS	32
139	Steve	Dave	10K	M	5056	01:05:05	M50	14
140	Nicci	Morgan	10K	F	5057	01:05:06	FS	33
141	Derek	Rainbird	10K	M	5084	01:05:23	M70	1
142	Shivani	Solanki	10K	F	5262	01:05:31	FS	34
143	Rachel	Perkins	10K	F	5188	01:05:35	F50	11
144	Lally	Sell	10K	F	5027	01:05:44	F40	18
145	Kathy	Rogers	10K	F	5028	01:05:53	F40	19
146	Josh	Peett	10K	M	5192	01:05:53	MS	40
147	Rachael	James	10K	F	5029	01:05:54	F40	20
148	philip	beddis	10K	M	5196	01:05:56	M50	15
149	Erin	Black	10K	F	5185	01:05:59	F40	21
150	Grace	Smith	10K	F	5072	01:05:59	FS	35
151	Catherine	Lewton	10K	F	5271	01:06:05	F40	22
152	Joel	Long	10K	M	5168	01:06:21	MS	41
153	George	Salter	10K	M	5095	01:06:21	M40	16
154	Vicky	trinh	10K	F	5160	01:06:30	F40	23
155	Talitha	Smith	10K	F	5190	01:06:45	FS	36
156	Scarlet	Jackson	10K	F	5221	01:06:47	FS	37
157	Holly	Pretious	10K	F	5036	01:06:49	FS	38
158	Andrew	Theobald	10K	M	5308	01:06:49	MS	42
159	Holly	Royer	10K	F	5129	01:07:07	FS	39
160	Sally	Osmond	10K	F	5282	01:07:13	FS	40
161	Rachel	Giles	10K	F	5112	01:07:17	F50	12
162	John Richard	Ford	10K	M	5316	01:08:04	M60	7
163	Georgina	Shepherd	10K	F	5121	01:08:54	F40	24
164	Claire	Blackman	10K	F	5197	01:09:34	F40	25
165	Kathryn	Thoday	10K	F	5107	01:09:40	F40	26
166	Dan	Weston	10K	M	5108	01:09:40	MS	43

167	Emily	Fergusson	10K	F	5035	01:09:41	FS	41
168	Jillian	Leonard	10K	F	5173	01:09:56	F40	27
169	Hannah	Jenkins	10K	F	5167	01:10:01	FS	42
170	Bob	Edy	10K	M	5236	01:10:35	M70	2
171	Carole	Pugh	10K	F	5315	01:10:42	F50	13
172	Samantha	Bell	10K	F	5031	01:10:56	FS	43
173	Sadie	Ashcroft	10K	F	5156	01:11:17	FS	44
174	Ryan	Leonard	10K	M	5174	01:11:24	M40	17
175	sally	Burns	10K	F	5040	01:11:30	F50	14
176	Rachel	Daddow	10K	F	5042	01:12:06	F40	28
177	Angela	Cleere	10K	F	5076	01:12:16	F40	30
178	Lindsey	Hawking	10K	F	5078	01:12:16	FS	45
179	Lydia	Knight	10K	F	5063	01:12:16	FS	46
180	Fritha	Stavrakakis	10K	F	5077	01:12:16	F40	29
181	Sandra	Rogers	10K	F	5164	01:12:24	F60	3
182	Sinead	Smith	10K	F	4282	01:12:24	F40	32
183	Lauren	Ward	10K	F	5252	01:12:24	F40	31
184	Laura	Wells	10K	F	5253	01:12:24	FS	47
185	Erica	Burrows	10K	F	5163	01:12:25	F50	15
186	Rachel	Cox	10K	F	5200	01:12:28	F40	33
187	Holly	Robertson	10K	F	5218	01:12:46	FS	48
188	Louise	Connor	10K	F	5089	01:12:50	F40	34
189	Lucy	Fairhall	10K	F	5126	01:13:33	FS	49
190	Danielle	Hannaford	10K	F	5177	01:13:47	F40	35
191	Lara	White	10K	F	5298	01:14:00	F40	36
192	Fiona	Parker	10K	F	5154	01:14:28	F50	16
193	Abigail	Bugler	10K	F	5067	01:14:33	F40	37
194	Magda	Boucher	10K	F	5046	01:14:42	FS	50
195	Becky	Large	10K	F	5053	01:15:08	FS	51
196	Claire	Coakley	10K	F	5137	01:15:24	F50	17
197	Natalie	McKittrick	10K	F	5222	01:16:12	FS	52
198	Rahema	Mamodo	10K	F	5099	01:16:17	F40	38
199	Ali	Bienemann	10K	F	5208	01:16:47	FJ	2
200	Karis	Brace	10K	F	5116	01:17:09	FJ	3
201	Louise	Daws	10K	F	5081	01:17:55	F50	18
202	Caroline	Hellard	10K	F	5284	01:18:35	F40	39
203	Rachel	Martin	10K	F	5138	01:18:35	F50	19
204	Jo	Jones	10K	F	5139	01:18:36	F50	20
205	Amanda	Wood	10K	F	5288	01:18:52	F50	21
206	Beth	Morrish Smith	10K	F	5117	01:19:33	F40	40
207	Martin	Howarth	10K	F	5122	01:22:54	F60	4
208	Sally	Beard	10K	F	5176	01:23:18	FS	53
209	Sian	Hobbs	10K	F	5175	01:23:20	FS	54
210	Tracy	Pullinger	10K	F	5189	01:25:03	F50	22
211	Rebecca	Stacey	10K	F	5230	01:26:47	FS	55
212	Wendy	Castleton	10K	F	5087	01:28:24	F50	23
213	Karen	Long	10K	F	5101	01:28:24	FS	57
214	Natasha	Mobalegh- Hosseini	10K	F	4280	01:28:24	FS	56