

## Forest 450

miles tracker

25 miles

Remember you're aiming for the equivalent distance. No travelling the length of the country required!

Log your progress here and see the miles adding up, or use your preferred app.

> **Hamsterley Forest** 65 miles 75 miles

100 miles

The first bike almost entirely of wood. It also had no pedals.

Start **Kielder Forest** 

250 miles

Cannock Chase Forest hosted the **Commonwealth Games 2022** mountain bike events. It was one of the most watched

events of the Games.

**Cannock Chase Forest** 225 miles

150 miles

50 miles

125 miles **Dalby Forest** 140 miles

**Sherwood Pines** 181 miles

We have an incredible

of waymarked cycle trails across England.

That's over 800 miles!

**Forest of Dean** 300 miles

**Verderers Trail** in Forest of Dean was voted Best Blue Trail in England by Mountain Biking UK in 2021.

**Leigh Woods** 350 miles

Keep track

of your miles and have proof to be

in with a chance

of winning the

amazing prize!

1.25 million n our forests each vear.

400 miles

200 miles



**Haldon Forest Park** 422 miles

450 miles **Cardinham Woods** 







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