



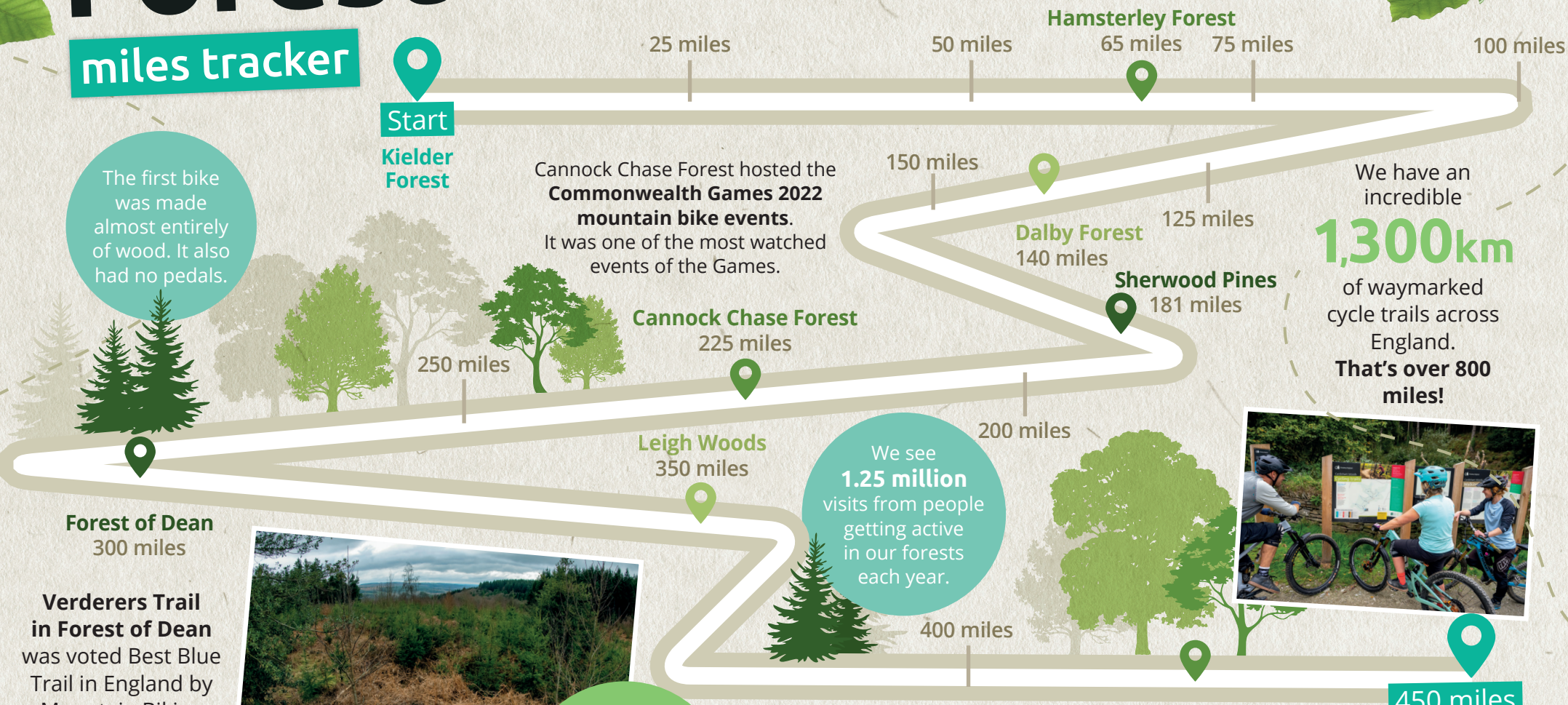
Forestry England

Forest 450

miles tracker

Remember you're aiming for the equivalent distance. No travelling the length of the country required!

Log your progress here and see the miles adding up, or use your preferred app.



The first bike was made almost entirely of wood. It also had no pedals.

Cannock Chase Forest hosted the **Commonwealth Games 2022 mountain bike events**. It was one of the most watched events of the Games.

We have an incredible **1,300km** of waymarked cycle trails across England. That's over **800 miles!**

We see **1.25 million** visits from people getting active in our forests each year.

Keep track of your miles and have proof to be in with a chance of winning the amazing prize!

Verderers Trail in Forest of Dean was voted Best Blue Trail in England by Mountain Biking UK in 2021.



#Forest450

forestryengland.uk/forest450