



FOREST RUNNER 2022

Forest Of Dean
RACE RESULTS
5k

Pos	Name	Distance	Gender	Age Category	Age Category Position	Bib#	Chip Time
1	Alex Millington	5K	M	V20	1	713	0:21:29
2	James Nelmes	5K	M	V20	2	393	0:23:41
3	Kevin Brooker	5K	M	V50	1	726	0:23:53
4	Lee Jones	5K	M	V30	1	720	0:24:15
5	Gareth Jones	5K	M	V30	2	691	0:25:00
6	Todd Clamp	5K	M	V30	3	666	0:25:15
7	Emily Redall	5K	F	V20	3	669	0:27:20
8	Steve Barnett	5K	M	V50	2	714	0:29:05
9	Philip Bailey	5K	M	V10	1	708	0:29:08
10	Joe Matthews	5K	M	V40	1	681	0:29:08
11	Melanie Cassells	5K	F	V30	4	670	0:29:09
12	Tim Matthews	5K	M	V40	2	682	0:29:09
13	Tom Dudzic	5K	M	V30	5	724	0:29:19
14	Chris Walton	5K	M	V40	3	676	0:30:06
15	Macsen Jones	5K	M	V10	2	667	0:30:23
16	Abigail Stephens	5K	F	V20	4	700	0:31:18
17	Alexis Hobbins-White	5K	F	V40	4	702	0:31:27
18	Michael Wallace	5K	M	V30	6	2526	0:31:32
19	Colleen Moore	5K	F	V30	7	683	0:31:35
20	Becky Cox	5K	F	V30	8	441	0:31:44
21	Yvonne Cox	5K	F	V60	1	442	0:31:45
22	Cleo Guerreiro	5K	F	V30	9	671	0:31:47
23	Adrian Webb	5K	M	V50	3	680	0:32:06
24	Chawong Jang	5K	M	V10	3	721	0:32:23
25	Vicky Burton	5K	F	V50	4	717	0:32:41
26	Rebecca Saldanha	5K	F	V20	5	697	0:33:24
27	Jon Joyce	5K	M	V20	6	443	0:33:29
28	Toby Jefferies	5K	M	V20	7	705	0:33:30
29	Andrea Planchant	5K	F	V50	5	692	0:34:07

30	Katinka Ernst	5K	F	V20	8	725	0:34:10
31	Harriet Barber	5K	F	V30	10	660	0:34:11
32	Ali Moss-Davies	5K	F	V30	11	665	0:34:12
33	Andrzej Nawrot	5K	M	V40	5	735	0:34:14
34	Sarah Jane Davis	5K	F	V30	12	722	0:36:10
35	Eleanor Fullalove	5K	F	V50	6	730	0:36:10
36	Andy Sawyer	5K	M	V50	7	723	0:36:10
37	Paul Smith	5K	M	V40	6	729	0:36:11
38	Ryan Chantry	5K	M	V20	9	703	0:37:01
39	Justine Brown	5K	F	V50	8	715	0:37:07
40	Julia Ryder	5K	F	V40	7	716	0:37:08
41	Sophie Goodwind	5K	F	V30	13	704	0:37:23
42	David Southby	5K	M	V20	10	698	0:37:29
43	Kerry Ward	5K	F	V40	8	674	0:38:14
44	Cathy Manley	5K	F	V40	9	690	0:38:14
45	Sacha Shaw	5K	F	V50	9	728	0:38:23
46	Katie Cove	5K	F	V40	10	672	0:38:32
47	Magda Boucher	5K	F	V50	10	695	0:38:34
48	Gemma Gormley	5K	F	V20	11	733	0:38:43
49	Siobhan Farmer	5K	F	V40	11	709	0:39:16
50	Emily Higginson	5K	F	V40	12	664	0:39:37
51	Renee Brooker	5K	F	V50	11	699	0:40:25
52	Pia Sartor	5K	F	V30	14	736	0:41:40
53	Michele Silsbury-Basey	10K	F	V40	13	2588	0:41:41
54	Lizzie Stevens	5K	F	V30	15	689	0:42:03
55	Vincent Marlow	5K	M	V50	12	668	0:42:54
56	Lisa Elliott	5K	F	V50	13	739	0:45:51
57	Anne Angsten Clark	5K	F	V30	16	738	0:47:20
58	Tina Weatherbed	5K	F	V50	14	677	0:55:58

10k

Pos	Name	Distance	Gender	Age Category	Age Category Position	Bib#	Chip Time
1	Ben Conway	10K	M	V20	1	2113	0:44:05
2	Carl Morgan	10K	M	V40	1	2483	0:45:15
3	Philip Hobbins-White	10K	M	V40	2	2591	0:47:06
4	Andrew Moore	10K	M	V30	1	2525	0:47:15
5	Rachel Gibbs	10K	F	V30	2	2507	0:50:10
6	Rachel Breen	10K	F	V30	3	2437	0:50:29
7	George Salter	10K	M	V20	2	2583	0:50:45
8	Will Angsten Clark	10K	M	V40	3	2599	0:50:50
9	Darren Edwards	10K	M	V50	1	2590	0:51:31
10	Simon Dandridge	10K	M	V30	4	2589	0:52:42
11	Nicolas Webb	10K	M	V40	4	2561	0:53:11
12	Malc Allen	10K	M	V60	1	2486	0:53:25
13	Trevor Razzell	10K	M	V40	5	2629	0:53:35
14	Andy Thompson	10K	M	V50	2	2441	0:54:14

15	Liam Morgan	10K	M	V20	3	2632	0:54:19
16	donna Gavin	10K	F	V30	5	2499	0:54:57
17	Graeme Brand	10K	M	V30	6	2560	0:55:28
18	Alexander Clark	10K	M	V40	6	2601	0:55:47
19	Trevor Hancock	10K	M	V30	7	2439	0:55:48
20	Kim Ingleby	10K	F	V40	7	2605	0:56:07
21	Geoff Astle	10K	M	V50	3	2585	0:56:30
22	Liz Hyde	10K	F	V30	8	2508	0:56:40
23	Clemens Orth	10K	M	V40	8	2587	0:56:58
24	Scott Hathaway	10K	M	V20	4	2656	0:57:00
25	Luke Yates	10K	M	V40	9	2522	0:57:12
26	Edgar Thoenmes	10K	M	V30	9	2658	0:57:28
27	Curtis Hathaway	10K	M	V20	5	2657	0:58:04
28	Stephen Warner	10K	M	V40	10	2630	0:58:13
29	Jake Frost	10K	M	V30	10	2523	0:58:18
30	Liz Wilmott	10K	F	V40	11	2530	0:58:39
31	Gary Salter	10K	M	V50	4	2582	0:58:43
32	Catrin Roberts	10K	F	V30	11	2536	0:59:09
33	Sam Prior	10K	M	V30	12	2647	0:59:20
34	Chris Waller	10K	M	V40	12	2472	0:59:22
35	Kevin Stannard	10K	M	V50	5	2481	0:59:28
36	Ryan Gay	10K	M	V30	13	2478	0:59:32
37	Sean McCoy	10K	M	V50	6	2550	0:59:43
38	Nicola Baker	10K	F	V40	13	2620	0:59:54
39	Rebecca Wilson	10K	F	V40	14	2619	0:59:54
40	Ian Bryars	10K	M	V40	15	2558	0:59:55
41	Robert Ord	10K	M	V40	16	2603	1:00:09
42	Andrew Williams	10K	M	V40	17	2518	1:00:11
43	Julianne Baker	10K	F	V30	14	2607	1:00:17
44	Shaun Myles	10K	M	V30	15	2519	1:00:29
45	Claire pringle	10K	F	V30	16	2626	1:00:39
46	Alistair Brydon	10K	M	V40	18	2521	1:00:45
47	Shannon O'Neill	10K	F	V30	17	2610	1:01:04
48	Ben Filburn	10K	M	V40	19	2479	1:01:19
49	Julia Evans	10K	F	V40	20	2467	1:01:19
50	Alex Harold	10K	M	V40	21	2534	1:01:29
51	Ethan Seville	10K	M	V20	6	2547	1:01:37
52	Mathew Deer	10K	M	V40	22	2495	1:02:07
53	Kathryn Warren	10K	F	V30	18	2611	1:02:10
54	Al Smith	10K	F			2516	1:02:15
55	James Wilden	10K	M	V40	23	2459	1:02:28
56	Christopher Jones	10K	M	V30	19	2570	1:02:33
57	Milly Hughes	10K	F	V20	7	2625	1:02:48
58	Claudia Mendes	10K	F	V40	24	2596	1:02:53
59	Lisa Wood	10K	F	V40	25	2608	1:02:54
60	Sabrina Pace-Humphreys	10K	F	V40	26	2531	1:02:54
61	Noolie Gregory	10K	F	V40	27	2500	1:03:04
62	Joanne York	10K	F	V40	28	2627	1:03:08
63	Marvin Palmer	10K	M	V30	20	2592	1:03:24
64	Kate Hodgson	10K	F	V20	8	2566	1:03:30

65	James Hodgson	10K	M	V20	9	2563	1:03:40
66	Sherry-Lee Hancock	10K	F	V30	21	2440	1:03:40
67	Paul Pearson	10K	M	V60	2	2559	1:03:46
68	Katy Green	10K	F	V30	22	2631	1:03:57
69	Liz O'Brien	10K	F	V50	7	2482	1:04:16
70	Anne Nicholls	10K	F	V50	8	2506	1:04:23
71	Kate Gay	10K	F	V30	23	2477	1:04:56
72	Steve Rugman	10K	M	V60	3	2581	1:05:15
73	Emma Pingstone	10K	F	V20	10	2579	1:05:24
74	Rannie Elliott	10K	M	V50	9	2491	1:05:50
75	Anne Gardiner	10K	F	V60	4	2586	1:06:05
76	Anna Field	10K	F	V50	10	2614	1:06:08
77	Kelli Chance	10K	F	V40	29	2621	1:06:34
78	Louise Deer	10K	F	V30	24	2434	1:07:03
79	Stuart Bates	10K	M	V50	11	2464	1:07:13
80	Louise Payling	10K	F	V30	25	2598	1:07:28
81	Samantha Nizinkiewicz	10K	F	V40	30	2602	1:07:28
82	Alan Roberts	10K	M	V60	5	2548	1:07:31
83	Michelle May	10K	F	V30	26	2616	1:07:36
84	Joanna Higgins	10K	F	V40	31	2618	1:07:43
85	Nicci Morgan	10K	F	V30	27	2509	1:07:58
86	Steven Dave	10K	M	V50	12	2545	1:07:59
87	Larissa Lingham	10K	F	V30	28	2452	1:08:15
88	Holly Pretious	10K	F	V30	29	2451	1:08:16
89	Joanne Nye	10K	F	V40	32	2595	1:08:37
90	Weronica Ling	10K	F	V40	33	2540	1:08:38
91	Ellena Perry	10K	F	V20	11	2546	1:08:49
92	Lesley Haynes	10K	F	V40	34	2655	1:08:50
93	Neil Pace-Humphreys	10K	M	V40	35	2532	1:08:58
94	Kathy Rogers	10K	F	V40	36	2505	1:09:18
95	Lally Sell	10K	F	V40	37	2502	1:09:18
96	Adele Jones	10K	F	V40	38	2457	1:09:34
97	Sion Bickford	10K	M	V30	30	2538	1:09:52
98	Sarah Cesek	10K	F	V30	31	2623	1:09:58
99	Alan Lambie	10K	M	V50	13	2515	1:10:14
100	Anna Brooke	10K	F	V30	32	2622	1:10:21
101	Lulu Batten	10K	F	V40	39	2653	1:10:28
102	Paola Richardson	10K	F	V40	40	2652	1:10:28
103	Glenda Gill	10K	F	V50	14	2612	1:10:34
104	Jenny Spencer	10K	F	V30	33	2624	1:10:37
105	Terry Humphreys	10K	M	V60	6	2485	1:10:39
106	Angela Bates	10K	F	V50	15	2463	1:10:46
107	Claire Feirn	10K	F	V40	41	2606	1:10:47
108	Anne Camerer	10K	F	V40	42	2549	1:11:19
109	Samantha Bell	10K	F	V30	34	2651	1:11:21
110	Elen Newcombe-Ling	10K	F	V30	35	2541	1:11:57
111	Jane Townsend	10K	F	V60	7	2573	1:12:04
112	Sam Cadwell	10K	F	V20	12	2554	1:12:06
113	Corey Felton	10K	M	V20	13	2555	1:12:06
114	Anne Simpson	10K	F	V40	43	2492	1:12:34

115	Silver Myles	10K	F	V30	36	2520	1:12:38
116	Emily Fergusson	10K	F	V20	14	2450	1:13:25
117	Rachel Weaver	10K	F	V50	16	2577	1:13:37
118	Teresa Walton	10K	F	V60	8	2444	1:14:15
119	Gabriella Doyle	10K	F	V20	15	2634	1:14:52
120	Freya Hardcastle	10K	F	V20	16	2635	1:15:49
121	Pippa Mason	10K	F	V50	17	2638	1:15:54
122	Charlotte Thoemmes	10K	F	V40	44	2659	1:15:59
123	Tanya Ling	10K	F	V30	37	2539	1:16:18
124	Helen Clench	10K	F	V40	45	2543	1:18:17
125	Kathy Cogings	10K	F	V50	18	2544	1:18:17
126	Steve Peoples	10K	M	V40	46	2594	1:21:03
127	Maggie Peoples	10K	F	V60	9	2593	1:21:03
128	Clare Curtis	10K	F	V30	38	2448	1:21:13
129	Dawn Thompson	10K	F	V40	47	2445	1:21:13
130	Julie Salter	10K	F	V60	10	2584	1:21:15
131	Rhys Phillips	10K	M	V30	39	2644	1:21:32
132	Danielle Bailey	10K	F	V30	40	2567	1:22:08
133	Andrew Bodel	10K	M	V40	48	2568	1:22:08
134	Jeff Smith	10K	M	V50	19	2569	1:22:08
135	Jenni Whale	10K	F	V30	41	2528	1:23:07
136	Vic Paltridge	10K	F	V40	49	2529	1:23:08
137	Mel Bound	10K	F	V40	50	2640	1:23:08
138	Jess Cullen	10K	F	V30	42	2527	1:23:09
139	Michaela Karasova	10K	F	V30	43	2565	1:23:55
140	Zuzana Jones	10K	F	V30	44	2564	1:23:56
141	Jude Rugman	10K	M	V60	11	2580	1:25:05
142	Rhiannon Taylor	10K	F	V30	45	2514	1:25:34
143	Leanna Taylor-kemp	10K	F	V40	51	2642	1:27:00
144	Tara Greaves	10K	F	V40	52	2643	1:27:00
145	David Roberts	10K	M	V60	12	2470	1:27:22
146	Lisa Jayne Henry Arscott	10K	F	V40	53	2489	1:27:43
147	Debbie White	10K	F	V50	20	2542	1:28:44
148	Rachel Roberts	10K	F	V60	13	2471	1:30:49
149	Michelle Williams	10K	F	V30	46	2628	1:33:00
150	Jas Khaira	10K	F	V40	54	2114	1:30:31
151	Kirsty Waterman	10K	F	V30	47	2552	1:39:09
152	Samantha Carter	10K	F	V30	48	2551	1:39:09
154	PK Khaira-Creswell	10K	F	V40	55	2458	1:44:09