



FOREST RUNNER 2022

Forest Of Dean
RACE RESULTS
5k

Pos	Name	Distance	Gender	Bib#	Chip Time
1	Alex Millington	5K	M	713	0:21:29
2	James Nelmes	5K	M	393	0:23:41
3	Kevin Brooker	5K	M	726	0:23:53
4	Lee Jones	5K	M	720	0:24:15
5	Gareth Jones	5K	M	691	0:25:00
6	Todd Clamp	5K	M	666	0:25:15
7	Emily Redall	5K	F	669	0:27:20
8	Steve Barnett	5K	M	714	0:29:05
9	Philip Bailey	5K	M	708	0:29:08
10	Joe Matthews	5K	M	681	0:29:08
11	Melanie Cassells	5K	F	670	0:29:09
12	Tim Matthews	5K	M	682	0:29:09
13	Tom Dudzic	5K	M	724	0:29:19
14	Chris Walton	5K	M	676	0:30:06
15	Macsen Jones	5K	M	667	0:30:23
16	Abigail Stephens	5K	F	700	0:31:18
17	Alexis Hobbins-White	5K	F	702	0:31:27
18	Michael Wallace	5K	M	2526	0:31:32
19	Colleen Moore	5K	F	683	0:31:35
20	Becky Cox	5K	F	441	0:31:44
21	Yvonne Cox	5K	F	442	0:31:45
22	Cleo Guerreiro	5K	F	671	0:31:47
23	Adrian Webb	5K	M	680	0:32:06
24	Vicky Burton	5K	F	717	0:32:41
25	Rebecca Saldanha	5K	F	697	0:33:24
26	Jon Joyce	5K	M	443	0:33:29
27	Toby Jefferies	5K	M	705	0:33:30
28	Andrea Planchant	5K	F	692	0:34:07
29	Katinka Ernst	5K	F	725	0:34:10

30	Harriet Barber	5K	F	660	0:34:11
31	Ali Moss-Davies	5K	F	665	0:34:12
32	Andrzej Nawrot	5K	M	735	0:34:14
33	Sarah Jane Davis	5K	F	722	0:36:10
34	Eleanor Fullalove	5K	F	730	0:36:10
35	Andy Sawyer	5K	M	723	0:36:10
36	Paul Smith	5K	M	729	0:36:11
37	Ryan Chantry	5K	M	703	0:37:01
38	Justine Brown	5K	F	715	0:37:07
39	Julia Ryder	5K	F	716	0:37:08
40	Sophie Goodwind	5K	F	704	0:37:23
41	David Southby	5K	M	698	0:37:29
42	Kerry Ward	5K	F	674	0:38:14
43	Cathy Manley	5K	F	690	0:38:14
44	Sacha Shaw	5K	F	728	0:38:23
45	Katie Cove	5K	F	672	0:38:32
46	Magda Boucher	5K	F	695	0:38:34
47	Gemma Gormley	5K	F	733	0:38:43
48	Siobhan Farmer	5K	F	709	0:39:16
49	Emily Higginson	5K	F	664	0:39:37
50	Renee Brooker	5K	F	699	0:40:25
51	Pia Sartor	5K	F	736	0:41:40
52	Michele Silsbury-Basey	10K	F	2588	0:41:41
53	Lizzie Stevens	5K	F	689	0:42:03
54	Vincent Marlow	5K	M	668	0:42:54
55	Lisa Elliott	5K	F	739	0:45:51
56	Anne Angsten Clark	5K	F	738	0:47:20
57	Tina Weatherbed	5K	F	677	0:55:58

10k

Pos	Name	Distance	Gender	Bib#	Chip Time
1	Philip Freeman	10K	M	2578	0:41:32
2	Ben Conway	10K	M	2113	0:44:05
3	Carl Morgan	10K	M	2483	0:45:15
4	Philip Hobbins-White	10K	M	2591	0:47:06
5	Andrew Moore	10K	M	2525	0:47:15
6	Rachel Gibbs	10K	F	2507	0:50:10
7	Rachel Breen	10K	F	2437	0:50:29
8	George Salter	10K	M	2583	0:50:45
9	Will Angsten Clark	10K	M	2599	0:50:50
10	Darren Edwards	10K	M	2590	0:51:31
11	Simon Dandridge	10K	M	2589	0:52:42
12	Nicolas Webb	10K	M	2561	0:53:11
13	Malc Allen	10K	M	2486	0:53:25
14	Trevor Razzell	10K	M	2629	0:53:35
15	Andy Thompson	10K	M	2441	0:54:14

16	Liam Morgan	10K	M	2632	0:54:19
17	donna Gavin	10K	F	2499	0:54:57
18	Graeme Brand	10K	M	2560	0:55:28
19	Alexander Clark	10K	M	2601	0:55:47
20	Trevor Hancock	10K	M	2439	0:55:48
21	Kim Ingleby	10K	F	2605	0:56:07
22	Geoff Astle	10K	M	2585	0:56:30
23	Liz Hyde	10K	F	2508	0:56:40
24	Clemens Orth	10K	M	2587	0:56:58
25	Scott Hathaway	10K	M	2656	0:57:00
26	Luke Yates	10K	M	2522	0:57:12
27	Edgar Thoemmes	10K	M	2658	0:57:28
28	Curtis Hathaway	10K	M	2657	0:58:04
29	Stephen Warner	10K	M	2630	0:58:13
30	Jake Frost	10K	M	2523	0:58:18
31	Liz Wilmott	10K	F	2530	0:58:39
32	Gary Salter	10K	M	2582	0:58:43
33	Catrin Roberts	10K	F	2536	0:59:09
34	Sam Prior	10K	M	2647	0:59:20
35	Chris Waller	10K	M	2472	0:59:22
36	Kevin Stannard	10K	M	2481	0:59:28
37	Ryan Gay	10K	M	2478	0:59:32
38	Sean McCoy	10K	M	2550	0:59:43
39	Rebecca Wilson	10K	F	2619	0:59:54
40	Nicola Baker	10K	F	2620	0:59:54
41	Ian Bryars	10K	M	2558	0:59:55
42	Robert Ord	10K	M	2603	1:00:09
43	Andrew Williams	10K	M	2518	1:00:11
44	Julianne Baker	10K	F	2607	1:00:17
45	Shaun Myles	10K	M	2519	1:00:29
46	Claire pringle	10K	F	2626	1:00:39
47	Alistair Brydon	10K	M	2521	1:00:45
48	Shannon O'Neill	10K	F	2610	1:01:04
49	Ben Filburn	10K	M	2479	1:01:19
50	Julia Evans	10K	F	2467	1:01:19
51	Alex Harold	10K	M	2534	1:01:29
52	Ethan Seville	10K	M	2547	1:01:37
53	Mathew Deer	10K	M	2495	1:02:07
54	Kathryn Warren	10K	F	2611	1:02:10
55	Al Smith	10K	F	2516	1:02:15
56	James Wilden	10K	M	2459	1:02:28
57	Christopher Jones	10K	M	2570	1:02:33
58	Milly Hughes	10K	F	2625	1:02:48
59	Claudia Mendes	10K	F	2596	1:02:53
60	Lisa Wood	10K	F	2608	1:02:54
61	Sabrina Pace-Humphreys	10K	F	2531	1:02:54
62	Noolie Gregory	10K	F	2500	1:03:04
63	Joanne York	10K	F	2627	1:03:08
64	Marvin Palmer	10K	M	2592	1:03:24
65	Kate Hodgson	10K	F	2566	1:03:30

66	Sherry-Lee Hancock	10K	F	2440	1:03:40
67	James Hodgson	10K	M	2563	1:03:40
68	Paul Pearson	10K	M	2559	1:03:46
69	Katy Green	10K	F	2631	1:03:57
70	Liz O'Brien	10K	F	2482	1:04:16
71	Anne Nicholls	10K	F	2506	1:04:23
72	Kate Gay	10K	F	2477	1:04:56
73	Steve Rugman	10K	M	2581	1:05:15
74	Emma Pingstone	10K	F	2579	1:05:24
75	Rannie Elliott	10K	M	2491	1:05:50
76	Anne Gardiner	10K	F	2586	1:06:05
77	Anna Field	10K	F	2614	1:06:08
78	Kelli Chance	10K	F	2621	1:06:34
79	Louise Deer	10K	F	2434	1:07:03
80	Stuart Bates	10K	M	2464	1:07:13
81	Samantha Nizinkiewicz	10K	F	2602	1:07:28
82	Louise Payling	10K	F	2598	1:07:28
83	Alan Roberts	10K	M	2548	1:07:31
84	Michelle May	10K	F	2616	1:07:36
85	Joanna Higgins	10K	F	2618	1:07:43
86	Nicci Morgan	10K	F	2509	1:07:58
87	Steven Dave	10K	M	2545	1:07:59
88	Larissa Lingham	10K	F	2452	1:08:15
89	Holly Pretious	10K	F	2451	1:08:16
90	Joanne Nye	10K	F	2595	1:08:37
91	Weronica Ling	10K	F	2540	1:08:38
92	Ellena Perry	10K	F	2546	1:08:49
93	Lesley Haynes	10K	F	2655	1:08:50
94	Neil Pace-Humphreys	10K	M	2532	1:08:58
95	Kathy Rogers	10K	F	2505	1:09:18
96	Lally Sell	10K	F	2502	1:09:18
97	Adele Jones	10K	F	2457	1:09:34
98	Sion Bickford	10K	M	2538	1:09:52
99	Sarah Cesek	10K	F	2623	1:09:58
100	Alan Lambie	10K	M	2515	1:10:14
101	Anna Brooke	10K	F	2622	1:10:21
102	Lulu Batten	10K	F	2653	1:10:28
103	Paola Richardson	10K	F	2652	1:10:28
104	Glenda Gill	10K	F	2612	1:10:34
105	Jenny Spencer	10K	F	2624	1:10:37
106	Terry Humphreys	10K	M	2485	1:10:39
107	Angela Bates	10K	F	2463	1:10:46
108	Claire Feirn	10K	F	2606	1:10:47
109	Anne Camerer	10K	F	2549	1:11:19
110	Samantha Bell	10K	F	2651	1:11:21
111	Elen Newcombe-Ling	10K	F	2541	1:11:57
112	Jane Townsend	10K	F	2573	1:12:04
113	Sam Cadwell	10K	F	2554	1:12:06
114	Corey Felton	10K	M	2555	1:12:06

115	Anne Simpson	10K	F	2492	1:12:34
116	Silver Myles	10K	F	2520	1:12:38
117	Emily Fergusson	10K	F	2450	1:13:25
118	Rachel Weaver	10K	F	2577	1:13:37
119	Teresa Walton	10K	F	2444	1:14:15
120	Gabriella Doyle	10K	F	2634	1:14:52
121	Freya Hardcastle	10K	F	2635	1:15:49
122	Pippa Mason	10K	F	2638	1:15:54
123	Charlotte Thoemmes	10K	F	2659	1:15:59
124	Tanya Ling	10K	F	2539	1:16:18
125	Helen Clench	10K	F	2543	1:18:17
126	Kathy Cogings	10K	F	2544	1:18:17
127	Steve Peoples	10K	M	2594	1:21:03
128	Maggie Peoples	10K	F	2593	1:21:03
129	Dawn Thompson	10K	F	2445	1:21:13
130	Clare Curtis	10K	F	2448	1:21:13
131	Julie Salter	10K	F	2584	1:21:15
132	Rhys Phillips	10K	M	2644	1:21:32
133	Andrew Bodel	10K	M	2568	1:22:08
134	Jeff Smith	10K	M	2569	1:22:08
135	Danielle Bailey	10K	F	2567	1:22:08
136	Jenni Whale	10K	F	2528	1:23:07
137	Mel Bound	10K	F	2640	1:23:08
138	Vic Paltridge	10K	F	2529	1:23:08
139	Jess Cullen	10K	F	2527	1:23:09
140	Michaela Karasova	10K	F	2565	1:23:55
141	Zuzana Jones	10K	F	2564	1:23:56
142	Jude Rugman	10K	M	2580	1:25:05
143	Rhiannon Taylor	10K	F	2514	1:25:34
144	Leanna Taylor-kemp	10K	F	2642	1:27:00
145	Tara Greaves	10K	F	2643	1:27:00
146	David Roberts	10K	M	2470	1:27:22
147	Lisa Jayne Henry Arscott	10K	F	2489	1:27:43
148	Debbie White	10K	F	2542	1:28:44
149	Rachel Roberts	10K	F	2471	1:30:49
150	Michelle Williams	10K	F	2628	1:33:00
151	Kirsty Waterman	10K	F	2552	1:39:09
152	Samantha Carter	10K	F	2551	1:39:09
153	PK Khaira-Creswell	10K	F	2458	1:44:09