



Friston Forest Orienteering course

1. Circle the controls you have chosen to find
2. Write your chosen controls in the order you plan find them e.g. 1-3-17-22 ...
3. When you have found it, write the two-letter code of each control in the middle column

Order (sequence) of controls:

Controls	Codes	Clues
		Start and finish (car park)
1		Path junction
2		S. end of stone wall
3		E. side of earth bank
4		Road and path junction
5		N. side of thicket
6		W. inside corner of vegetation boundary
7		W. inside corner of vegetation boundary
8		Path end
9		Depression
10		Track bend
11		Path/track junction
12		Earth bank top
13		Road/path junction
14		(Near) bend in path
15		Pit
16		Ruin South side
17		W. inside corner of vegetation boundary
18		Mound S.W. foot
19		Mound S.E. foot
20		Depression
21		Shallow depression
22		W. Ruin, N.E. side
23		Path
24		Platform
25		Small depression
26		Depression
27		E. Pit
28		Clearing
29		Path junction
30		Shallow re-entrant

Name: Date: Recorded time: