

FRISTON FOREST PERMANENT ORIENTEERING COURSE

1. Circle the controls you have chosen to find

3. When you have found it, write the two-letter code of each control in column 2

4. Write your chosen controls in the order you plan find them e.g. 1-3-17-22.....

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Controls	Codes	Clues	
		Start and finish (car park)	
1		Path junction	
2		S. end of stone wall	
3		E. side of earth bank	
4		Road and path junction	
5		N. side of thicket	
6		W. inside corner of vegetation boundary	
7		Path/track crossing	
8		Path end	
9		Depression	
10		Track bend	
11		Path/track junction	
12		Earth bank top	
13		Road/path junction	
14		(near) bend in path	
15		Pit	
16		Ruin South side	
17		W. inside corner of vegetation boundary	
18		Mound S.W. foot	
19		Mound S.E. foot	
20		Depression	
21		Shallow depression	
22		W. Ruin, N.E. side	
23		Path	
24		Platform	
25		Small depression	
26		Depression	
27		E. Pit	
28		Clearing	
29		Path junction	
30		Shallow re-entrant	
If you timed yourself, write your time here			
Name		Date	