FRISTON FOREST PERMANENT ORIENTEERING COURSE  Circle the controls you have chosen to find  When you have found it, write the two-letter code of each control in column 2							
				Your chosen order 1 <sup>st</sup> , 2 <sup>nd</sup> 3 <sup>rd</sup>	Controls	Codes	Clues
	1		Path junction				
	2		S. end of stone wall				
	3		E. side of earth bank				
	4		Road and path junction				
	5		N. side of thicket				
	6		W. inside corner of vegetation boundary				
	7		Path/track crossing				
	8		Path end				
	9		Depression				
	10		Track bend				
	11		Path/track junction				
	12		Earth bank top				
	13		Road/path junction				
	14		(near) bend in path				
	15		Pit				
	16		Ruin South side				
	17		W. inside corner of vegetation boundary				
	18		Mound S.W. foot				
	19		Mound S.E. foot				
	20		Depression				
	21		Shallow depression				
	22		W. Ruin, N.E. side				
	23		Path				
	24		Platform				
	25		Small depression				
	26		Depression				
	27		E. Pit				
	28		Clearing				
	29		Path junction				
	30		Shallow re-entrant				
If you timed yoursel	f, write your	time here					