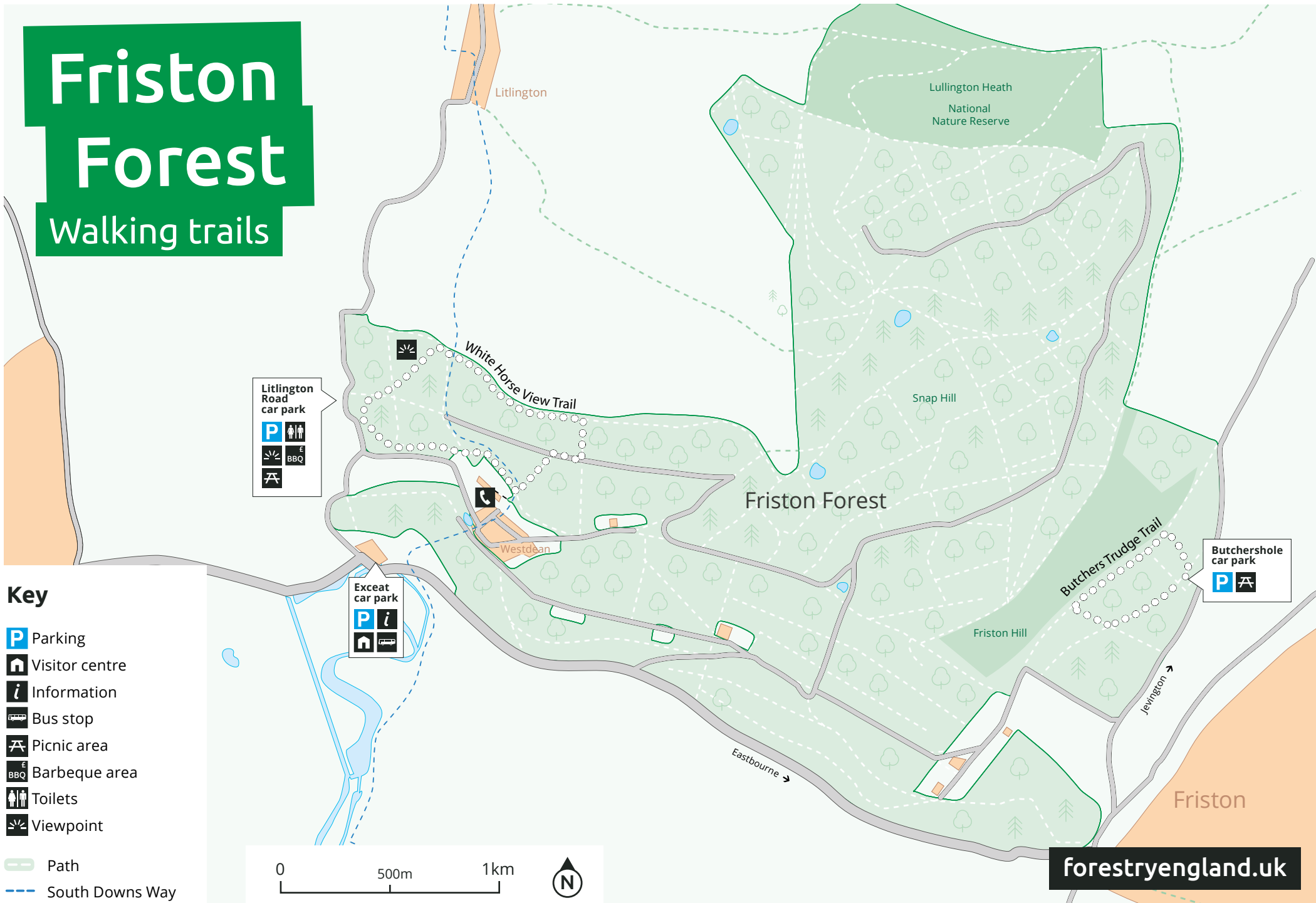


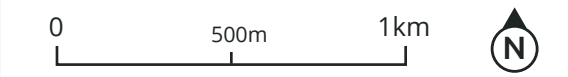
Friston Forest

Walking trails



- Key**
- Parking
 - Visitor centre
 - Information
 - Bus stop
 - Picnic area
 - Barbeque area
 - Toilets
 - Viewpoint

- Path
- South Downs Way





Forestry England

Walking trails at

Friston Forest

This is the largest area of recently established forest in South East England. With two trails and links to the South Downs Way, you can choose how far your journey takes you.

Trail information

White Horse

View Trail ○○○
2.5 km (1.6 miles)

Start at Litlington Car Park. A moderate picturesque walk along the forest edge overlooking the adjoining downland. Look back at the view of the white horse carved into the hillside.

Butchers

Trudge Trail ○○○
1.2 km (0.7 miles)

Start at Butchershole Car Park. A beautiful easy stroll among beech trees.



Emergency info

Name of key locations:

- Butchershole
Grid ref: TV555 994
Postcode: BN20 0AT
Nearest access road:
off Jevington Road
- Litlington road car park
Grid ref: TQ518 002
Postcode: BN 25 4AJ
Nearest access road:
off Litlington Road

In case of an emergency, call 999
Inform Forestry England
on 0300 067 4500

Nearest public phone:
At West Dean or Seven
Sisters Country Park

Hospital with A&E unit:
Eastbourne District General
Hospital, BN21 2UD
T: 01323 417400

Join today

As a member you'll be supporting Friston Forest and get free onsite parking, forest updates and discounts.

[forestryengland.uk/
membership](https://forestryengland.uk/membership)

The forest code

- Protect and respect wildlife, plants and trees.
- Guard against all risks of fire.
- Keep dogs under control.
- Take your litter home.
- Make no unnecessary noise.
- Take only memories away.
- The forest is for everyone. Please be aware of other visitors.