

Grizedale Wild about art & adventure

Front cover



1
The Wood for the Trees
MUF Architecture/art - 2011



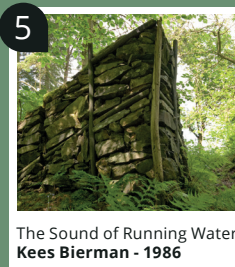
2
Mountains We Made
Charlie Whinney - 2017



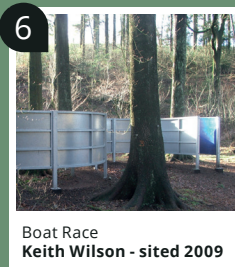
3
A Flower in a Flower
Keir Smith - 2014



4
Ancient Forester 2
David Kemp - 1995



5
The Sound of Running Water
Kees Bierman - 1986



6
Boat Race
Keith Wilson - sited 2009



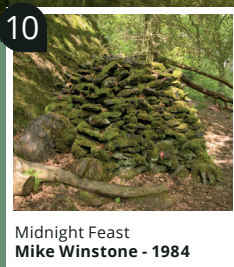
7
Sharing
Charlie Whinney - 2017



8
Cliff Structure
Richard Harris - 1977



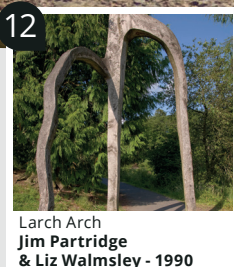
9
Nigel Ross Bench
Nigel Ross - 2013



10
Midnight Feast
Mike Winstone - 1984



11
Quarry Structure
Richard Harris - 1977



12
Larch Arch
Jim Partridge & Liz Walmsley - 1990



13
Clockwork Forest
greyworld - 2010



14
Sheltered Seat
Jim Partridge & Liz Walmsley - 1990



15
Blurpg's House
Sandgate School & Paul Dodgson - 2000



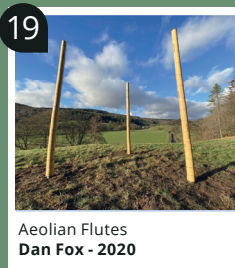
16
Treeleaves Longh's House
Sandside Lodge School & Paul Dodgson - 2000



17
Sethera
Reece Ingram - 1998



18
Andrea Gregson,
Checkpoint Grizedale - 2020



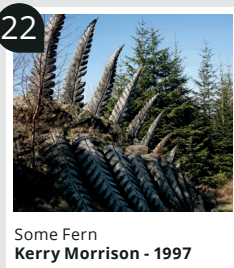
19
Aeolian Flutes
Dan Fox - 2020



20
Concrete Country
Lucy Tomlins - sited 2012



21
Red Sandstone Fox
Gordon Young - 1991



22
Some Fern
Kerry Morrison - 1997



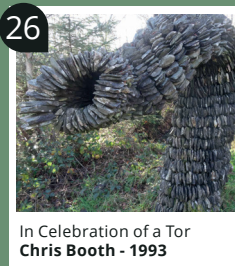
23
Romeo
Rupert Ackroyd & Owen Bullet - 2011



24
Please close the gate
(Picket Fence)
Gregory Scott-Gurner - 1998



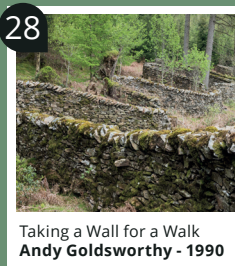
25
Living Space
Petre Nicoloski - 1990



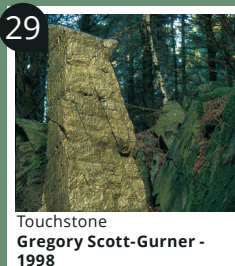
26
In Celebration of a Tor
Chris Booth - 1993



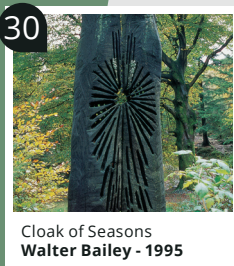
27
Seed
Walter Bailey - 1995



28
Taking a Wall for a Walk
Andy Goldsworthy - 1990



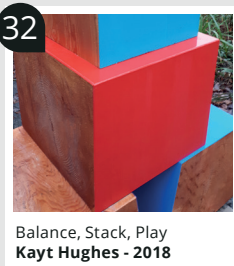
29
Touchstone
Gregory Scott-Gurner - 1998



30
Cloak of Seasons
Walter Bailey - 1995



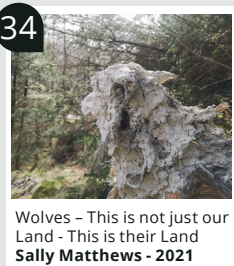
31
Light Columns I
Charles Bray - 1994



32
Balance, Stack, Play
Kayt Hughes - 2018



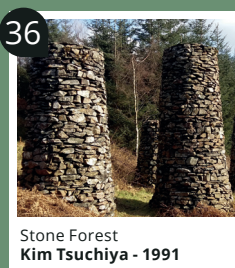
33
Mea Culpa
Robert Bryce Muir - 2006



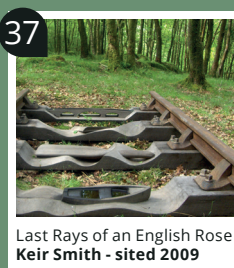
34
Wolves - This is not just our
Land - This is their Land
Sally Matthews - 2021



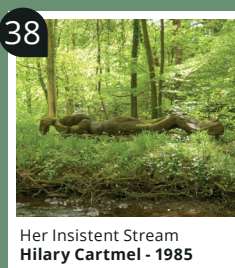
35
Light Column II & III
Charles Bray - 1995



36
Stone Forest
Kim Tsuchiya - 1991



37
Last Rays of an English Rose
Keir Smith - sited 2009



38
Her Insistent Stream
Hilary Cartmel - 1985



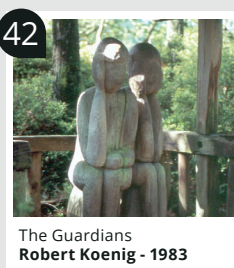
39
Meridian Owl
Zoe de L'Isle Whittier - 1993



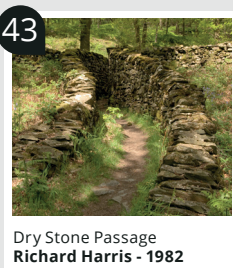
40
Private Meeting
Robert Koenig - 1983



41
Lady of the Water
Alannah Robins - 1995



42
The Guardians
Robert Koenig - 1983



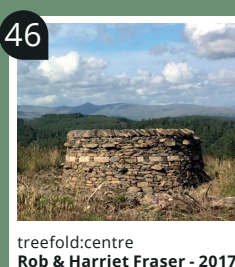
43
Dry Stone Passage
Richard Harris - 1982



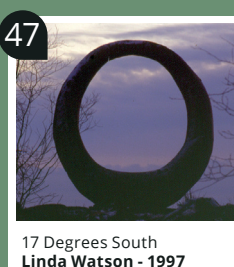
44
The Living Wood
Antony Hollaway - 1991



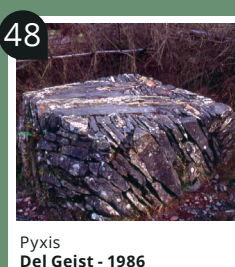
45
Silurian Cant
Pat Leighton - 1986



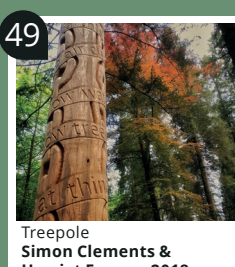
46
treefold:centre
Rob & Harriet Fraser - 2017



47
17 Degrees South
Linda Watson - 1997



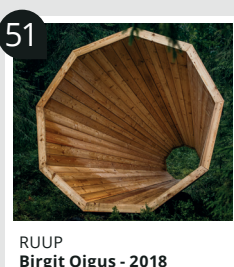
48
Pyxis
Del Geist - 1986



49
Treepole
Simon Clements & Harriet Fraser - 2018



50
The Forest and the Forester
Graham Fagan - 2002



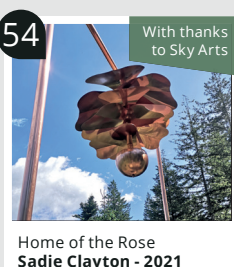
51
RUUP
Birgit Oigus - 2018



52
Only Breath
Sapien (Steve Anwar) - 2021



53
Flight
Saad Qureshi - 2021



54
Home of the Rose
Sadie Clayton - 2021

Forest code

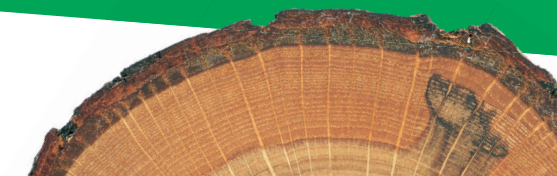
- Protect and respect wildlife, plants and trees.
- Guard against all risks of fire.
- Keep dogs under control.
- Take your litter home.
- Make no unnecessary noise.
- Take only memories away.
- The forest is for everyone. Please be aware of other visitors.

Cycling code

- Wear the right safety clothing; a helmet and gloves.
- Cycle within your abilities.
- Don't rely on others; can you get home safely?
- Watch out for other visitors.
- Always follow warning signs and diversions.
- If a vehicle is loading timber, wait for the driver to let you pass.
- Expect the unexpected.

MTB safety

- Mountain biking is a potentially hazardous activity carrying a significant risk. It should only be undertaken with a full understanding of all inherent risks. The guidelines on this panel must always be used in conjunction with the exercise of your own experience, intuition and careful judgement.
- Routes may change owing to tree felling and other forest operations.
- No motorbikes, quadbikes, dogs or horses are allowed on MTB trails.
- Please remember we could be doing potentially dangerous things such as cutting down trees, moving timber or repairing tracks. For your own safety, please follow all forestry warning signs.



Back cover

Grizedale cycling trails



Emergency info

Name & grid ref for key locations:
Grizedale Centre: SD 336 944
Moor Top Car Park: SD 343 965
Nearest access road: Grizedale is signed from the minor road just past Hawkshead Primary School between Hawkshead (B5285) and Newby Bridge (A590)

Nearest A&E hospital facilities:
Barrow in Furness:
Furness General
T: 01229 870870

Nearest minor injury unit:
Kendal: Westmorland General
T: 01539 732288

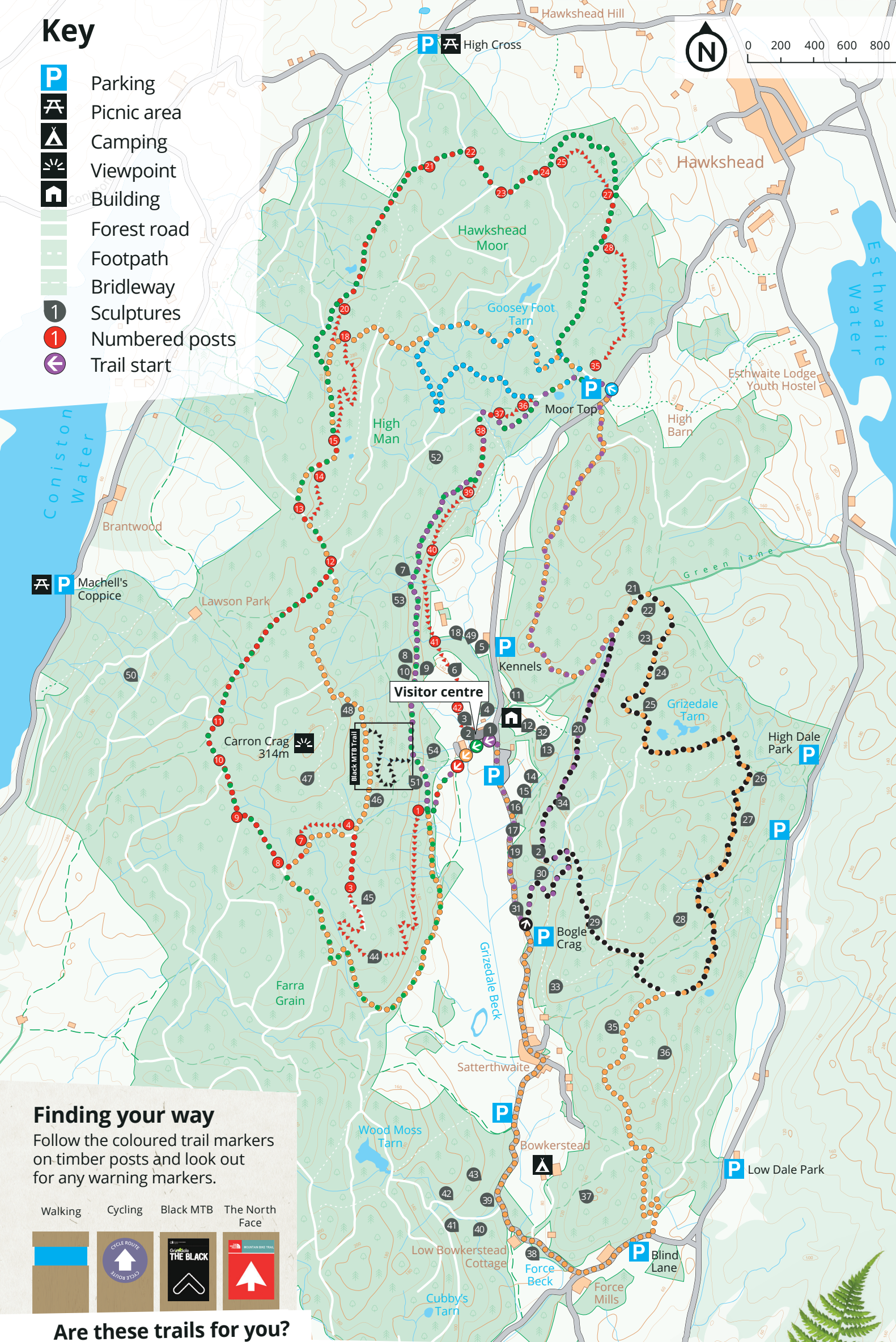
In case of an emergency call 999

Inform Forestry England:
0300 067 4495 / 0300 067 4270

Defibrillators available at the visitor centre and in Satterthwaite village.

Key

- Parking
- Picnic area
- Camping
- Viewpoint
- Building
- Forest road
- Footpath
- Bridleway
- Sculptures
- Numbered posts
- Trail start



Trail information

All trails except The North Face MTB and The Black MTB are on forest road.

Start from the visitor centre

Moor Top Trail ●●●

Grade: Forest road & part public road
11.5 km (7 miles), 1½ hours

Take a journey through our ancient oak woodlands on the lower slopes of the valley. A great place to hear forest bird life, especially if you are cycling early or late in the day.

Hawkshead Moor Trail ●●●

Grade: Forest road
17 km (10.5 miles), 2½ hours

This trail covers a large part of the western side of the forest and gives wonderful panoramic views, both west towards Coniston Old Man and North towards Ambleside, the Langdale fells and Helvellyn beyond.

Silurian Way ●●●

Grade: Forest road & part public road
23.5 km (14 miles), 3½ hours

Many of the artworks can be accessed along this trail, covering both sides of the Grizedale Valley and taking in contrasting forest habitats and wonderful views. Be prepared for the hills though!

The North Face MTB Trail

Grade: Red Difficult

●●● Forest road sections
▶▶▶ Singletrack (one-way)
16 km (10 miles), 2½ hours

Purpose-built MTB trail, offering adrenalinising sections of singletrack descent and leg burning climbs. Be warned, there are plenty of challenging boardwalks. This trail is suitable for mountain bikers only and requires a high level of skill and fitness.

The Black MTB Trail

Grade: Black Severe

▶▶▶ Singletrack (one-way) 1 km (0.8 miles)

An awesome blast of jumps and berms, with steep descents, not for the faint hearted. There is a split along this section, watch out for the signs and only do the double diamond run if an expert rider.

Start at Moor Top

Goosey Foot Tarn Trail ●●●

Grade: Forest road
3.5 km (2 miles), 30 mins

The shortest of our waymarked cycle trails, but there are still small hills involved, so be warned! The trail takes you past Goosey Foot and Juniper Tarns, two of our 20 or so man-made tarns.

Start at Bogle Crag car park

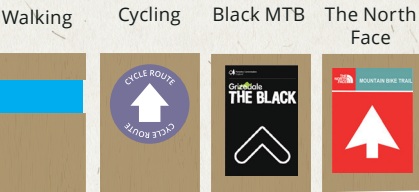
Grizedale Tarn Trail ●●●

Grade: Forest road
10 km (6 miles), 1½ hours

Watch out... Bogle means ghost! Discover lovely woodland views and find a variety of sculptures.

Finding your way

Follow the coloured trail markers on timber posts and look out for any warning markers.



Are these trails for you?

Green Easy Not at this forest	Blue Moderate Not at this forest	Red Difficult Suitable for: Proficient mountain bikers with good off-road riding skills & fitness. Good mountain bikes. Trail: Challenging climbs, tricky descents & technical features such as drop-offs & large rocks.	Black Severe Suitable for: Expert mountain bikers with high level of fitness. Quality off-road mountain bikes. Trail: Greater challenge & difficulty. Expect large & unavoidable features.	Orange Extreme Not at this forest	Forest road & similar Suitable for: Cyclists in good health. Map reading useful (routes not always marked). Most bikes. Trail: Gradients can vary. Surfaces may be uneven or potholed in places. Look out for vehicles & other users.
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