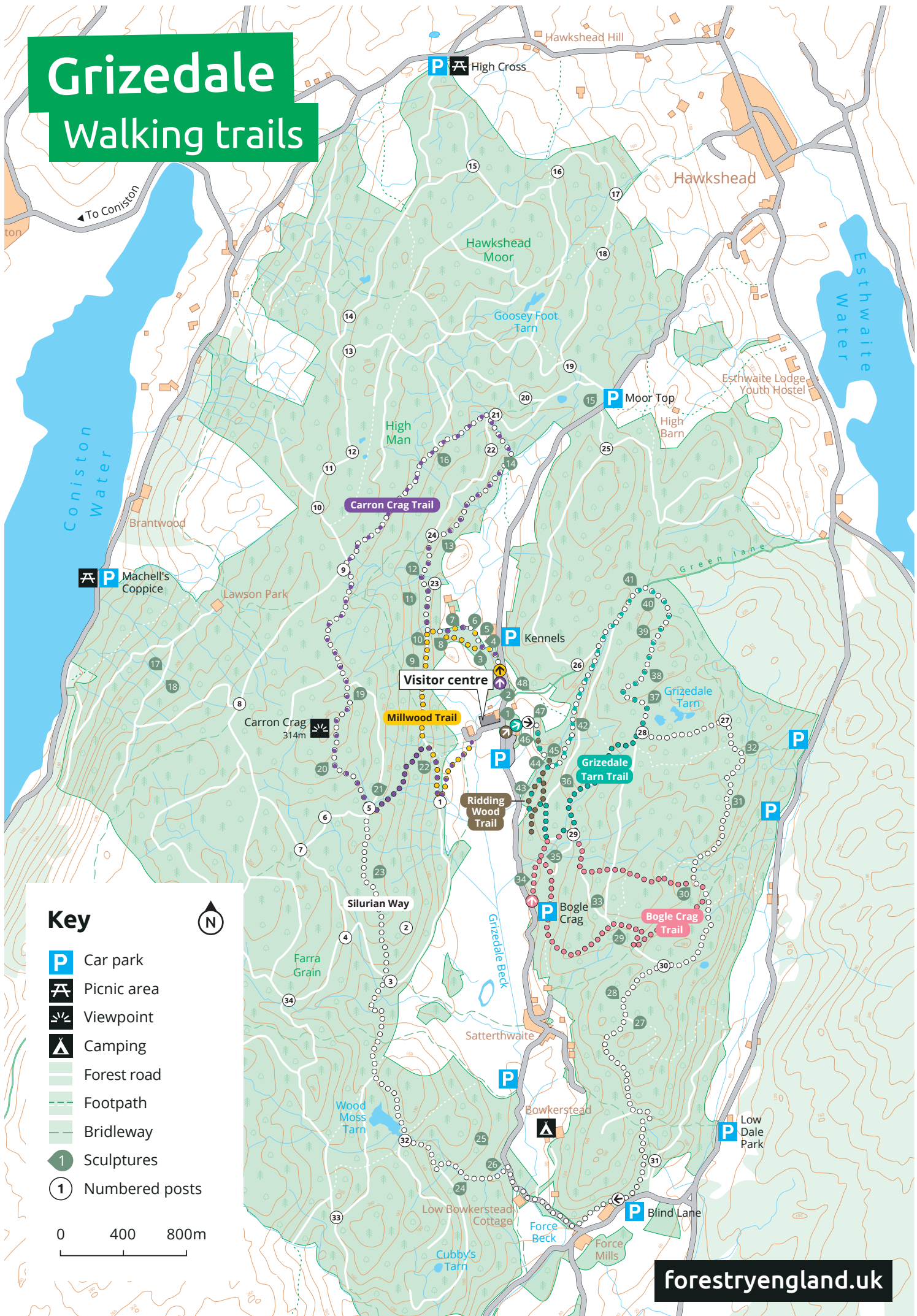
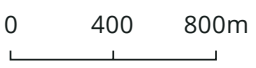


Grizedale Walking trails



Key

- Car park
- Picnic area
- Viewpoint
- Camping
- Forest road
- Footpath
- Bridleway
- Sculptures
- Numbered posts





Forestry England

Walking trails at Grizedale

With views of the lakes and mountains, the shelter of the trees and sculptures in the forest, there's a walk to enjoy for everyone here at Grizedale, no matter your experience or ability.

Ridding Wood Trail ●●●

1.5km (1 mile) 45 minutes

The shortest and easiest trail in Grizedale through some unusual and ornate trees. The trail is mainly tarmac and does have some small steep inclines.

Grizedale Tarn Trail ●●●

7km (4½ miles) 2 hours

A trail that varies in terrain passing remnants of the old Grizedale Hall as it climbs to reach the picturesque Grizedale Tarn, Grizedale's only natural tarn. The return route crosses Mark's Bridge, built by volunteers, before dropping back down onto the Ridding Wood Trail.

Silurian Way ○○○

18km (11 miles) 6 hours

Plan to be out all day on this ultimate Grizedale walk! A grand tour of the forest enjoying some of our most popular sculptures with climbs, descents and views to boot.

Millwood Trail ●●●

Short route **1km (¾ mile)** 45 minutes
Long route **2.5km (1½ miles)** 1 hour

The short loop of this pretty walk is pushchair friendly and follows the river before looping back over a small footbridge. The longer route carries on after the footbridge to climb above the visitor centre which you can look down on from above, before returning via the gate next to the cattlegrid.

Join today

As a member you'll be supporting Grizedale and get free onsite parking, forest updates and discounts.

forestryengland.uk/membership

Carron Crag Trail ●●●

8km (5 miles) 3 hours

This strenuous walk takes you to the highest point in the forest, marked by a trig point on a rocky outcrop. The trail follows the stream at the bottom of the valley before climbing up to reach the summit and rewarding views over Coniston Old Man and the central fells.

Bogle Crag Trail ●●●

5km (3 miles) 2 hours

Starting at Bogle Crag car park, this trail takes you over the small but pretty Bogle Bridge before climbing up through a mixture of woodland that leads to a fantastic view south over the Rusland Valley before descending back down to the car park. Watch out though... Bogle means ghost.

Emergency info

Name & grid ref for key locations:

Grizedale Centre: SD 336 944
Moor Top Car Park: SD 343 965

Nearest access road:

Grizedale is signed from the minor road just past Hawkshead Primary School between Hawkshead (B5285) and Newby Bridge (A590)

Nearest A&E hospital facilities:

Barrow in Furness: Furness General
T: 01229 870870

Nearest minor injury unit:

Kendal: Westmorland General
T: 01539 732288

In case of an emergency call 999

Inform Forestry England:
0300 067 4495 / 0300 067 4270

Defibrillators available at the visitor centre and in Satterthwaite village.

Forest code

- Protect and respect wildlife, plants and trees.
- Guard against all risks of fire.
- Keep dogs under control.
- Take your litter home.
- Make no unnecessary noise.
- Take only memories away.
- The forest is for everyone. Please be aware of other visitors.