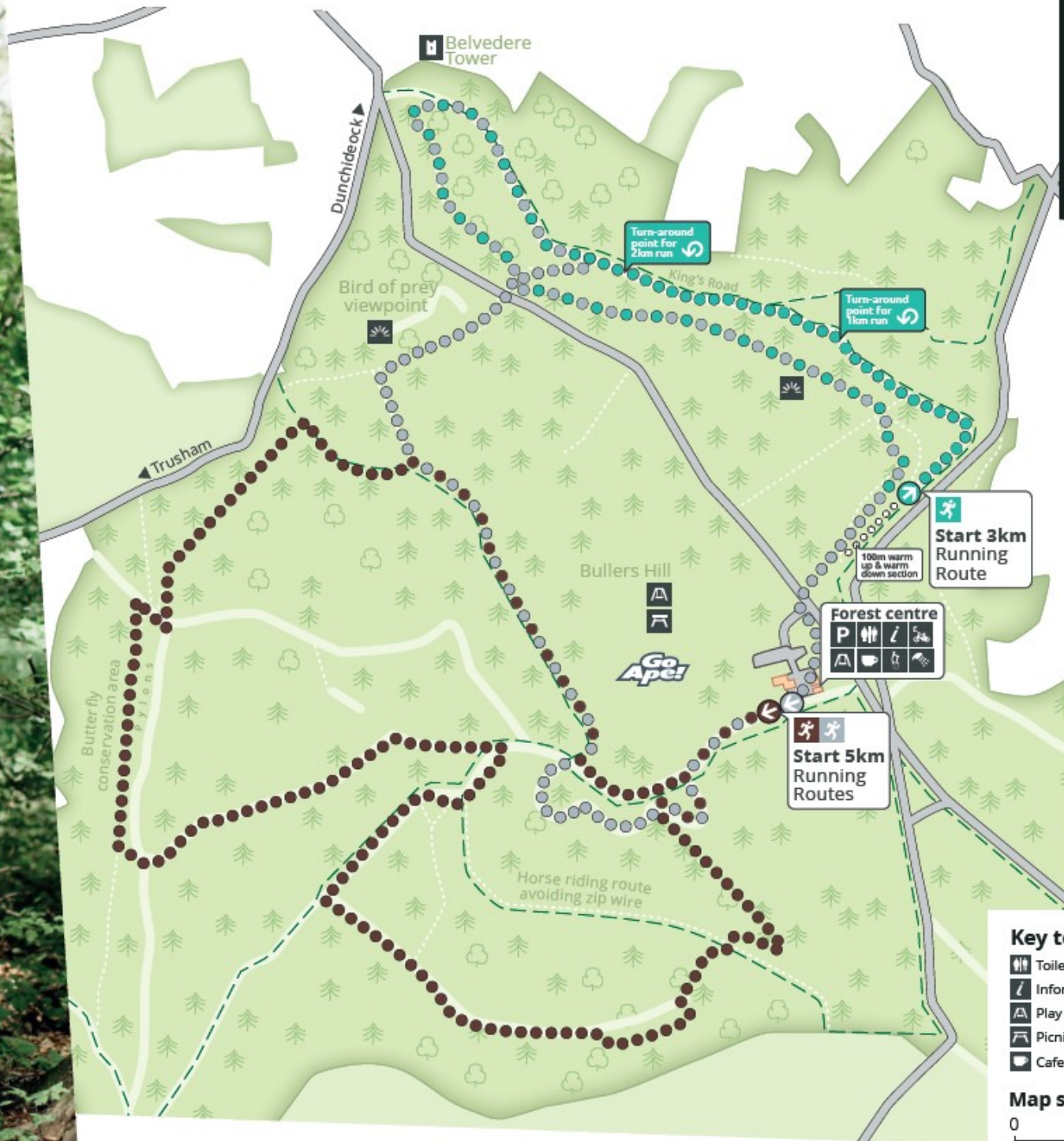




# Haldon Forest Park Running Routes



## 3km Running Route ●●●

For 1km and 2km runs turn-around at the sign-posted points

This 3km route begins to get the lungs working. There are turn-around points for you to achieve 1km or 2km before going on to complete the full 3km route. It's a great way to build up your distance. Half way round there is a steep incline and you'll be rewarded by Haldon's famous viewpoint.

## 5km Challenge Running Route ●●●

This 5km route is great for building your fitness up. It has some inclines including a couple of short, steep hills. The route will take you past Haldon's breath-taking viewpoint.

## 5km Challenge+ Running Route ●●●

This 5km route is challenging. There are steep gradients, up and down, and some steps. Running over gravel and grass you can spot many species of wildlife.

Start 3km Running Route

Forest centre  
P  
Toilets  
Information point  
Play area  
Picnic area  
Cafe

Start 5km Running Routes

### Key to map

- |                   |                   |
|-------------------|-------------------|
| Toilets           | Cycle hire & shop |
| Information point | Viewpoint         |
| Play area         | Running route     |
| Picnic area       | Segway hire       |
| Cafe              | Parking           |

### Map scale

