

Cycling in the forest



The trails

Discovery Trail
2.5km (1.5 miles) ▶▶▶▶▶
Grade: Easy

Beginners will really enjoy cycling this fully surfaced trail with stunning views and play features. Also used by walkers, you'll need to be a considerate cyclist.

Spicers Trail
3.7km (2.3 miles) ▶▶▶▶▶
Grade: Moderate

For cyclists with some experience, this trail is a great confidence builder. A combination of surfaces some narrow sections and gentle gradients. Formally known as the Challenge Trail.

Kiddens Trail
6.4 km (4.0 miles) ▶▶▶▶▶
Grade: Moderate

Good progression from the Spicers Trail. Single track, offering more challenging terrain with greater changes in gradient. Formally known as the Challenge Trail.

Ridge Ride Trail
9km (6 miles) ▶▶▶▶▶
Grade: Difficult

A technical, fast and flowing trail. Tight corners and lively descents will test your reflexes on this narrow singletrack route through the forest. Experienced riders only, with appropriate bikes and protective equipment.

Ridge Ride Extreme
1km (0.6 miles) ▶▶▶▶▶
Grade: Severe

This optional technical loop is more demanding than the previous sections of the Ridge Ride Trail. Expect roots, rocks, berms, drops and a step down.

Skills Area & Pump Trail
Grade: Bike Park

These areas are purpose-built to help cyclists develop new off-road skills, with numerous features for all abilities and a pump trail to help you find your flow. Suitable for novice to advanced riders.



Key

- Horse riding trail
- Public roads
- Forest roads
- Forest path
- Public footpath
- Pay & display machine
- Toilets
- The Ridge Cafe
- Picnic area
- Play area
- Viewpoint
- Forest Cycle Hire
- Segways

How our cycle trails are graded

- Green Easy**
Riders in good health with basic bike skills. Most types of bike.
Trail: Relatively flat and wide.
- Blue Moderate**
Riders in good health with basic off-road riding skills. Basic mountain bikes.
Trail: Some 'single-track' sections & small obstacles of root & rock.
- Red Difficult**
Proficient mountain bikers with good off-road skills & fitness. Good mountain bikes.
Trail: Challenging climbs, tricky descents & technical features such as drop-offs & large rocks.
- Black Severe**
Expert mountain bikers with high level of fitness. Quality off-road mountain bikes.
Trail: Greater challenge & difficulty. Large & unavoidable features.
- Orange Extreme**
Extreme level riders with expert technical skills & good fitness. Technical bike skills important. Jumping ability obligatory.
Trail: Extreme levels of exposure & risk. Large features.

Forest roads

Suitable for: Cyclists in good health. Map reading useful (routes not always marked). Most bikes.
Trail: Gradients can vary. Surfaces may be uneven or potholed in places. Look out for vehicles & other users.

Follow the Forest Code

- Guard against all risks of fire.
- Protect and respect wildlife, plants and trees.
- Keep dogs under control & tidy after them.
- Take your litter home.
- Make no unnecessary noise. Take only memories away.

Haldon Forest Park is pay & display.
Charges are enforced for everyone to enjoy.

All money for parking goes back into looking after Haldon Forest Park for everyone to enjoy.