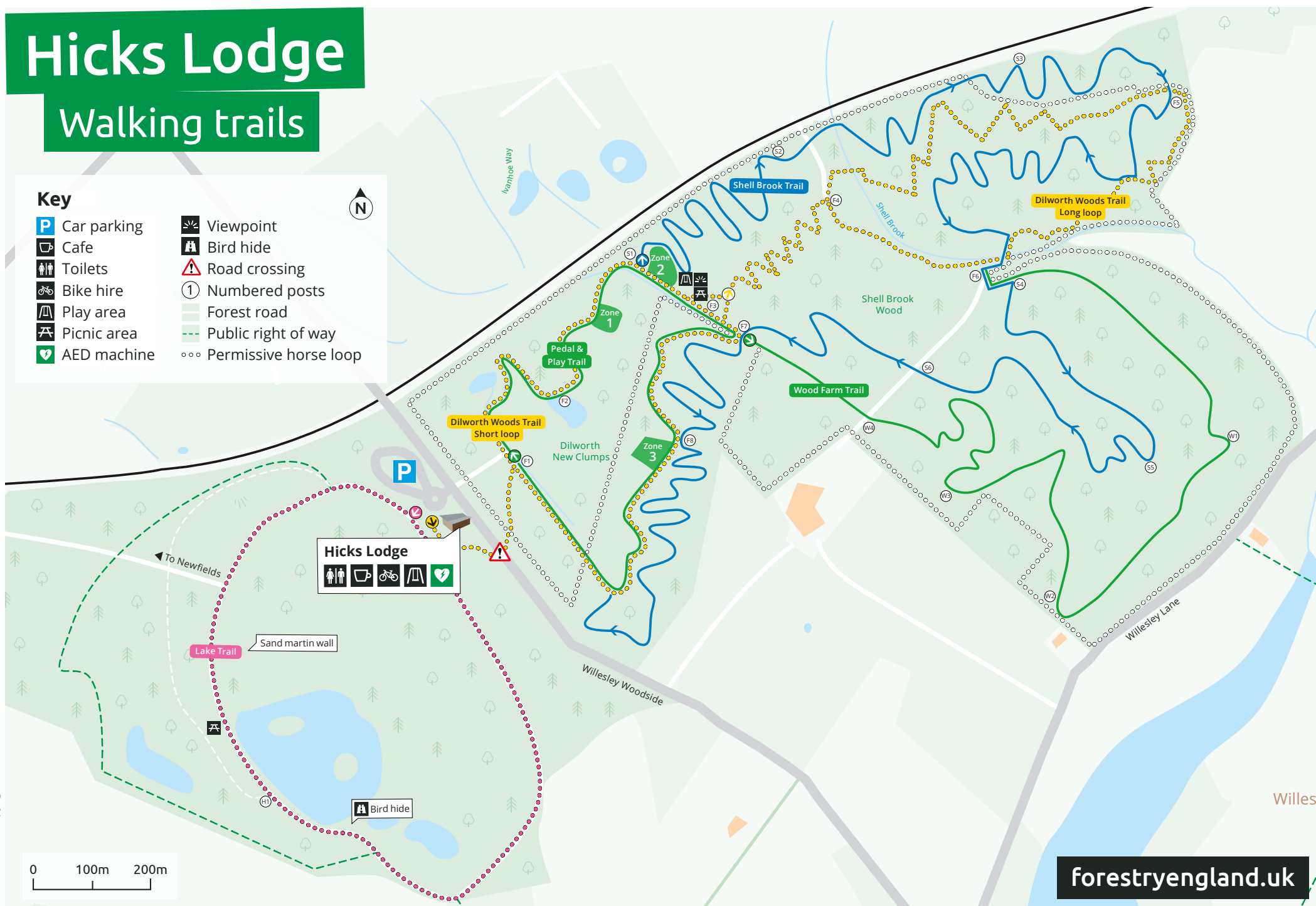


Hicks Lodge

Walking trails

Key

- | | |
|-------------|-----------------------|
| Car parking | Viewpoint |
| Cafe | Bird hide |
| Toilets | Road crossing |
| Bike hire | Numbered posts |
| Play area | Forest road |
| Picnic area | Public right of way |
| AED machine | Permissive horse loop |



forestryengland.uk



Forestry England

Trails at

Hicks Lodge

Join today

As a member you'll be supporting Hicks Lodge and get free onsite parking, forest updates and discounts.

forestryengland.uk/membership

In the heart of the National Forest, Hicks Lodge is a former coal mining site that has been totally transformed by new plantings and exciting trails for you to enjoy.

Multi-use trails

Dilworth Woods Trail ● ● ●

Short loop: 2km (1.25 miles)

Long loop: 2.5km (1.5 miles)

Short and long loop: 4.5km (2.8 miles)

Two way shared use.

This trail takes you through woodland around Hicks Lodge. There are picnic stops along the way for you to enjoy the views.

The zig-zag section leads to a longer loop, or take the short loop back to the visitor centre. This trail is suitable for pushchairs, wheelchairs and bikes.

Lake Trail ● ● ●

Approx. 2km (1.25 miles)

Two way shared use.

A relaxing trail around the lake. Is suitable for pushchairs, wheelchairs and gentle bike rides. There is seating along the way. The path is also a bridle-way for horses.

Wood Farm Trail —

● **Grade: Easy (green)**

2.5 km (1.5 miles) / 4.5 km (2.75 miles)

with distance to and from visitor centre.

Two way shared use.

This off-road trail provides a great introduction to mountain biking, taking in a variety of habitats and views.

Starting near the long loop on Dilworth Woods Trail, follow the green arrows. The trail finishes on the Dilworth Woods short loop.

Cycling trails

Shell Brook Trail —

■ **Grade: Moderate (blue)**

7km (4.25 miles) from start 9km (5.5 miles)

with distance to and from visitor centre. One way

The trail starts and finishes on the Dilworth Woods short loop but provides the

chance to experience off-road trails and to progress skills and fitness levels. Taking riders around the whole site through mixed woodlands, expect jumps, bumps and berms. It's generally smooth, but expect rough, uneven sections and muddy areas during winter months. This trail is suitable for mountain bikes only.

Pedal & Play Trail

● **Grade: Easy (green)**

2km (1.25 miles)

A mountain bike adventure for everyone, whether you're brilliant on your bike already or just getting started. There are three challenges to try, each a bit trickier than the last, which will help you master your skills and ride safely. There is also some exciting play to discover along the way, so get out there and start exploring.

Emergency info

Name of key location:

Hicks Lodge, The National Forest Cycle Centre, Willesley Woodside, Moira, Swadlincote LE65 2UP

OS Grid ref: SK 329 155

Nearest access road:

Willesley Woodside

Nearest A&E Hospital facilities:

Queens Hospital, Belvedere Road, Burton-upon-Trent, Staffordshire DE13 0RB **Tel.** 01283 566333

In an emergency call 999.

Inform Forestry England
T: 0300 067 4340

The forest code

- Protect and respect wildlife, plants and trees.
- Guard against all risks of fire.
- Keep dogs under control.
- Take your litter home.
- Make no unnecessary noise.
- Take only memories away.
- The forest is for everyone. Please be aware of other visitors.

