



FOREST RUNNER 2023/24

High Lodge Forest

RACE RESULTS

5K

Pos	Athlete	Race	Gender	Bib	Chip Time
1	alastair Angus	5K	M	391	0:18:33
2	Richard Lee	5K	M	418	0:23:35
3	Nathaniel Laker	5K	M	384	0:24:30
4	Jim Marriott	5K	M	444	0:27:35
5	Lee Brown	5K	M	408	0:28:28
6	Tara Welsh	5K	F	397	0:29:28
7	Tilly Curran	5K	F	420	0:29:32
8	Charles Clare-tipton	5K	M	413	0:29:54
9	Matthew Fletcher	5K	M	400	0:29:54
10	Chris Beatwell	5K	M	442	0:30:12
11	Toby Embleton	5K	M	395	0:30:21
12	Selica Lee	5K	M	417	0:30:23
13	Joe Bellotti	5K	M	450	0:30:54
14	Laura Cross	5K	F	394	0:31:34
15	Sara Roberson	5K	F	581	0:31:51
16	james hornigold	5K	M	452	0:31:59
17	James Camilleri	5K	M	366	0:32:03
18	Natalie Brading	5K	F	407	0:32:27
19	Kevin Curran	5K	M	421	0:32:43
20	Karen Williamson	5K	F	459	0:32:49
21	Thomas Turner	5K	M	412	0:33:03
22	Elizabeth Nugent	5K	F	433	0:33:52
23	Penny Curran	5K	F	422	0:34:41
24	Ray Tofield	5K	M	456	0:34:51
25	Kirsty Parker	5K	F	425	0:34:59
26	Jeremy Fletcher	5K	M	398	0:35:12
27	Brett German	5K	M	401	0:35:33
28	Sophie Ladmore	5K	F	399	0:36:06
29	Gabriella Nogueira	5K	F	390	0:36:15
30	Donna Kingsnorth	5K	F	392	0:36:28
31	Edward Rickard	5K	M	458	0:36:35
32	Evelyn Perryman	5K	M	457	0:36:35

33	Emma Richardson	5K	F	445	0:37:14
34	Jo Nelmes	5K	F	453	0:37:26
35	Mark Dowsett	5K	M	454	0:37:27
36	Phil Williamson	5K	M	460	0:38:25
37	Melanie Black	5K	F	406	0:38:42
38	Esworth Maynard	5K	M	410	0:38:46
39	Bethany Wright	5K	F	396	0:39:31
40	Sally Miles	5K	F	402	0:39:55
41	Louise Griffiths	5K	F	461	0:39:55
42	Rebecca Hiscock	5K	F	424	0:39:59
43	Anne Slater	5K	F	423	0:40:00
44	Yaswanth Macharla	5K	M	403	0:40:39
45	Jamie Barnett	5K	M	455	0:41:20
46	Nicola Pennington	5K	F	181	0:43:05
47	Donna Maynard	5K	F	411	0:45:24
48	Aaron Ayache	5K	NB	446	0:46:22
49	Katie Ayache	5K	F	447	0:46:35
50	Benjamin Reed	5K	M	389	0:52:16
51	Hannah Frost	5K	F	383	0:52:16
52	Gail Holloway	5K	F	432	0:52:32
53	Calvin Holloway	5K	M	431	0:52:32
54	Rachel Bond	5K	F	415	0:57:41

10K

Pos	Athlete	Race	Gender	Bib	Chip Time
1	Angus James	10K	M	5019	0:40:49
2	Alex Magilton	10K	M	4909	0:41:08
3	Andrew Godden	10K	M	4859	0:41:19
4	Troi Baxter	10K	F	4980	0:41:29
5	Ben Stanton	10K	M	4852	0:41:30
6	Ash Bower	10K	M	4914	0:42:22
7	Ashley Coxden	10K	M	4825	0:43:18
8	James Cornally	10K	M	449	0:43:38
9	Luke Sadler	10K	M	4869	0:43:43
10	Alfie Boulton	10K	M	5011	0:43:43
11	Alexandra Ely	10K	F	4898	0:43:58
12	Andy Williamson	10K	M	5025	0:44:18
13	Jacob Darby	10K	M	4990	0:45:29
14	David Hooton	10K	M	4791	0:45:32
15	Chris Blyth	10K	M	4804	0:46:12
16	Ben Regan	10K	M	4853	0:46:34
17	Danny Clarke	10K	M	4795	0:47:00
18	Mariano Olivera	10K	M	5001	0:47:12
19	Kris Burton	10K	M	4901	0:47:17
20	Richard Mckee	10K	M	4863	0:47:38
21	Christopher Fuller	10K	M	4900	0:48:07
22	Liam Convery	10K	M	4841	0:48:26

23	Michael Hopling	10K	M	4809	0:48:41
24	Jack Camplin	10K	M	5015	0:49:03
25	David Wiseman	10K	M	4823	0:49:48
26	Ben Jarratt	10K	M	4875	0:49:49
27	Christopher Knutsen	10K	M	4878	0:49:50
28	Daniel Szymanowski	10K	F	4895	0:49:54
29	Holly Regan	10K	F	4854	0:50:35
30	Jennifer Pearce	10K	F	4938	0:50:48
31	Ruth Chadwick	10K	F	4871	0:50:54
32	Lewis Lant	10K	M	4849	0:51:08
33	Robbie McLaren-Jones	10K	M	4844	0:51:20
34	Dave Lamb	10K	M	4883	0:51:47
35	Katie Robinson	10K	F	4836	0:52:12
36	Charlene Wigley	10K	F	4902	0:52:49
37	León Lingnau	10K	M	5009	0:53:07
38	Max Jennings	10K	M	5026	0:53:29
39	Martin Bowers	10K	M	4818	0:53:30
40	Alice Kendall	10K	F	4978	0:53:35
41	Lisa Jarratt	10K	F	4278	0:53:56
42	Daniel Harris	10K	M	4774	0:54:08
43	Mike Boyles	10K	M	4899	0:54:15
44	Tom Newman	10K	M	4913	0:54:23
45	Ashley Gray	10K	M	4855	0:54:38
46	iain dawson	10K	M	5023	0:54:39
47	Ricky Moss	10K	M	4880	0:54:45
48	Chris Chadwick	10K	M	4870	0:54:46
49	Carolina Olave	10K	F	5000	0:54:48
50	Grace Glover	10K	F	4887	0:54:52
51	Peter Raspberry	10K	M	4882	0:54:57
52	Emma Bryan	10K	F	4894	0:55:31
53	James Plowman	10K	M	4981	0:55:31
54	Robert Showers	10K	M	4891	0:55:32
55	Brett Granger	10K	M	4089	0:55:33
56	Ben Harland	10K	M	4929	0:55:38
57	Przemyslaw Migula	10K	M	4771	0:55:41
58	George Featherstone	10K	M	4833	0:55:47
59	Emma Raggett	10K	F	4893	0:55:47
60	Ben Freeman	10K	M	4769	0:56:29
61	Kerry Thomas	10K	F	4874	0:56:49
62	Keiron Steele	10K	M	4994	0:56:49
63	Jake Mitson	10K	M	4996	0:56:50
64	andy redford	10K	M	5016	0:56:52
65	Nicki Evans	10K	F	5017	0:56:53
66	Lorraine King	10K	F	5006	0:57:18
67	Abigail Poulton	10K	F	4993	0:57:18
68	George Edwards	10K	M	4992	0:57:18
69	Steve McGillivray	10K	M	4867	0:57:23
70	Emma Pearson	10K	F	4780	0:57:33
71	Graham Farr	10K	M	5014	0:57:44
72	Joseph James	10K	M	4995	0:57:52
73	Ryan Brookes	10K	M	4999	0:58:06

74	Matthew Hayden	10K	M	4930	0:58:12
75	Mark Woodall	10K	M	4907	0:58:16
76	Alice Dalton	10K	F	4949	0:58:17
77	Martin Shelley	10K	M	4830	0:58:21
78	David Laker	10K	M	4806	0:58:22
79	Charles Ashley	10K	M	4777	0:58:34
80	Nicola Brown	10K	F	4896	0:58:36
81	Gareth Biggins	10K	M	4773	0:58:41
82	Jake Cocksedge	10K	M	4976	0:58:44
83	Lisa Rutland	10K	F	4796	0:58:47
84	Gary Judge	10K	M	5004	0:58:49
85	Julia Moye	10K	F	4866	0:59:01
86	Phil Hooper	10K	M	4810	0:59:04
87	Lyndsey Girling	10K	F	4925	0:59:08
88	Joanna Palmer	10K	F	5007	1:00:00
89	Ananay Aguilar	10K	F	4864	1:00:21
90	Debora Lucarelli	10K	F	4865	1:00:29
91	Jack Crane	10K	M	4775	1:00:34
92	Poppy Grand	10K	F	5020	1:00:42
93	Clare Parker	10K	F	4892	1:01:43
94	Isabella Hughes	10K	F	4797	1:01:47
95	Elizabeth Ferdinand	10K	F	4939	1:01:56
96	Katie Evans	10K	F	4923	1:01:58
97	Claire Evans	10K	F	4922	1:01:58
98	Claire Abraham	10K	F	4926	1:02:03
99	Gemma Massen	10K	F	4839	1:02:22
100	Seren Westbury-Jones	10K	F	4860	1:02:43
101	Matt Westbury-Jones	10K	M	4861	1:02:43
102	Jade Gardiner	10K	F	4788	1:02:43
103	Jenny Hurd	10K	F	4988	1:03:04
104	Emma Jennings	10K	F	4987	1:03:05
105	Deborah Kerr	10K	F	4848	1:03:06
106	Jocelyn Berry	10K	F	5022	1:03:07
107	Jack Davey	10K	M	4924	1:03:19
108	Natalie Sampson	10K	F	4819	1:03:19
109	Jessica Peters	10K	F	4998	1:03:29
110	Stuart Peters	10K	M	4997	1:03:29
111	Lewis Roberts-James	10K	M	4837	1:03:42
112	John Bellotti	10K	M	4906	1:03:45
113	Sam Bellotti	10K	M	5008	1:03:47
114	Daniel Balls	10K	M	4937	1:03:48
115	Hannah Reynolds	10K	F	4936	1:03:48
116	Chloe Webb	10K	F	4921	1:03:49
117	Hayley Coleman	10K	F	4935	1:04:13
118	Kirsty DEKEYZER	10K	F	5021	1:04:16
119	David Wheeler	10K	M	4846	1:04:24
120	Emily Benham	10K	F	4986	1:04:28
121	Laura Wild	10K	F	4886	1:04:51
122	jason nicholas	10K	M	4905	1:05:15
123	Kristina Warner	10K	F	4919	1:05:18
124	James Hayward	10K	M	4943	1:05:31

125	Ben Rooney	10K	M	4868	1:05:32
126	Samantha Godfrey	10K	F	5005	1:05:33
127	Jason Ray	10K	M	4785	1:06:23
128	Ellie Leeper	10K	F	4931	1:06:24
129	Joanna Roberts	10K	F	4821	1:06:55
130	Rebecca Field	10K	F	4820	1:06:55
131	Lisa Amber	10K	F	4977	1:07:10
132	Ady Jacques	10K	M	5003	1:07:53
133	Sutthida Khiaorueang	10K	F	5002	1:07:54
134	Shannon Eagles	10K	F	4989	1:08:21
135	Janice Gammage	10K	F	5013	1:08:35
136	Lucy Lant	10K	F	4850	1:08:56
137	James Gardiner	10K	M	4798	1:08:56
138	Haydn Gardiner	10K	M	4799	1:08:57
139	Dylan Gardiner	10K	M	4800	1:08:57
140	Ian Gammage	10K	M	5012	1:09:05
141	Rachel Hinkley	10K	F	3742	1:09:08
142	Jennifer McLaren-Jones	10K	F	4845	1:09:13
143	Charlene Pease	10K	F	4829	1:09:38
144	Jennifer Eyers	10K	F	4827	1:09:38
145	George Williams	10K	M	4934	1:10:58
146	Sarah Hunt	10K	F	4781	1:11:07
147	Carol Davis-Mann	10K	F	4779	1:11:34
148	Chloe Chappell	10K	F	4816	1:11:36
149	Alexandra Alderson	10K	F	4277	1:11:52
150	Victoria Tofte	10K	F	4834	1:12:01
151	Julie Higgins	10K	F	4984	1:12:35
152	Jos Headington	10K	M	4985	1:12:38
153	Gemma Cook	10K	F	4801	1:13:00
154	George Perry	10K	M	4838	1:13:07
155	Anna Brown	10K	F	4090	1:14:15
156	Nicola Clark	10K	F	4873	1:14:16
157	Jenny George	10K	F	4876	1:14:16
158	Jennie Hipkin	10K	F	4817	1:14:37
159	Melanie LUBBOCK	10K	F	4915	1:14:50
160	Natalie Johnson	10K	F	4918	1:14:59
161	Chloe Leithall	10K	F	4910	1:15:08
162	Kirsty Leithall	10K	F	4911	1:15:11
163	Ryan Britcher	10K	M	4946	1:15:19
164	Liam Sadd	10K	M	4944	1:15:19
165	Natalie Chisholm	10K	F	4979	1:15:23
166	James Wheeler	10K	M	4847	1:15:31
167	Dalibor Milasinovic	10K	M	4857	1:16:37
168	Allie Moss	10K	F	4879	1:16:48
169	Helen Meadows	10K	F	4928	1:16:56
170	Sheena Runham	10K	F	4790	1:17:12
171	Karen Childerely	10K	F	4789	1:17:12
172	Wendy Fullerton	10K	F	4983	1:17:26
173	Stephen Marshall	10K	M	4927	1:17:36
174	Michelle Marjoram	10K	F	4885	1:18:08
175	Charlotte Russell	10K	F	4805	1:18:21

176	Laura Coxden	10K	F	4826	1:18:21
177	Sarah Wrihy	10K	F	4822	1:18:39
178	Jelena Banjevlav	10K	F	4858	1:19:01
179	Nina Brown	10K	F	4807	1:19:47
180	Gemma Griffin	10K	F	4908	1:19:50
181	Charlotte Hearn	10K	F	4803	1:20:09
182	Keith Bond	10K	M	4888	1:21:14
183	Janet Jenkins	10K	F	4904	1:22:23
184	Tracey Salisbury	10K	F	4835	1:23:14
185	Steph Healy	10K	F	4897	1:24:42
186	Jordan Gross	10K	F	4982	1:25:21
187	Haydn Gross	10K	F	5018	1:25:21
188	Charlie Cullum	10K	F	4784	1:25:32
189	Paula Wiseman	10K	F	4824	1:26:02
190	Linda Perry	10K	F	4903	1:26:03
191	Zaneta Cegielska	10K	F	4912	1:31:17
192	Melanie Bromige	10K	F	4828	1:53:30
193	Jessica Martin	10K	F	4802	1:53:30