

High Lodge

Walking trails

Little Ouse

Brandon

Brandon
County Park

Visitor centre

Key

- Parking
- Information point
- Toilets
- Cafe
- Bike hire
- Go Ape
- Picnic area
- BBQ area
- Wildlife hide
- Historic monument
- Orienteing
- Trail starts



0 500m 1km

B1106

Elveden

3km shortcut

1km shortcut

5km shortcut

10km shortcut

B1107

Thetford

Thetford
Warren
Lodge

Danger!
Rifle range
No public access

forestryengland.uk



Forestry England

Walking & running trails at

High Lodge

Whether you're looking for a short walk in the shade of the forest or a more adventurous trail run, there is waymarked route for you.

Trail information

Pine Trail ○○○

1.5km (1 mile)

A gentle amble or short run through giant pines on a wide, flat trail.

Nature Trail ●●●

1.5km (1 mile)

Another shorter trail to walk or run which will help you to learn about the different plants and wildlife that live in Thetford Forest. Why not take a breather and spend some time in the hide and see what you can spot.

Heritage Trail ●●●

4.2km (2.6 miles) with a 1km and 3km shortcut

Explore the hidden heritage of High Lodge. The Heritage Trail is an accessible, multi-user trail through Thetford Forest. Discover four thousand years of landscape history beneath the trees. It has a smooth surface, benches, rest perches and two shelters along the way so you can enjoy the trail at any pace.

ⓘ This is a shared use trail, please be aware of cyclists and other users

Fir Trail ●●●

12km (7.5 miles) with a 5km and 10km shortcut

This route is great for building up endurance and exploring quieter areas of the forest. The 10km and 12km passes by Thetford Warren Lodge, built by the prior of Thetford in the 1400's.



Emergency info

Name of key location:

High Lodge, Thetford Forest

Grid ref: TL807864

Nearest access road: B1107

In case of an emergency call 999.

Inform Forestry England

on 0300 067 4400

Mobile phone coverage: Poor

Hospital with A&E unit:

West Suffolk Hospital,

Bury St Edmunds, Suffolk, IP33 2QZ

The forest code

- Protect and respect wildlife, plants and trees.
- Guard against all risks of fire.
- Keep dogs under control.
- Take your litter home.
- Make no unnecessary noise.
- Take only memories away.
- The forest is for everyone. Please be aware of other visitors.

Join today

As a member you'll be supporting High Lodge and get free onsite parking, forest updates and discounts.

[forestryengland.uk/
membership](https://forestryengland.uk/membership)