

LONESOME PINE TRAIL

TRAIL START
Kielder Castle car park

TRAIL FINISH
Bewshaugh, Kielder village

TRAIL LENGTH
12¼ miles / 19.7km

TRAIL GRADE
▲ Red Difficult

Safety information and full Kielder Water & Forest Park map overleaf »

WHAT'S IT LIKE?

Lonesome Pine red grade trail has been designed as a cross country trail for riders who love a blast and also for riders just starting out on red grade trails!

This trail is open flowing so you won't find many rock drop offs or technical features. This trail allows progression from blue grade trails to the technical Deadwater red grade trail on the other side of the valley.

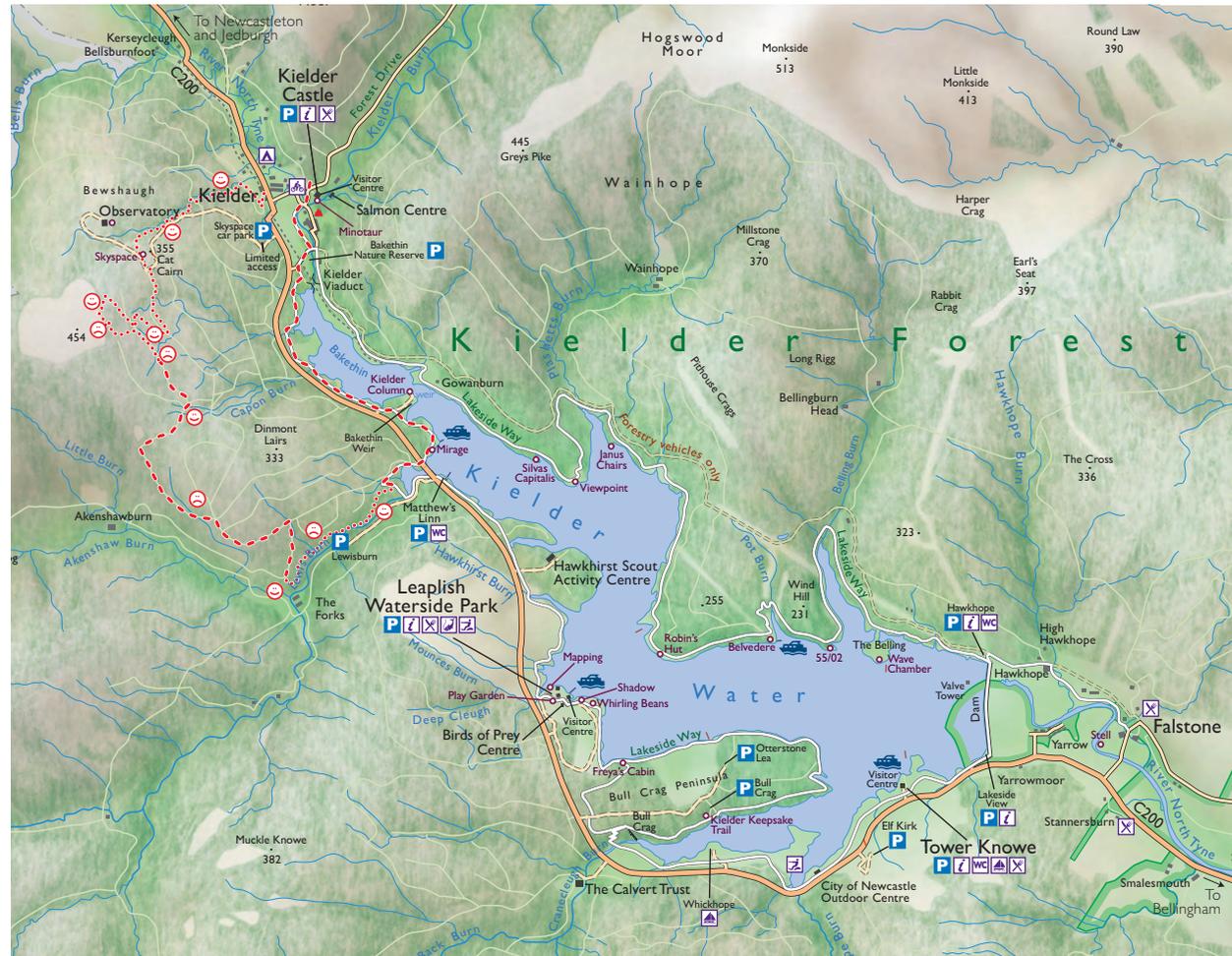
If you like views- you're in for a treat. Once you get to the Lonesome Pine section you can see for miles. On the trail you will be riding on one of the longest sections of Northshore in the UK- why is it 2 metres wide though? if you hit this section in a windy day all will become clear...

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LONESOME PINE MTB TRAIL



KIELDER WATER & FOREST PARK OVERVIEW MAP



MAP KEY

	A road		Ferry
	B road		Car park
	Minor road		Visitor information
	Other road		Toilets
	Main track		Refreshments
	Other tracks		Purple Mountain bike hire
	MTB cycle trail (on Lakeside Way, public road or forest road)		Sailing
	MTB cycle trail (singletrack)		Fishing
	MTB uphill section		Water skiing
	MTB downhill section		Camp site
	Line of old railway (disused)		Youth hostel
	National border		
	National Park boundary		
	Art / Architecture project		
	Viewpoint		



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LONESOME PINE TRAIL EMERGENCY INFORMATION

Nearest A&E Hospital: Hexham General Hospital, Corbridge Rd, Hexham NE46 1QJ 01434 655 655.

In case of an emergency: Call 999 and ask for Police. When connected be ready to provide the following details:

- A. Incident location (grid ref, name and number or nearest waymarker post)
- B. Number of people in party.
- C. Any injuries (if so ask Police to inform the Ambulance Service)
- D. Inform Forestry Commission England 01434 220 242.

Mobile phone coverage: Leaplish Waterside Park.
Nearest public phone: Kielder Village.

Mountain biking is a potentially hazardous activity carrying a significant risk. It should only be undertaken with a full understanding of all inherent risks. Routes may change owing to tree felling and other forest operations. No motorbikes, quadbikes, dogs or horses are allowed on the MTB trails.

TRAIL GRADING IS THIS TRAIL FOR YOU?

● Green Easy

Suitable for: Beginner/novice cyclists. Basic bike skills required. Most bikes and hybrids. Some green routes can take trailers.

Trail and surface types: Relatively flat and wide. The trail surface may be loose, uneven or muddy at times. May include short flowing singletrack style sections.

Gradients and technical trail features (TTFs): Most gradients are moderate but may include a short steep sections. Includes small TTFs.

Suggested fitness level: Suitable for most people in good health.

■ Blue Moderate

Suitable for: Intermediate cyclists/mountain bikers with basic off road riding skills. Mountain bikes or hybrids.

Trail and surface types: As 'Green' plus specially constructed single track. Trail surface may include small obstacles of roots and rock.

Gradients and technical trail features (TTFs): Most gradients are moderate but may include a short steep sections. Includes small TTFs.

Suggested fitness level: A good standard of fitness can help.

▲ Red Difficult

Suitable for: Proficient mountain bikers with good off road riding skills. Suitable for better quality off-road mountain bikes.

Trail and surface types: Steeper and tougher, mostly singletrack with technical sections. Expect very variable surface types.

Gradients and technical trail features (TTFs): A wide range of climbs and descents of a challenging nature will be present. Expect boardwalks, berms, large rocks, medium steps, drop-offs, cambers, water crossings.

Suggested fitness level: Higher level of fitness and stamina.

◆ Black Severe

Suitable for: Expert mountain bike users, used to physically demanding routes. Quality off-road mountain bikes.

Trail and surface types: As 'Red' but with an expectation of greater challenge and continuous difficulty. Can include any useable trail and may include exposed open hill sections.

Gradients and technical trail features (TTFs): Expect large, committing and unavoidable TTFs. Sections will be challenging and variable. May also have 'downhill' style sections.

Suggested fitness level: suitable for very active people used to prolonged effort.

● Orange Bike park

Suitable for: Riders aspiring to an elite level of technical ability, incorporates everything from full on downhill riding to big-air jumps.

Trail and surface types: Severe constructed trails and/or natural features. All sections will be challenging. Includes extreme levels of exposure and or risk. Jumping ability obligatory.

Gradients and technical trail features (TTFs): Will include a range of small medium and large TTF's, including downhill trails, freeride sections and mandatory jumps.

Suggested fitness level: A good standard of fitness, but technical skills more important.

Forest road & similar

Suitable for: A wide range of cyclists. Most bikes and hybrids. Ability to use maps helpful. Routes may or may not be waymarked.

Trail and surface types: Relatively flat and wide. The trail surface may be loose, uneven or muddy at times. These roads may be used by vehicles and other users, including horse riders and dog walkers.

Gradients and technical trail features (TTFs): Gradients can be variable and may include short steep sections. Occasional potholes may be present.

Suggested fitness level: A good standard of fitness can help.

LONESOME PINE MTB TRAIL INFORMATION

