

Paradise Bottom

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Leigh Woods Cycling trails

River Avon

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Key



- Car parking
- Picnic area
- Dog waste bin
- Viewpoint
- Ancient monument
- Arboretum
- Forest road
- Public right of way
- National Cycle Network Route 41

0 200 400 600m

Bike skills area

Greenwood barn

Cheers, Drive

Yer Tiz Trail

Bomb Crater

Keener Loop

River Avon Trail

Forestry England office

Gate house

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Gurt Lush

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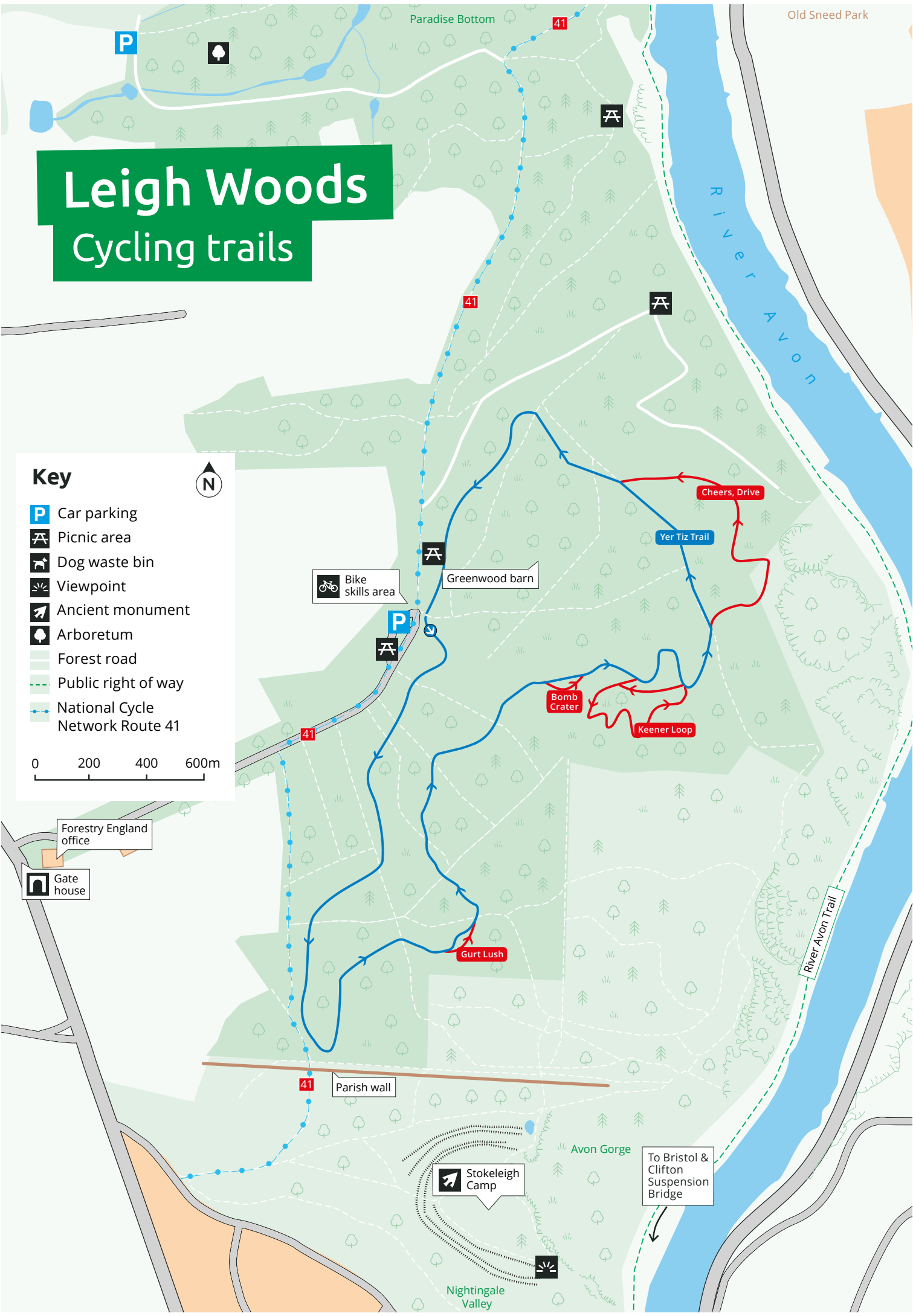
Parish wall

Stokeleigh Camp

Avon Gorge

To Bristol & Clifton Suspension Bridge

Nightingale Valley





Forestry England

Cycling trails at Leigh Woods

With rides for all the family and challenging experiences galore, we have a trail for you.

Waymarked trails

Yer Tiz Trail —

■ Grade: **Moderate (blue)**
3.6 km (2.24 miles) One way

This accessible blue grade mountain bike trail is a fun and flowy ride featuring berms, rollers, drops, and climbs.

Gurt Lush —

▲ Grade: **Difficult (red)**
0.1km (0.06 mile) One way

A short, technical loop to challenge advanced off-road riders before rejoining Yer Tiz.

Bomb Crater —

▲ Grade: **Difficult (red)**
0.05km (0.03 mile) One way

A short detour around the edge of a bowl-shaped feature.

Keener Loop —

▲ Grade: **Difficult (red)**
0.3km (0.2 mile) One way

Test your skills with more advanced drops, rock gardens, and rollers.

Cheers, Drive —

▲ Grade: **Difficult (red)**
0.6km (0.37 mile) One way

An easygoing red loop with variable surfaces and more technical features.

! The forest is shared with walkers and other visitors, please ride carefully.
No electric motorbikes or scooters.

Emergency info

Key location: Leigh Woods, BS8 3QB
Nearest access road: A369
Grid ref: SS 5528 7401
What3words: ///stick.slice.feel
Nearest A&E hospital: Bristol Royal Infirmary, Upper Maudlin St, Bristol BS2 8HW
T: 0117 342 1000
In case of an emergency call 999 or 112. Inform Forestry England
T: 0300 067 4800

Forest code

- Protect and respect wildlife, plants and trees.
- Guard against all risks of fire.
- Keep dogs under control.
- Take your litter home.
- Make no unnecessary noise.
- Take only memories away.
- The forest is for everyone. Please be aware of other visitors.

Cycling safely

Plan ahead

- Use the right bike and appropriate safety gear, and check they're safe to use. Always wear a helmet and gloves.
- Don't rely on others; make sure you can get back safely.
- Know your location if you need to call for help.

Stay in control

- Ride within your ability.
- Expect the unexpected.
- Look first: only tackle jumps and other challenges if you're sure you can do them.
- Off-road cycling carries inherent risks. Consider your skills, ability, and fitness, and use these guidelines in conjunction with your own experience and careful judgement.

Ride responsibly

- Take care around other visitors, dogs and horses.
- Dogs are not allowed on cycling trails, except for shared use trails.
- Motorbikes and quadbikes are not allowed.
- Routes may change due to forestry work. Follow all warning signs and diversions.
- If a vehicle is loading timber, always wait for the driver to let you past.

How our cycling trails are graded

Green Easy	Expect: Relatively flat, wide and smooth trails. May include gentle climbs, descents, rollers and berms, with easy to avoid features such as rocks and potholes. Surface might be loose, uneven or muddy at times.
Blue Moderate	Expect: A mixture of climbs and descents with moderate gradients, technical features like tree roots and rock steps; jumps and berms. Rollable features at controlled speed. Variable surfaces.
Red Difficult	Expect: A mixture of steep climbs, descents and/or avoidable features. Larger jumps, berms and rollable features at controlled speed. Technical features such as tree roots, drop-offs and large rocks. Very variable surfaces.
Black Severe	Expect: Long, steep climbs, descents and jumps. Numerous hazards including drop-offs, sharp corners and difficult features. Rapid rate of surface change. Commitment required.
Double-black Extreme	Expect: Very fast and steep descents. Large drop-offs, jumps and unavoidable obstacles that require high levels of skill and commitment. Extreme level of exposure or risk. Rapid rate of surface change.

Forest road & similar	Expect: Gradients can be steep or variable. Surfaces may be uneven, loose or potholed. Navigation skills are useful (routes not always waymarked). Look out for vehicles, forestry work and other visitors.
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