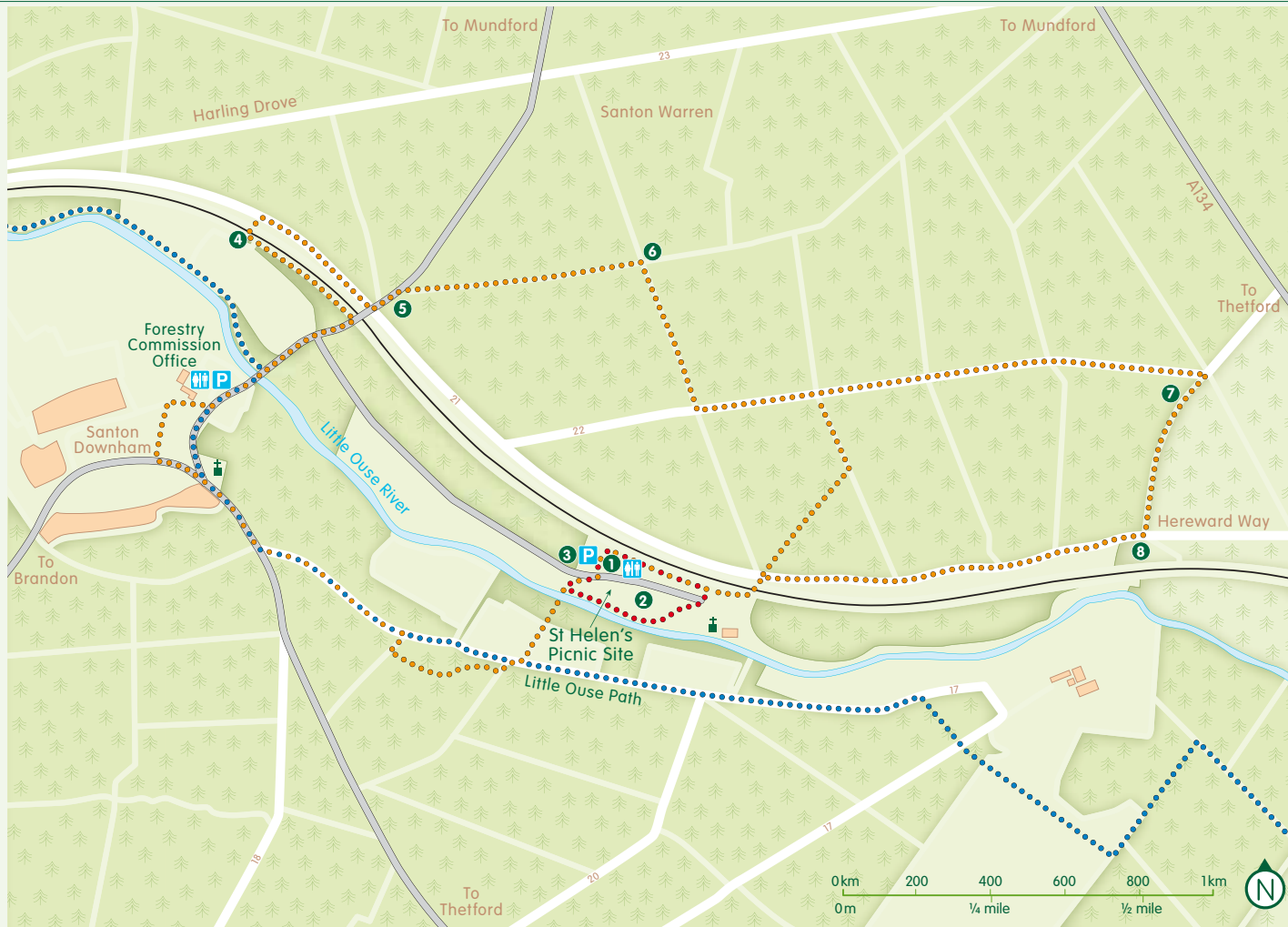


Explore St Helen's Picnic Site



St Helen's Picnic Site, Santon Downham - The 5 mile circular walk takes you through the forest Nature Reserve and across the Little Ouse river.

Interesting information on the history and wildlife of this area can be found on eight panels around the walk. The walk can be started from St Helen's Picnic Site or Santon Downham. The easy access trail at St Helen's Picnic Site is one and a half miles long and follows the river for part of its route. It is suitable for wheelchairs and buggies.



Top: Snowdrops at Santon Downham



Right: Nightjar on nest

Key

- Parking
- Toilets (summer only)

Trails

- Red Trail
Easy Access
- Orange Trail
5 mile circular trail
- Blue Trail
Brandon to Thetford
10 miles

Information Panels

- 1 Welcome to St Helen's Picnic Site
- 2 Medieval Santon
- 3 Breckland flora
- 4 Little Ouse Meadows
- 5 Santon Warren - Heathland for the future
- 6 Rare birds of the forest
- 7 Blood Hill - Prehistoric burial mound
- 8 St Helen's Church and Holy Well

Local Forestry Commission Office:
Forestry Commission East of England, Santon Downham, Brandon, Suffolk IP27 0TJ
T 01842 810271 email enquiries.eanglia@forestry.gsi.gov.uk

www.forestry.gov.uk

Catch Designs, March 2010.

Follow the Forest Code

- Guard against all risks of fire.
- Protect and respect wildlife, plants and trees.
- Keep dogs under control.
- Take your litter home.
- Make no unnecessary noise.
- Take only memories away.



Forestry Commission woodlands have been certified in accordance with the rules of the Forest Stewardship Council.
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