

New Forest Cycling Guide

The New Forest is a world capital for wildlife and a working landscape with commoning and forestry operations all year round.

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to find
out more



Know where to go



Use a map to check and plan your route.



Stay on the waymarked network marked with wooden posts.



Avoid the smaller, narrow pathways made by animals – using these can cause real damage to wildlife and nature.



Thank you and enjoy your ride.

Be aware and be safe



Be prepared to stop quickly – other cyclists, walkers, horse-riders and free-roaming animals can be on the tracks at any time.



Obey all safety and diversion signs – some tracks may be temporarily closed for safety reasons.



Keep to a safe speed – look out for potholes, uneven surfaces, and cattle grids.



Take care at underpasses – make sure they are clear and safe before entering.



Watch out for large forestry and farm vehicles on the tracks.

Look out and look after



Pass forest animals and horse-riders wide and slow.



Use your bell or call out a warning when passing other people – allow them plenty of room.



Take litter home.



Close gates behind you.



Respect the tranquillity of the Forest.



Forestry England

