





Lady Hill Orienteering Course

Welcome to Cannock Chase Forest Orienteering courses.
They have been planned by Walton Chasers orienteering club, in association with Forestry England.

Orienteering is a sport where participants navigate on foot using a special map (and optional compass) to find fixed points, or controls. These are marked on the map within the circles.

Cannock Chase is a working Forest and the orienteering course have been planned to maximise enjoyment of the forest, to keep you safe and avoid disturbing sensitive wildlife.

Maps are available from our Forestry England Welcome Point and off our website, for free.

Always check the local Forestry England webpages before visiting, as the course or forest may be closed for Forest Operations and extreme weather events.

Courses are colour coded, and increase in length and technical difficulty (TD), with white (TD1) being the easiest and light green (TD4) being the toughest course offered here at Birches Valley.

Light Green	Orange	Yellow	White	Course	
4	ω	2	1	Technical Difficulty	
2.2 miles 3.54 km	1.4 miles 2.25 km	1.0 miles 1.5 km	0.6 miles 1.0 km	Minimum Distance	
28 mins	28 mins	20 mins	12 mins	Approx. Walking Time	
14 mins	14 mins	10 mins	6 mins	Approx. Running Time	

Orienteering maps have a special key, and it is important to take time to learn the map colours and symbols. Map colours are suggestive of how easy it is to pass through that part of the forest, white is open and runnable, dark green means impenetrable.

On the map, the start is shown as a red triangle and the finish is shown as a double red circle on the map. You must visit the control points in the order listed on this sheet.

At each control point is a wooden post (1m tall) with an orange and white square plate affixed, with a two letter code for you to input onto your table (to the right). Each control post has corresponding control location description.

Orange Course 1.4 miles – 2.25 km 14-28 mins

Version 4 – Updated January 2023

This course starts outside Go Ape and finishes near the play area. The map is 1:5000 scale, which means 1 cm on the map equals 50 metres on the ground.

Number Description Je Start Near Go Ape 2 Boundary Stone 3 Path junction 11 Path Junction 16 Path Junction 19 Path Junction 15 Thicket, S side 5 Path Junction 7 Path Junction 7 Path Junction 17 Path Junction 18 Path Junction 19 Path Junction 19 Path Junction 10 Path Junction 11 Path Junction 12 Path Junction 13 Path Junction 14 Path Junction													7
Near Go Ape Boundary Stone Path Junction Thicket, S side Path Junction Thicket, T S side Path Junction Path Junction Path Junction Path Junction Path Junction Inst.	Double Circle	9	ω	7	6	თ	4	ω	2	_	Triangle	Order on Map	
	Finish	7	თ	15	19	16	17	11	ယ	2	Start	Post Number	
Code	175 m from last control to finish.	Path Junction	Path Junction	Thicket, S side	Path Junction	Boundary Stone	Near Go Ape	Description					
											7	Letter Code	

Why not join Walton Chasers Orienteering Club. www.walton-chasers.co.uk www.forestryengland.uk/cannock-chase-forest/orienteering-cannock-chase