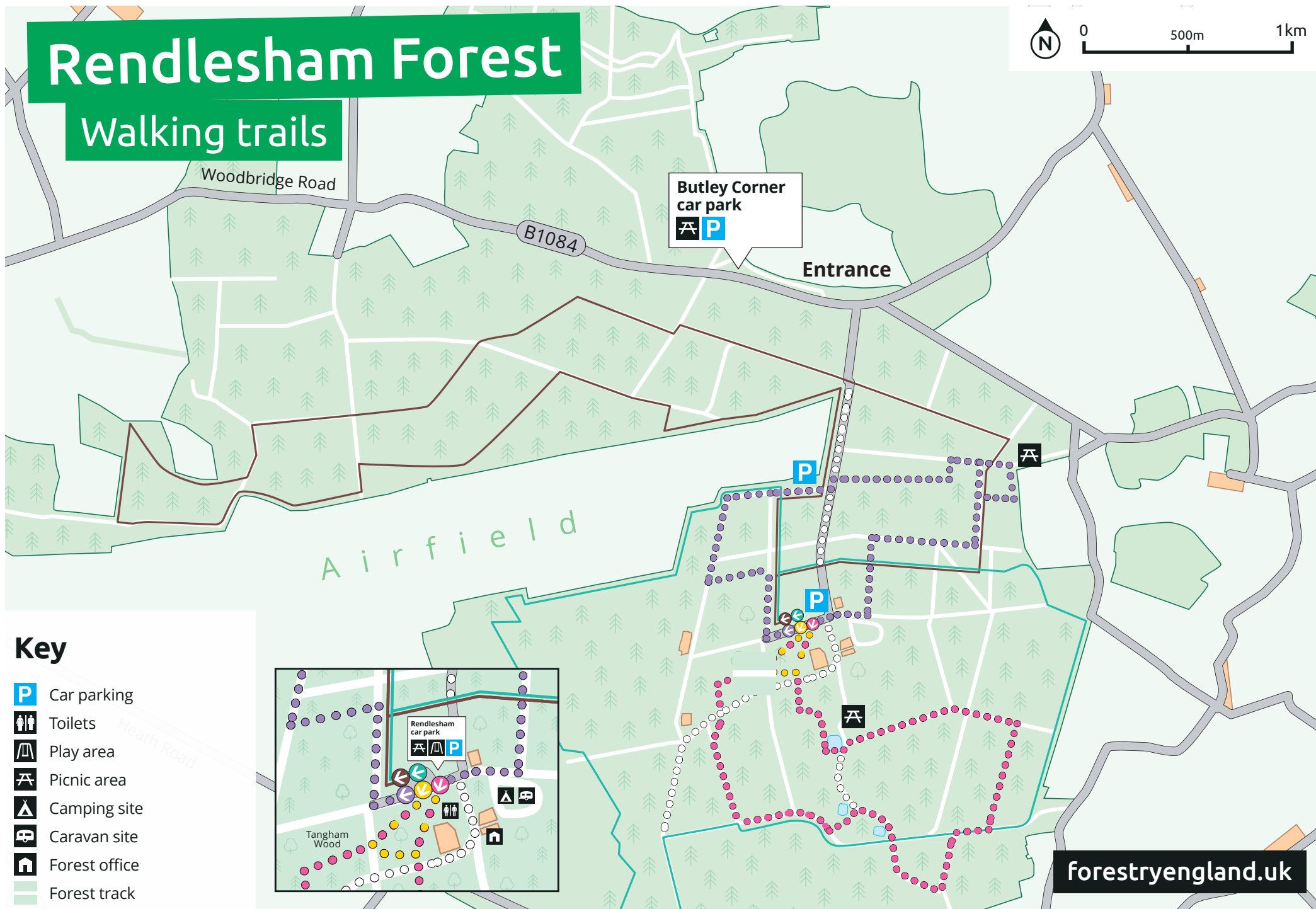


Rendlesham Forest

Walking trails



Key

- Car parking
- Toilets
- Play area
- Picnic area
- Camping site
- Caravan site
- Forest office
- Forest track



Forestry England

Walking and cycling trails at Rendlesham Forest

Walking trails

Easy-access trail ●●●

1.2 km (0.75 miles)

Phoenix Trail ●●●

5 km (3 miles) (Shortcut ○○○)

These trails are named after the recovery from the great storm of 1987. Both trails start from the car park. There is a shortcut for the longer trail, denoted by white waymarkers. The longest trail takes you through conifer plantations, heathland and wetland areas. Each walk allows you to see the unique flora and fauna of the Sandlings.

UFO Trail ●●●

5 km (3 miles)

For more information, pick up a UFO Trail leaflet from the forest centre.

Cycling trails

Tang Trail ●●●

9.5 km (7 miles) (Shortcut ○○○)

Grade: **Forest road**

This shorter trail, named after the river Tang, has a shortcut indicated by white waymarkers.

FIDO Trail ●●●

16 km (10 miles) (Shortcut ○○○)

Grade: **Forest road**

This longer trail is named after the WWII 'Fog Investigation and Dispersal Operation'. It allowed a total of 4,200 Allied aircraft to make emergency landings at Woodbridge airfield, saving many lives. This trail also has a waymarked shortcut.

How our cycle trails are graded

Green Easy ●	Blue Moderate ■	Expect: A mixture of climbs and descents with moderate gradients, technical features like tree roots and rock steps; jumps and berms. Rollable features at controlled speed. Variable surfaces.	Red Difficult ▲	Black Severe ◆	Double-black Extreme ◆◆
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Forest road & similar	Expect: Gradients can be steep or variable. Surfaces may be uneven, loose or potholed. Navigation skills are useful. Look out for vehicles, forestry work and other visitors.
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Emergency info

Name of key location:

Alice Holt Forest car park
Grid ref: SU808414

Nearest access road:

Dockenfield Street

In case of an

emergency, call 999

Inform Forestry England
on 0300 067 4600

Hospital with A&E unit:

Royal Surrey County Hospital,
Egerton Road, Guildford, Surrey
GU2 7XX
T: 01483 571122

The forest code

- Protect and respect wildlife, plants and trees.
- Guard against all risks of fire.
- Keep dogs under control.
- Take your litter home.
- Make no unnecessary noise.
- Take only memories away.
- The forest is for everyone. Please be aware of other visitors.

Join today

As a member you'll be supporting Rendlesham Forest and get free onsite parking, forest updates and discounts.

**forestryengland.uk/
membership**