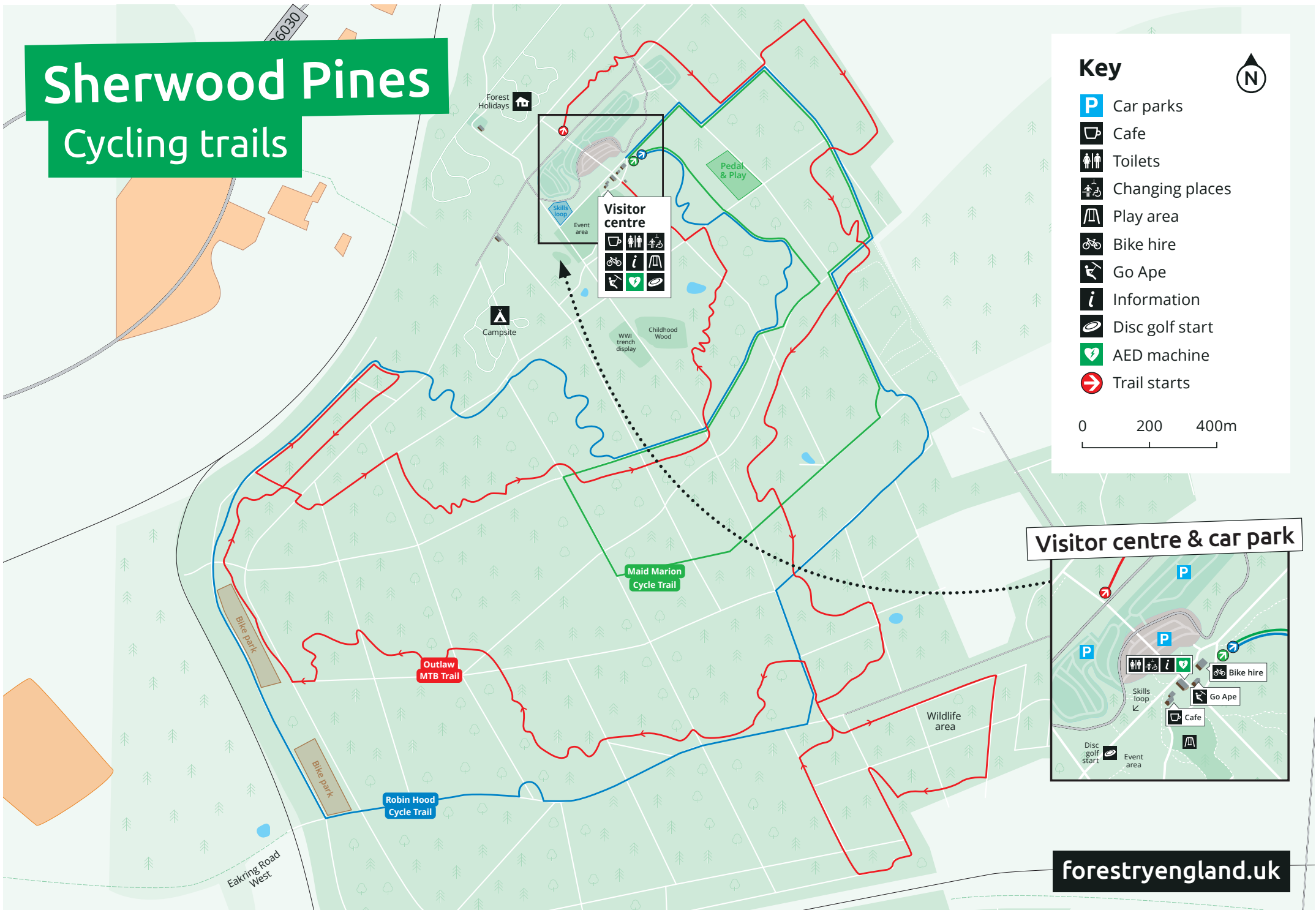


# Sherwood Pines

## Cycling trails

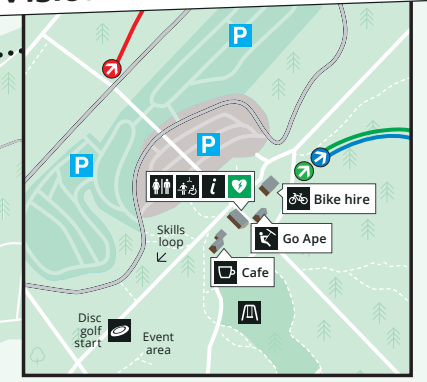


### Key

- Car parks
- Cafe
- Toilets
- Changing places
- Play area
- Bike hire
- Go Ape
- Information
- Disc golf start
- AED machine
- Trail starts

0 200 400m

### Visitor centre & car park



[forestryengland.uk](http://forestryengland.uk)

# Cycling trails at Sherwood Pines

Our cycling trails are a great way to explore the forest.

## Pedal & Play

- Grade: **Green Easy**

A mountain bike play trail to help novice riders build off-road cycling skills. Tackle each of the challenges and watch their confidence grow! There's also a cycle-themed play area to explore.



Sections of cycling trails are shared with walkers, so please consider other visitors.

## Maid Marion Cycle Trail

- Grade: **Green Easy**  
7km (4½ miles)

This trail is ideal for the whole family, or if you've just starting mountain biking. Explore the forest and its mixture of trees, and take a well-deserved break at a picnic spot along the way. The trail is largely flat and wide, with a gentle climb back to the visitor centre. The surface is mostly smooth, but during cooler months can be muddy in places. Follow the green waymarkers.

## Robin Hood Cycle Trail

- Grade: **Blue Moderate**  
14km (8½ miles)

This trail is a gem waiting to be discovered. The surface is generally smooth, but expect rough, uneven sections and muddy areas during winter months. With its flowing singletrack, gentle berms, rollers and gradual climbs, it's the perfect way to take the next step on your mountain bike journey.

## Outlaw MTB Trail

- ▲ Grade: **Red Difficult**  
13km (8 miles)

This fast route may lack elevation, but the berms, rollers, and mix of rocks and roots give the trail its red (difficult) grade. It's a challenge at any time of year as it flows through the forest, linking broadleaf and pine woodland with heathland and open areas.

# Join today

As a member you'll be supporting Sherwood Pines and get free onsite parking, forest updates and discounts.

[forestryengland.uk/membership](https://forestryengland.uk/membership)

## Emergency info

**Key location:** Sherwood Pines, Kings Clipstone, Mansfield, Nottinghamshire NG21 9JL

**Grid ref:** SK 611 636

**Nearest access road:** A614 or B6030

**Nearest phone:** Clipstone

**Defibrillator (AED):** on the front wall of the information point

**Nearest A&E hospital facilities:**

Kings Mill Hospital, nr Mansfield (approx 7 miles): T: 0162 362 2515

**In an emergency call 999.**

Inform Forestry England  
T: 0300 067 4340

## Forest code

- Protect and respect wildlife, plants and trees.
- Guard against all risks of fire.
- Keep dogs under control.
- Take your litter home.
- Make no unnecessary noise.
- Take only memories away.
- The forest is for everyone. Please be aware of other visitors.

## Cycling safely

### Plan ahead

- Use the right bike and appropriate safety gear, and check they're safe to use. Always wear a helmet and gloves.
- Don't rely on others; make sure you can get back safely.
- Know your location if you need to call for help.

### Stay in control

- Ride within your ability.
- Expect the unexpected.
- Look first: only tackle jumps and other challenges if you're sure you can do them.
- Off-road cycling carries inherent risks. Consider your skills, ability, and fitness, and use these guidelines in conjunction with your own experience and careful judgement.

### Ride responsibly

- Take care around other visitors, dogs and horses.
- Dogs are not allowed on cycling trails, except for shared use trails.
- Motorbikes and quadbikes are not allowed.
- Routes may change due to forestry work. Follow all warning signs and diversions.
- If a vehicle is loading timber, always wait for the driver to let you past.

## How our cycling trails are graded

|    |                             |  |
|----|-----------------------------|--|
| ●  | <b>Green Easy</b>           | <b>Expect:</b> Relatively flat, wide and smooth trails. May include gentle climbs, descents, rollers and berms, with easy to avoid features such as rocks and potholes. Surface might be loose, uneven or muddy at times.              |
| ■  | <b>Blue Moderate</b>        | <b>Expect:</b> A mixture of climbs and descents with moderate gradients, technical features like tree roots and rock steps; jumps and berms. Rollable features at controlled speed. Variable surfaces.                                 |
| ▲  | <b>Red Difficult</b>        | <b>Expect:</b> A mixture of steep climbs, descents and/or avoidable features. Larger jumps, berms and rollable features at controlled speed. Technical features such as tree roots, drop-offs and large rocks. Very variable surfaces. |
| ◆  | <b>Black Severe</b>         | <b>Expect:</b> Long, steep climbs, descents and jumps. Numerous hazards including drop-offs, sharp corners and difficult features. Rapid rate of surface change. Commitment required.  |
| ◆◆ | <b>Double-black Extreme</b> | <b>Expect:</b> Very fast and steep descents. Large drop-offs, jumps and unavoidable obstacles that require high levels of skill and commitment. Extreme level of exposure or risk. Rapid rate of surface change.                       |

|   |                                  |  |
|---|----------------------------------|--|
| ■ | <b>Forest road &amp; similar</b> | <b>Expect:</b> Gradients can be steep or variable. Surfaces may be uneven, loose or potholed. Navigation skills are useful (routes not always waymarked). Look out for vehicles, forestry work and other visitors. |
|---|----------------------------------|--|

