

Sherwood Pines

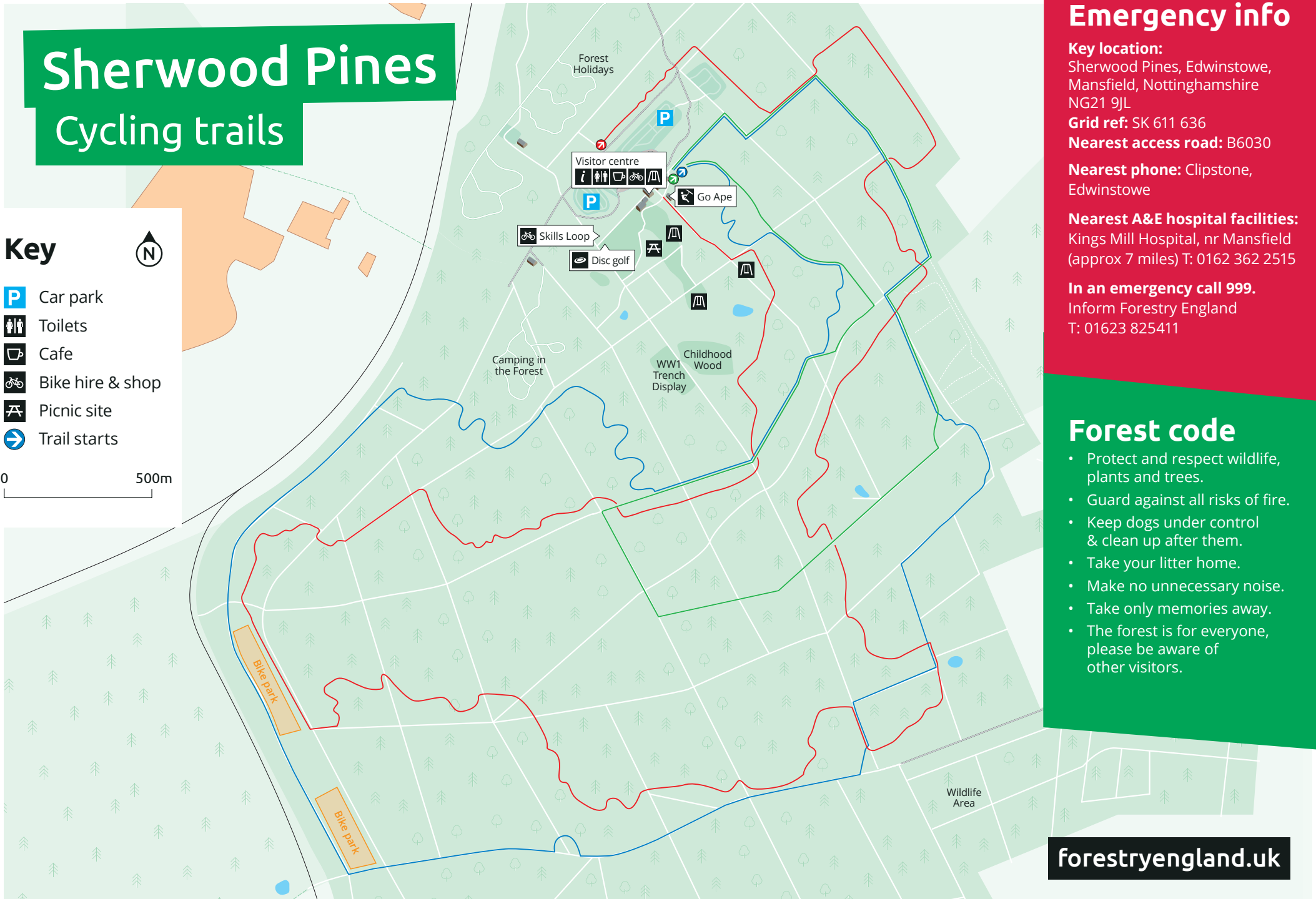
Cycling trails

Key



- Car park
- Toilets
- Cafe
- Bike hire & shop
- Picnic site
- Trail starts

0 500m



Emergency info

Key location:

Sherwood Pines, Edwinstowe,
Mansfield, Nottinghamshire
NG21 9JL

Grid ref: SK 611 636

Nearest access road: B6030

Nearest phone: Clipstone,
Edwinstowe

Nearest A&E hospital facilities:

Kings Mill Hospital, nr Mansfield
(approx 7 miles) T: 0162 362 2515

In an emergency call 999.

Inform Forestry England
T: 01623 825411

Forest code

- Protect and respect wildlife, plants and trees.
- Guard against all risks of fire.
- Keep dogs under control & clean up after them.
- Take your litter home.
- Make no unnecessary noise.
- Take only memories away.
- The forest is for everyone, please be aware of other visitors.

forestryengland.uk



Forestry England

Cycling trails at the Sherwood Pines

Some of the best off-road cycling in the East Midlands!

Maid Marion Trail

● **Grade: Easy (green)**
6.4 km (4 miles)

This four mile loop provides a great introduction to the forest, combining both quiet forest roads with off-road trails and taking in a variety of habitats and views.

The Robin Hood Trail

■ **Grade: Moderate (blue)**
11.2 km (7 miles)

The seven mile loop starts and finishes on the Maid Marion trail but provides the chance to experience off-road trails and to progress skills and fitness levels. It's unsurfaced and may be rough and uneven. Suitable for mountain bikes only.

Skills Loop

■ **Grade: Moderate (blue)**

Learn skills and build up your confidence in our MTB Skills Loop.

The Outlaw Trail

▲ **Grade: Difficult (red)**
13km (8 miles)

This fast, unsurfaced singletrack trail loops around the forest taking in exciting terrain and provides a physical and mental challenge. This trail is suitable for mountain bikes only and requires a high level of skill and fitness. Starting from the back of Nightjar and Goshawk car parks.

Bike Park

◆ **Grade: Severe (black)**

For the more adventurous mountain biker, check out the bike park with its downhill trails and dirt jump area. Safety gear must be worn at all times and always cycle within your abilities.

Join today

As a member you'll be supporting the nation's forests and get free onsite parking, forest updates and discounts.

forestryengland.uk/membership

Cycling safely

Plan ahead

- Use the right bike and appropriate safety gear, and check they're safe to use. Always wear a helmet and gloves.
- Don't rely on others; make sure you can get back safely.
- Know your location if you need to call for help.

Stay in control

- Ride within your ability.
- Expect the unexpected.
- Look first: only tackle jumps and other challenges if you're sure you can do them.
- Off-road cycling carries inherent risks. Consider your skills, ability, and fitness, and use these guidelines in conjunction with your own experience and careful judgement.

Ride responsibly

- Take care around other visitors, dogs and horses.
- Dogs are not allowed on cycling trails, except for shared use trails.
- Motorbikes and quadbikes are not allowed.
- Routes may change due to forestry work. Follow all warning signs and diversions.
- If a vehicle is loading timber, always wait for the driver to let you past.

How our cycling trails are graded

Green Easy	Expect: Relatively flat, wide and smooth trails. May include gentle climbs, descents, rollers and berms, with easy to avoid features such as rocks and potholes. Surface might be loose, uneven or muddy at times.
Blue Moderate	Expect: A mixture of climbs and descents with moderate gradients, technical features like tree roots and rock steps; jumps and berms. Rollable features at controlled speed. Variable surfaces.
Red Difficult	Expect: A mixture of steep climbs, descents and/or avoidable features. Larger jumps, berms and rollable features at controlled speed. Technical features such as tree roots, drop-offs and large rocks. Very variable surfaces.
Black Severe	Expect: Long, steep climbs, descents and jumps. Numerous hazards including drop-offs, sharp corners and difficult features. Rapid rate of surface change. Commitment required.
Double-black Extreme	
Forest road & similar	Expect: Gradients can be steep or variable. Surfaces may be uneven, loose or potholed. Navigation skills are useful. Look out for vehicles, forestry work and other visitors.