

In tune with nature

In a world reliant on technology, this summer we invite you to switch off...

It's understandably hard to switch off from 'outside noise' created by technology, often producing an overwhelm that we don't even know is there.

So, why not spend today focusing on you. Follow the In Tune with Nature trail; explore the wonder of trees through all the senses, and reconnect with the positive power these gentle giants can have on our lives.

The arrow showing the direction of the trail is point towards the right.