Grizedale
the UK’s first forest for sculpture

Explore over two thousand hectares of beautiful woodland set in the heart of the Lake District World Heritage Site.

Since 1977 the Forestry Commission has worked with a number of partner organisations and international artists including the Grizedale Society who initiated the development of sculptures in the forest with us. Other collaborations have included Grizedale Arts, MUF Architecture and Greyworld adding to our internationally renowned collection of site specific sculpture. This is a forest for art, adventure, nature and people, sustainably managed by the Forestry Commission for all to enjoy.

General
Kendal: Westmorland
T: 01229 870870
Barrow in Furness: Furness General
T: 01228 732288
Nearest public phone: Satterthwaite village (by the pub) SD 339 922. In case of an emergency call 999. Inform the Forestry Commission: 0300 067 4270 / 0300 067 4495.

Defibrillator located at visitor centre

Emergency info
Name & grid ref for key locations:
Grizedale Centre: SD 336 944
Moor Top Car Park: SD 343 945
Nearest access road: Grizedale is signed from the minor road just past Hawkshead Primary School between Hawkshead (B5293) and Newby Bridge (A590).

Nearest A&E hospital facilities: Barrow in Furness: Furness General
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Grizedale walks

Follow the Forest Code
- Guard against all risks of fire.
- Protect and respect wildlife, plants and trees.
- Keep dogs under control & tidy after them.
- Make no unnecessary noise.
- Take only memories away.

Trail information

From the visitor centre

- **Millwood Trail**
  - Short trail: Grade: Easy
  - 1km (0.75 miles), 45 mins
  - Long trail: Grade: Moderate
  - 2.5km (1.5 miles), 1 hour
  - A short introduction to the forest as you walk under the Go Ape course and alongside some of the oldest trees at Grizedale (many over 100 years old).

- **Carron Crag Trail**
  - Grade: Strenuous
  - 5km (3 miles), 2 hours
  - Aim for the highest point in Grizedale (314m)! Then why not enjoy a well-earned picnic at the top whilst taking in panoramic views of Coniston Old Man and the Central fells.

From The Yan

- **Ridding Wood Trail**
  - Grade: Easy access surfaced trail
  - 1.5km (1 mile), 45 mins
  - The shortest and easiest trail at Grizedale through some unusual and arable trees as well as beautiful oak woodland.

- **Grizedale Tarn Trail**
  - Grade: Moderate
  - 5.5km (3.5 miles), 2 hours
  - On this trail you will see some of the newest sculptures and discover Grizedale Tarn, the only natural tarn in the forest.

- **Silurian Way**
  - Grade: Strenuous
  - 14km (9 miles), 5 hours
  - The ultimate Grizedale walk! A grand tour of the forest with many different artworks and views along the way.

From Bogle Crag car park

- **Bogle Crag Trail**
  - Grade: Moderate
  - 4km (2.5 miles), 1½ hours
  - A short walk with views over Coniston Water, the lake famous for the Bluebird Water speed record.

From Blind Lane car park

- **High Bowkerstead Trail**
  - Grade: Strenuous
  - 6.5km (4 miles), 2½ hours
  - Tackle the steep climbs and you’ll see ‘Last Rays of an English Rose’ by Keir Smith and ‘Stone Forest’ by Kimmo Tsuchiya along the way.

From Machell’s Coppice car park

- **Machell’s Coppice Trail**
  - Grade: Strenuous
  - 2.5km (1.5 miles), 1 hour
  - A short walk with views over Coniston Water, the lake famous for the Bluebird Water speed record.

Waymarkers

- **Cafe**
- **Picnic area**
- **Viewpoint**
- **Fence track**
- **Bridleway**
- **Footpath**
- **Camping**
- **Sculptures**

Visit us on Facebook at Grizedale Forest