



## What to take to the forest

**Time to complete:** 25 minutes

**Recommended for:** EYFS, KS1

**EYFS statutory framework links:**

Communication and language

Understanding the world

**National curriculum links:**

**Science:** Animals, including humans

**English:** Spoken language

### You will need

- Rucksack and contents
- Teddy
- Copies of pupils' worksheet
- Pencils



### Introduction

This activity will help your class prepare for a visit to the forest by helping them decide what to take with them.

### Rucksack challenge



### Rucksack contents

Before starting your session, pack an empty rucksack for a teddy bear with items such as: coat, playdough, lunchbox, hat, chocolate bar, water bottle, toy, gloves.

- 1 Explain that Teddy is going on a trip to the forest and your pupils need to help to make sure that Teddy packs the right things into the rucksack. Pull the items out of the rucksack one by one and ask your pupils to decide which ones Teddy needs to pack and which ones can be left behind.
- 2 Discuss the reasons why some of the items, such as food, water and clothing are more important than playdough or toys.
- 3 Talk about what your pupils will need to take with them to the forest.



Forestry England

For pupils



Write or draw what you would take to the forest in your rucksack.

