

front cover

Whinlatter WildPlay

Explore the WildPlay Trail & find mountains of climbing, sliding, water & much more!

Whinlatter

Mountains of forest, trails, wildlife, views & adventure...

Discover Whinlatter

Welcome to Whinlatter, England's only mountain forest.

You'll find rewarding walks offering breathtaking views over Derwentwater, Bassenthwaite Lake and across the Helvellyn and Skiddaw ranges. Whinlatter is also home to a wealth of wonderful wildlife including ospreys and red squirrels, so keep a look out on your walk through the forest.

Visitor centre, Forest Shop & Siskins Cafe



Watch siskins and other birds feed outside the cafe!

Start your visit at the **visitor centre & shop** where our friendly staff can help you plan your day and offer advice on our trails and activities. **Open** 10am–5pm in summer and 10am–4pm in winter.

Siskins Cafe is the perfect place for refuelling after your walk. Choose from a coffee and cake or a hot meal, all freshly prepared from locally sourced ingredients. **Cafe open:** 10am–5pm daily.

Wonderful wildlife



Whinlatter is a haven for wildlife. Watch out for **red squirrels** as you walk through the forest.

Ospreys breed in the summer and you can find out more about them and other wildlife in the interpretation area.

Adventures & activities



Go Ape!

Explore and learn more about the forest on our **children's activity trails**. Maps are available from the visitor centre.

Big kids, and adults too, can test their adventurous side on the highest **Go Ape** in the country! **Booking line:** 0845 0948634

Emergency info

Name of key location: Whinlatter Forest, Whinlatter Pass, Braithwaite CA12 5TW. **T: 01768 778 469**
OS Grid ref. NY 209245
Nearest access road: Whinlatter Pass B5292, between Keswick and Lorton.

H A&E **Nearest A&E hospital facilities:** Whitehaven. **T: 01946 693 181**

Nearest Minor Injury Unit: Keswick (minor injuries only) **T: 01768 245 678**

☎ **Nearest phone:** In Whinlatter Visitor Centre during open hours. Emergency use only.

☎ **If mountain rescue required call 999.** Ask for Cumbria Police, then ask for Keswick Mountain Rescue. Use our junction markers **1** to pinpoint your location. Inform the Forestry Commission. **T: 017687 78469**

Defibrillator located at the visitor centre.

Discover the freedom of the Forests with a Discovery Pass

Get free parking at Whinlatter forest, plus savings, discounts and lots more. **Join online at forestry.gov.uk/pass**



back cover

Whinlatter

Walking trails

There's mountains of walking trails here at **Whinlatter Forest**. With unrivalled views across the Lakes, we've got miles of surfaced trails and tracks for you to explore.



Trail information

Starting from the visitor centre

Two Gills Trail ●●●

Grade: moderate
2.8km (1.75 miles) Allow 1½ hours
 The spectacular views along this trail make it very popular and it largely follows the forest road network so it's not difficult to negotiate. It crosses both Black Gill and Comb Gill as they flow down the mountain slopes to Bassenthwaite Lake below.

Comb Beck Trail ●●●

Grade: moderate
2.8km (1.75 miles) Allow 1½ hours
 Staying mainly off forest roads, this trail winds through glades and beside streams and landscape features. As the trail follows Comb Gill, keep a look out for the ancient sheepfold and disused dam, which once provided a source of power for the mines deep in the mountain below.

Seat How Summit Trail ●●●

Grade: strenuous
5.75km (3.5 miles) Allow 3 hours
 This circular walk shows you why Whinlatter is England's only true mountain forest. It takes in spectacular views of both Derwentwater and Bassenthwaite Lake, as well as the Skiddaw and Helvellyn mountain ranges, which are some of the highest in England. Climbing to 500m through forest and heather moorland, this trail is one of the treasures of Whinlatter.

Lord's Seat and Barf

Grade: strenuous
8km (5 miles) Allow 4 hours
 Follow junction markers
 This rewarding route crosses the forest boundary onto open fell, and gives some breathtaking views of Bassenthwaite Lake and the surrounding fells. From the visitor centre, access via junctions 2, 3, 5 and 23 leading to the summit of Lord's Seat. Return to the centre via Barf and junctions 21, 8, 9, 10 or 11.

Grisedale Pike

Grade: strenuous
5.6km (3.5 miles) Allow 4 hours
 Access to Grisedale Pike can be gained from various points throughout the forest. Please ask in the visitor centre for advice on planning the best route.

Starting from Revelin Moss car park

Revelin Moss Trail ●●●

Grade: easy
1.6km (1 mile) Allow 1 hour
 The mighty Grisedale Pike towers above Revelin Moss and gives a dramatic backdrop to some of the easiest walking in the forest.

Starting from Noble Knott car park

Noble Knott Heavy Sides Trail ○○○

Grade: moderate
2.5km (1.5 miles) Allow 1½ hours
 This trail is one of contrasts. The start takes you through some of the mighty oak trees typical of the lower slopes of the forest adjacent to Masmill Beck. The trail then climbs through coniferous woodland traversing the forest boundary along Heavy Sides, before returning to the car park via an area of mature mixed woodland.

Noble Knott Masmill Beck Trail ●●●

Grade: moderate
2km (1.25 miles) Allow 1 hour
 The quiet picnic site and car park at Noble Knott is the perfect place to begin this gentle circular route. As it meanders through the ancient oaks at Noble Knott, it eventually finds the forest road and returns to the car park taking in some fabulous views of Bassenthwaite Lake.

Words in the Woods Trail ●●●

Grade: moderate
2.5km (1.5 miles) Allow 1½ hour
 Follow this circular trail through mature woodland and into newly planted native woodland areas. Waymarked posts are inset with thoughtful, poetic and sometimes humorous quotes about trees. A guide leaflet is available from the visitor centre.

Orienteering and children's trails maps are available from the visitor centre.

Waymarkers

Key

Follow the forest code



Walking trail & Junction markers



Biking trail



Public bridleway



Public footpath



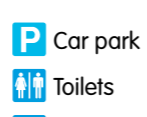
Forest road



Bridleway



Footpath



Car park



Toilets



Easy access



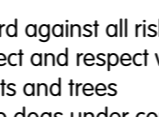
Cyclewise



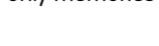
Picnic area



Viewpoint



Refreshments



Junction marker



Play area



- Guard against all risks of fire
- Protect and respect wildlife, plants and trees
- Keep dogs under control
- Take your litter home
- Respect the quiet of the forest
- Take only memories away.