



Whinlatter Forest

Running trails



2.5km Running Route ●●● (with extension loop to 4km)

This gentle undulating route takes you around Revelin Moss. Running next to Grisedale Gill you'll make your way back to the start through a mix of young broadleaf trees. The optional extension loop adds an extra challenge as you climb around Sanderson Gill.

5km Running Route ●●●

A challenging circular route which has a mini loop at the top. Running on wide forest roads with one short section on a forest path, there are spectacular views to Derwentwater, Keswick, Skiddaw and the surrounding mountains. After lots of climbs you will be rewarded with a long gentle descent all the way to the finish.

5km Running Route ●●●

Starting on the south side of the forest, this route is a little gentler than our infamous pink 5km route. This run has challenges, but the hills are not as long or as steep. Along the route you'll glimpse the edge of Bassenthwaite Lake.

10km Running Route ●●●

This circular route takes you through the quieter parts of Whinlatter Forest on a mix of forest roads & paths. You'll climb through the forest and then be rewarded with a fun downhill section. As your legs recover you'll venture into the south side of the forest where a second big climb passes through mature conifers, eventually heading downhill leading you back to the visitor centre.

Half marathon Running Route ●●● (21km)

This strenuous half marathon route will take you on a journey that showcases all Whinlatter has to offer. The first half of this trail follows the 10km route. After Revelin Moss you'll take the forest road towards Hobcarton. You'll then climb up the forest track towards Darling How. At Tarbarrel Moss (approx 10 miles) there is a shortcut back to the visitor centre should you need it. If not, continue following the signs, making your way round the open moorland of Ullister Hill where Lords Seat presents itself to the left. The footpath leads you back to the forest road and a fantastic downhill section that will take you back to where you started.

- Key**
- Parking
 - Cafe
 - Toilets
 - Easy-access toilets
 - Play area
 - Picnic area
 - Viewpoint
 - Cycle hire
 - Go Ape
 - Junction markers

