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In the story, Zog learns to fly in dragon school, can you pretend to fly like Zog?...

## Flying lesson 1:

Who can jump the furthest into the sky? With your friends and family practice jumping up high. Who can jump up the highest?

## Flying lesson 2:

Zog has to flap his wings fast to fly up high, how fast can you flap your wings?

If you complete dragon school by downloading all 5 lessons you'll be entered into a prize draw to win an exciting Zog goody bag!\*

\*T&C's apply



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Stay safe when you practise flying like Zog, always ask an adult to help you.

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Well done for completing Year One of dragon school!

Tri

flapping yourarms

as you jump, now you're

flying like

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