



## FOREST RUNNER 2021

WESTONBIRT, THE NATIONAL ARBORETUM

## RACE RESULTS

## 10k

Position	Athlete	Chip Time	Gender	Bib#	Category	Team
1	Cairn Hurst	0:35:08	M	2327		
2	Alan Uren	0:36:55	M	2148		Westbury harriers
3	Sim Benson	0:38:41	M	2320		
4	Ryan Stephens	0:38:47	M	3704		Stroud & District AC
5	Matthew Heal	0:38:51	M	2061		
6	Lee Davis	0:39:24	M	2380	V50	
7	Robert Mundy	0:39:42	M	2114		
8	John Sowden	0:40:07	M	2373	V40	Stroud District AC
9	Nicky Button	0:40:23	M	2389		
10	Will French	0:40:26	M	2376		
11	James Thorley	0:40:35	M	2213	V40	
12	Matt Thomas	0:40:37	M	2369		
13	Stuart Curtis	0:42:06	M	2421	V50	
14	Daniel Carre-Bishop	0:42:07	M	2231	V40	
15	Andy Colling	0:42:14	M	2251	V50	
16	Michael Gibbons	0:43:19	M	2413		
17	Nicholas Cheek	0:43:32	M	2297	V50	
18	Si Read	0:43:36	M	2100	V50	North Gloucestershire Orienteering Club
19	Matt Hall	0:43:55	M	2390		
20	Andy Marshall-Aherne	0:44:35	M	2420		
21	Flora Beverley	0:44:46	F	2386		
22	Tim Buckley	0:44:53	M	2404	V50	
23	Andrew Gregory	0:44:57	M	2008	V40	
24	Nick Howells	0:45:19	M	2426	V40	
25	Charlotte Somers	0:45:23	F	2130		
26	Andrew Jones	0:45:43	M	2104		
27	Dan Healy	0:45:46	M	2089	V40	
28	Elena Sanders	0:45:54	F	2291		
29	Matthew Porter	0:45:54	M	2415		
30	Duane Dade	0:46:03	M	2411		
31	Simon Elliott	0:46:18	M	2177	V40	
32	Fayme Knight	0:46:21	F	2430	V40	
33	Oliver Bayliss	0:46:34	M	2374	V50	
34	Andy Thompson	0:46:50	M	2009	V50	
35	Daniel Leach	0:46:55	M	2384		
36	JAMES ADAMS	0:47:02	M	2185		
37	Kieran Somers	0:47:12	M	2131	V50	

38	Pete Rochford	0:47:18	M	2341	V40	
39	Melanie Little	0:47:32	F	2287		
40	Matthew Rigby	0:47:38	M	2331		
41	Michael Tinsley	0:47:40	M	2350		
42	Yannick Carter	0:47:49	M	2359		
43	Richard Harris	0:47:57	M	2391	V40	Emersons Green Running Club
44	Anthony McLaughlin	0:47:59	M	2401		
45	David Bijl	0:48:05	M	2187	V50	
46	Caroline Mockler	0:48:24	F	2080		
47	Billy East	0:48:31	M	2367		
48	Julian Morgan	0:48:44	M	2326	V50	
49	Sam Crutchley	0:48:54	M	2298	V50	
50	Vince Schermuly	0:48:55	M	2030		
51	David Cook	0:48:59	M	2307	V40	
52	Victoria Ingham	0:49:02	F	2285		
53	Peter Hinsley	0:49:11	M	2062	V50	Emersons Green
53	Zack Trickett	0:49:30	M	2351		
54	Tegan Mckernon	0:49:33	F	2076		Forest of Dean AC
55	Robyn Seward	0:49:48	F	2400		
56	Ian Walwyn	0:49:49	M	2245	V60	Black pear joggers
57	Jessica Tickner	0:49:52	F	2123		
58	David Tomlinson	0:50:12	M	2095		
59	Dan Parker	0:50:19	M	2037		
60	Keith Freegard	0:50:33	M	2352	V60	Ealing Southall and Middlesex AC
61	Pamela Withers	0:50:45	F	2311	V60	Weston Athletic Club
62	Peter Fox	0:51:16	M	2379	V60	
63	Zane Hills	0:51:19	M	2328	V50	
64	Ashley Petherick	0:51:33	M	2112		
65	Jeanette Hewer	0:51:40	F	2026	V40	
66	Geoff Astle	0:51:44	M	2028	V50	
67	andrew rhodes	0:51:44	M	2127	V60	
68	Hilary Barnes	0:51:59	F	2103		
69	Christine Meek	0:52:11	F	2353	V60	Ealing Southall and Middlesex AC
70	Chris Waller	0:52:14	M	2079	V40	
71	Kevin Stannard	0:52:17	M	2136	V50	
72	Nick Scraggs	0:52:28	M	2056	V40	
73	Alice Hannaford	0:52:29	F	2051		
74	Gethin Jenkins	0:52:52	M	2020	V40	
75	Chrissie Lewis	0:52:52	F	2180	V40	
76	Rob Holland	0:53:16	M	2217	V40	
77	Asia Aldridge	0:53:19	F	2269		
78	Catherine Mundy	0:53:24	F	2113		
79	Darren Poulson	0:53:29	M	2077	V50	
80	Charlotte Hodson	0:53:30	F	2150		Bristol Up+Running
81	Jess Scouller	0:53:47	F	2196		
82	Claire Ryall	0:53:49	F	2013	V40	
83	Lee Williams	0:53:54	M	2115	V50	Bearcat Running Club
84	Ellen Lovatt	0:54:00	F	2319	V40	
85	Claire Hannam	0:54:01	F	2306		
86	Karen McIlveen	0:54:01	F	2029	V50	
87	Laura Williams	0:54:04	F	2022		
88	Jonathan Alston	0:54:13	M	2340	V40	
89	Alan Sherratt	0:54:16	M	2290	V60	
90	Matt Hunt	0:54:20	M	2255		
91	Lucy Francome	0:54:28	F	2143		
92	Annabel Headley	0:54:30	F	2318		
93	Kenny Scouller	0:54:30	M	2197		
94	Zoe Bradford	0:54:31	F	2317		
95	Georgina Perkins	0:54:32	F	2144		
96	Christopher Dachtler	0:54:32	M	2310	V60	Weston Athletic Club
97	Thomas Ross	0:54:34	M	2173		

98	Harry Woods	0:54:39	M	2254		Swindon Harriers
99	David Hughes	0:54:47	M	2186	V60	Evesham Vale RC
100	Matthew Cappel-Porter	0:55:01	M	2205	V40	
101	Heike Cappel-Porter	0:55:01	F	2204	V40	BadTri
102	Ralph Collard	0:55:16	M	2216		
103	Roxanne Ismail	0:55:38	F	2417	V50	
104	Alison Priest	0:55:41	F	2303	V50	Malvern Joggers
105	Audrey Short	0:55:47	F	2184	V40	
106	Charlotte Pack	0:55:57	F	2084	V40	
107	Mike Barrett	0:56:10	M	2383	V50	
108	Martin Cannon	0:56:13	M	2248	V60	Somer AC
109	Heather Leach	0:56:21	F	2385		
110	Martyn Noble	0:56:27	M	2075		
111	Michael Combellack	0:56:29	M	2323		
112	Jenny Combellack	0:56:29	F	2322		Almost Athletes
113	Becky Allen	0:56:36	F	2364		
114	Jamie Reeves	0:56:50	M	2250	V50	Almost Athletes
115	Stuart Alexander	0:56:53	M	2163	V50	
116	Alex Mercieca	0:57:00	F	2036		
117	Gail Wilson	0:57:11	F	2175		
118	Abbie Parker	0:57:30	F	2366		
119	Simon Hancock	0:57:34	M	2333	V40	
120	Mark Veale	0:57:35	M	2299	V40	New Berkeley Harriers
121	Carole Coveney	0:57:36	F	2347	V40	
122	Emma Hayward	0:57:39	F	2102	V40	
123	Danny Anderson	0:57:47	M	2227		
124	Charlie Lawrence	0:57:47	F	2228		
125	Deborah Lamplugh	0:57:50	F	2125	V50	North Nibley
126	Sarah Almond	0:57:54	F	2128		
127	Caroline Bulley	0:58:00	F	2046	V40	
128	Stuart Bulley	0:58:00	M	2047	V50	
129	Rebecca Stephens	0:58:02	F	2218		
130	Simon Holdsworth	0:58:09	M	2375	V50	
131	Andy King	0:58:11	M	2308	V60	
132	Becky Edwards	0:58:13	F	2304	V40	
133	Ian Combellack	0:58:16	M	2321	V60	
134	Dan Frizzell	0:58:17	M	2325		
135	Charlotte Frizzell	0:58:20	F	2324		
136	Julie Pallot	0:58:24	F	2017	V50	
137	Helen Chapman	0:58:25	F	2365		
138	Rachael Sherratt	0:58:28	F	2288		
139	Elizabeth Bell	0:58:29	F	2256		
140	Andrew Granville	0:58:35	M	2232		
141	Daniel Phillips	0:58:35	M	2233		
142	Alice Halpin	0:58:41	F	2398		
143	Mark Fisher	0:59:16	M	2292	V50	
144	Susie Gage	0:59:24	F	2060	V40	
145	Nigel Hewston	0:59:24	M	2377	V60	Stroud & District AC
146	Wendy Johnson	0:59:27	F	2109	V40	
147	Harry Kappen	0:59:29	M	2313	V60	
148	Ian Lockett	0:59:30	M	2344	V40	
149	Daniel Leivers	0:59:35	M	2343	V40	
150	Richard Deaman	0:59:46	M	2160	V50	
151	Lorna Russell	0:59:51	F	2090		
152	Freya Milne	0:59:57	F	2049		
153	Richard Dawson	0:59:58	M	2011	V40	
154	Katja Patton	1:00:06	F	2025	V50	
155	Sophie Causon-Wood	1:00:46	F	2416	V40	
156	Madeleine Ridge	1:00:46	F	2229	V40	Na
157	Trudi Silvey	1:00:51	F	2116	V50	

158	Peter Wilks	1:01:04	M	2157	V60	Trail Running Association
159	Sarah Vepers	1:01:05	F	2050		
160	Emily Ingham	1:01:20	F	2356		
161	Claire Burchfield	1:01:21	F	2134	V40	
162	Lynn Teteris	1:01:35	F	2275	V50	
163	Joanne Schofield	1:01:40	F	2274	V50	
164	Joanne Hall	1:01:41	F	2370	V40	
165	Kate Jacob	1:01:44	F	2210		
166	Flora Rebbeck	1:01:48	F	2397		
167	Rebecca Hayes	1:01:48	F	2396		
168	Ronel Bairstow	1:01:48	F	2349	V40	
169	Stephanie Coetzee	1:01:51	F	2215		NA
170	David Pinnell	1:02:01	M	2014	V50	
171	Teresa Pinnell	1:02:01	F	2015	V40	
172	Faye Dawson	1:02:18	F	2010		
173	Naomi Linford	1:02:21	F	2414		
174	Melissa Watkins	1:02:26	F	2172		
175	Aimee Watkins	1:02:27	F	2339		
176	Katharine Kingdon	1:02:55	F	2137	V60	
177	Louise Walters	1:03:00	F	2335	V50	
178	Lisa Tew	1:03:06	F	2363		
179	Dominique Danhieux	1:03:07	F	2427	V40	
180	Anne Ray	1:03:11	F	2122	V50	Swindon Striders
181	Matt Morris	1:03:14	M	2222	V40	
182	Fiona Alexander	1:03:17	F	2142		
183	Jenny Narborough	1:03:20	F	2034	V40	Wickwar winners
184	Julie-Anne Webber	1:03:21	F	2168	V40	Wickwar winners
185	Claudia Ryall	1:03:21	F	2040		Wickwar Wunners
186	Rachel Wright	1:03:26	F	3701	V40	
187	Roberta Inglis	1:03:41	F	2362		
188	Rachel Browne	1:03:49	F	2354		
189	Jacqueline Davis	1:03:49	F	2355		
190	Alison Morrison	1:03:56	F	2071	V50	chippenham harriers
191	Simon Philbrick	1:03:58	M	2348	V40	
192	Adam Blight	1:04:01	M	2039	V40	Malmesbury monks Tri club
193	Frances Towers	1:04:04	F	2329		
194	Richard Blake	1:04:05	M	2183	V40	
195	Martin Barnes	1:04:07	M	2337		
196	Holly Glanvill	1:04:07	F	2336		
197	Alison Whitfield	1:04:16	F	2286	V40	
198	Claire Serle	1:04:16	F	3700	V40	Wotton Trotters
199	Laura Durant	1:04:16	F	2342		
200	Emily Hurst	1:04:17	F	2360		
201	Danni Broadman	1:04:19	F	2138		Kingsway Runners
202	Sally Skipp	1:04:19	F	2099	V40	
203	Ali Chedzey	1:04:20	F	2098	V50	
204	Sarah Little	1:04:30	F	2126	V50	North Nibley
205	Lara Lympaney	1:04:33	F	2221	V40	
206	Chris Lee	1:04:39	M	2393	V60	Thornbury Running Club
207	Catherine Turner	1:04:47	F	2252	V40	
208	Richard Jefferson	1:04:49	M	2007	V40	
209	Naomi Morris	1:04:53	F	2223	V40	
210	Robbie McGregor	1:04:53	M	2357		
211	Emma Roberts	1:04:54	F	2358	V40	
212	Simon Begbey	1:05:00	M	2021		
213	Paula Muir-McLeod	1:05:07	F	2019	V40	
214	Jane Chavasse	1:05:08	F	2368	V50	
215	Sarah Miller	1:05:27	F	2345		
216	Natalie Powell	1:05:34	F	2092	V40	
217	Lucy Halliday	1:05:34	F	2346		
218	Hannah North	1:05:38	F	2244		

219	Kate Cashmore	1:05:39	F	2243		
220	Ruth Jeffrey	1:05:57	F	2164	V40	
221	Sally Read	1:05:58	F	2305	V40	
222	Clare O'Roarty	1:06:09	F	2394	V40	
223	Tricia List	1:06:09	F	2161	V50	Lonely Goat
224	Kathryn Reed	1:06:13	F	2012	V40	
225	Andrew Williams	1:06:16	M	2237	V60	Hogweed Trotters
226	Linzi Sidney	1:06:23	F	2055	V40	
227	Thor Sever	1:06:40	M	2338	V40	
228	Colin Bradbury	1:06:50	M	2156	V40	Trail Running Association
229	Lydia Niven	1:06:52	F	2399		
230	Rachel Pyke	1:06:57	F	2024		
231	Sian Harris	1:07:12	F	2428	V40	Emersons Green Running Club
232	Millie Toft	1:07:14	F	2302		
233	Mick Haren	1:07:24	M	2107	V50	
234	Melanie Mort	1:07:25	M	2108	V40	Royal Wootton Bassett
235	Amanda Massey	1:07:32	F	2031	V40	N/a
236	Alison Warbey	1:07:38	F	2045	V40	
237	Jo Knight	1:07:50	F	2088	V40	Dursley Running Club
238	Isabel Healy	1:07:54	F	2263	V40	Badass Mother Runners
239	Shane Mathews	1:08:21	M	2064	V40	
240	Jenny Troughton	1:08:21	F	2065	V40	
241	Samantha Mathews	1:08:22	F	2063		
242	Fiona Feane	1:08:24	F	2419	V40	
243	Ella Remes	1:08:31	F	2283	V40	
244	Robyn Pete	1:08:35	F	2165		
245	Mairead Harrington	1:08:35	F	3705		
246	Colette Little	1:08:36	F	2120		
247	Sarah Jones	1:08:41	F	2042	V40	
248	Rachel Watchorn	1:09:02	F	2111	V40	
249	Carly Willis	1:09:02	F	2238		
250	nicola johnson	1:09:16	F	2070	V50	chippenham harriers
251	marion Wilding	1:09:24	F	2072	V60	chippenham harriers
252	Patrick Vilela	1:09:26	M	2361		
253	Christopher Halfhide	1:09:30	M	2277		
254	Ashleigh Halfhide	1:09:30	F	2276		
255	Jo Freeman	1:09:42	F	2068	V50	
256	Marie Fox	1:09:43	F	2041	V50	
257	Mike Thomas	1:09:47	M	2235	V40	
258	Kelly Gabb	1:09:47	F	2234		
259	Paul Wilkins	1:09:55	M	2267	V40	New Berkeley harriers
260	Sophie Ellis	1:09:55	F	2266		New Berkeley harriers
261	Kate Batchelor	1:10:01	F	2121	V40	
262	Helen Thomas	1:10:32	F	2016	V40	
263	Rachael Pilkington	1:10:42	F	2198	V40	
264	Rachel Kemp	1:10:56	F	2069	V50	
265	Lisa Priest	1:10:57	F	2178	V50	
266	Ruby Punchard	1:11:11	F	2409		
267	William Lever	1:11:11	M	2410		
268	Lizelle Pitman	1:11:29	F	2033	V40	
269	Natalie Wood	1:11:53	F	2083		
270	Kyla Rushman	1:12:14	F	2147	V50	
271	Jo Jones	1:12:14	F	2146	V50	
272	Rhiannon Parker	1:12:28	F	2038		
273	Lucy Jefferies	1:12:41	F	2170		
274	Julie Cole	1:13:24	F	2023	V50	
275	Clive Gregory	1:13:47	M	2006	V50	
276	Victoria Wakefield	1:14:29	F	2155		
277	Adrian Clay	1:14:29	M	2154	V50	
278	Sharon James	1:14:48	F	2429	V50	
279	Jennifer Tomkinson	1:15:43	F	2044	V40	

280	Helen Taylor	1:15:44	F	2043	V40	
281	Nina Lawrence	1:17:18	F	2145	V40	
282	Fiona Hale	1:17:31	F	2214	V40	
283	Kathryn MacGregor	1:17:37	F	2124	V40	Stroud Mums on the Run
284	Stuart Scott	1:20:28	M	2159	V40	
285	Rebecca Morgan	1:20:29	F	2253		
286	Sarah King	1:20:40	F	2309		
287	Natasha Hosseini	1:20:41	F	2242		
288	Elaine Thomson	1:21:03	F	2382		
289	Pauline Fletcher	1:21:40	F	2262	V60	Hogweed Trotters
290	Hayley Heath	1:22:00	F	2167		
291	Sophie Martin	1:22:00	F	2110		
292	Simon Knapp	1:23:42	M	2067		
293	Sarah Knapp	1:23:42	F	2066	V40	
294	Liz Haren	1:24:19	F	2106	V60	